



Salt to taste

Dissolved in the 1.2 million tons of water in Long Island Sound are almost 39 thousand tons of sea salt, which gives the waters of the Sound a saltiness — or salinity — of 33 parts per thousand on average. Included among the components of this sea salt are 19 thousand tons of table salt, sodium chloride. This huge amount of table salt would satisfy the physiological requirement for salt for all of Miami-Dade's 2 million people for 5 years!

