## WORKPLACE MANAGED CARE SUBSTANCE ABUSE PREVENTION AND EARLY INTERVENTION

~ Funded by the CSAP, WMC Initiative ~

Collaboration Between DSG & Kaiser



## **Outline**

- Background
- Kaiser Research Case Study
- Why Did DSG Choose Kaiser
- Why Collaborate?
- Logic Model (Prevention/Intervention)

### **BACKGROUND**

#### KAISER is a leader in healthcare research

- Early Start study
- Cost offset studies
- Naturalistic studies on retention

## **How to reduce the dropout rate in CD treatment?**

- Problem: 25% to 50% dropout rate
  - Studied records of 1200 patients >> 35% dropout
- Problem: too many workers handling intake
  - Lack of follow up on new patients
- Solution: Implemented centralized intake
- Result: Reduction of dropout rate to 25%

# We have learned the importance of connecting research and practice/program evaluation and service delivery

Can find ways to put research into practice

Proved they can deliver new services

New Concept!
CD Recovery
Program
(5 in Northern
California)

## WHY DID DSG CHOOSE KAISER?

- Kaiser gives parity to physical & behavioral health services
- Known for prevention and health promotion
- Recognizes importance of research in improving services
- Both a stakeholder in care and a primary change agent
- Brings credibility to the WMC project
- Kaiser was one of the first broad-based staff model HMOs
- Cost savings in physical and behavioral health achieved by SAP& El services are reflected as a cost saving in their corporate product

## WHY COLLABORATE?

- Goals of WMC research matched corporate strategy
- Top management was receptive to the research
- Results would improve product line and make them more cost competitive
- Demonstrated efficacy of SAP&EI would improve the quality of their covered lives
- Resulting cost savings would immediately be reflected in the costs of providing services
- The collaboration with DSG resulted in DSG's bringing to Kaiser both a funded research agenda and a formal linkage to SAMHSA\CSAP's WMC program and forum.

## PREVENTION INTERVENTION LOGIC MODEL

What Behaviors are we preventing?

How are we prevent- What workplace outing these behaviors? comes do we expect? How will we

Reluctance to

Enhanced Supervisory

• Willing to use

measure these outcomes? Suprv. referrals

abuse (SA) probs. Lack of knowledge

address substance

**Training** Information prevention, address SA probs, + use

Pre- Post self-report survey

on SA & services

Campaign Website Links

services Access to SA info

EAP utilization WWW hits, refer

Access to online info on SA

Parent Training & Education

& resources A Aware of family conseq + use servcs

Appropriate

to services Focus groups

**Negative effects of** SA on families **Inadequate PCP** 

over, medical costs

PCP Project

 Satisfaction with **Provider** referrals & provider

**Enhancement** referral to SA/MH services. Enhanced Lost work time, Intervention accidents, turn-

efficacy Lost work time, accidents, etc. Components

Medical Claims HR Data Medical Claims