

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

MHTTC Pandemic Response Resources including recorded webinars: <u>https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19</u>

Upcoming webinars:

- Nov 30 2020 Holiday Mood Management: Self-Help in the Pacific Southwest During Pandemic Times -<u>https://mhttcnetwork.org/centers/pacific-southwest-mhttc/event/2020-holiday-mood-management-self-help-pacific-southwest</u>
- Dec 1 ACT and COVID-19: Meet Up for ACT Mental Health Authorities, Funders, Trainers, and Fidelity Reviewers

 <u>https://mhttcnetwork.org/centers/northwest-mhttc/event/act-and-covid-19-meet-act-mental-health-authorities-funders-7</u>
- Dec 1 EPLC | Safety Planning and Risk Management in Psychosis Spectrum Disorders during COVID-19 Pandemic - <u>https://mhttcnetwork.org/centers/new-england-mhttc/event/eplc-safety-planning-and-risk-management-psychosis-spectrum</u>
- Dec 1 ISF West Coast Party: ISF Systems and Tiers 2 & 3 w/Susan Barrett <u>https://mhttcnetwork.org/centers/northwest-mhttc/event/isf-west-coast-party-isf-systems-and-tiers-2-3-wsusan-barrett</u>
- Dec 1 Strategies of Support for Mental Health Providers Empowering one another during times of crisis -Strategies of Support for Mental Health Providers - Empowering one another during times of crisis -<u>https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/strategies-support-mental-health-24</u>
- Dec 2 Recruitment and Retention of School Mental Health Providers Part 1: An Overview -<u>https://mhttcnetwork.org/centers/southeast-mhttc/event/recruitment-and-retention-school-mental-health-providers-part-1</u>
- Dec 2 Recruitment and Retention of School Mental Health Providers Part 1: An Overview -<u>https://mhttcnetwork.org/centers/southeast-mhttc/event/recruitment-and-retention-school-mental-health-providers-part-1</u>
- Dec 3 ISF West Coast Party: Virtual adaptations of SSET/Bounce Back w/ Pamela Vona & Vivien Villaverde -https://mhttcnetwork.org/centers/northwest-mhttc/event/isf-west-coast-party-virtual-adaptations-ssetbounce-back-w-pamela
- Dec 3 PART 2: Weathering the Storm: Adaptive Leadership for Resilient Mental Health Organizations in the Pacific Southwest <u>https://mhttcnetwork.org/centers/northwest-mhttc/event/isf-west-coast-party-virtual-adaptations-ssetbounce-back-w-pamela</u>
- Dec 3 Special Weekly Series for Tribal Schools as they Reopen Amidst COVID-19 –
 <u>https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/special-weekly-series-tribal-12</u>

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

ATTC Pandemic Response Resources - https://attcnetwork.org/centers/global-attc/pandemic-response-resources

Upcoming webinars:

 Nov 23 - Virtual Native Talking Circle: Staying Connected in Challenging Times 11/23 -https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/virtual-native-talking-circle-15

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources

Upcoming webinars:

- Dec 2 Webinar: Strategies for Advancing Equity <u>https://pttcnetwork.org/centers/southeast-pttc/event/webinar-strategies-advancing-equity</u>
- Dec 3 Hispanic Stress and Resilience During the Holidays <u>https://pttcnetwork.org/centers/national-hispanic-latino-pttc/event/hispanic-stress-and-resilience-during-holidays</u>

ттс	Resource Type	Title	Link
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Health Disparities in Remote Neuropsychology for Treatment of Serious Mental Illness during the Time of COVID-19 and Beyond	https://mhttcnetwork.org/centers/new- england-mhttc/product/health-disparities- remote-neuropsychology-treatment-serious
Mid-America MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Well-Being Wednesdays: Clarifying, Aligning with, and Committing to One's Values	https://mhttcnetwork.org/centers/mid- america-mhttc/product/well-being- wednesdays-clarifying-aligning-and- committing-ones
Southeast PTTC	Multimedia (Video, Webinar Recording, Podcast)	Webinar: Shaping the Alcohol Policy Environment: Past, Present and Future - Part 1	https://pttcnetwork.org/centers/southeast- pttc/product/webinar-shaping-alcohol-policy- environment-past-present-and-future
National American Indian and Alaska Native MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Safe at Home: Domestic Violence Awareness Part 2 Handouts	https://mhttcnetwork.org/centers/national- american-indian-and-alaska-native- mhttc/product/safe-home-domestic-violence- 2
National American Indian and Alaska Native MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Safe at Home: Domestic Violence Awareness Series: Part 2	https://mhttcnetwork.org/centers/national- american-indian-and-alaska-native- mhttc/product/safe-home-domestic-violence- <u>1</u>
National American Indian and Alaska Native MHTTC	Print Media (Brochure, Monograph, Report, Poster)	APPLE for Coronanxiety	https://mhttcnetwork.org/centers/national- american-indian-and-alaska-native- mhttc/product/apple-coronanxiety

New TTC Program Products

SMI Adviser Resources

Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: https://smiadviser.org/covid

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Download the new infographic on **How to prepare for a Video Appointment** - <u>https://smiadviser.org/wp-</u> <u>content/uploads/2020/04/How-to-Prepare-for-a-Video-Appointment.pdf?utm_source=Mailchimp&utm_medium=Email</u>

Recorded Webinars:

- Managing the Mental Health Effects of COVID-19 -<u>https://education.smiadviser.org/diweb/catalog/item?id=5913433</u>
- Telepsychiatry in the Era of COVID-19 <u>https://education.smiadviser.org/diweb/catalog/item?id=5915061</u>
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing <u>https://education.smiadviser.org/diweb/catalog/item?id=5915139</u>

National Center of Excellence for Eating Disorders (NCEED)

NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: <u>https://www.nceedus.org/covid/</u>

- Eating Disorders and COVID-19: What Healthcare Providers Need to Know <u>https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf</u>
- Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Know https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf

Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing <u>SAMHSA's COVID-19 Guidance and Resources</u> as well as the <u>HHS</u> <u>Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency</u>.

Tips to keep your telehealth visit private - <u>https://coephi.org/sites/default/files/tips-individuals.pdf</u> **Federal Guidance for SUD and Mental Health Treatment Providers** http://coephi.org/sites/default/files/provider telehealth and privacy.pdf

SAMHSA 42 CFR Part 2 Revised Rule - On July 15, 2020, SAMHSA finalized changes to the Confidentiality of Substance Use Disorder Patient Records regulations, 42 CFR Part 2 ("Part 2"). Part 2 protects the confidentiality of individuals in substance use disorder treatment, and establishes privacy and security requirements for written, electronic, and verbal

information. The effective date of the changes to Part 2 will be August 14, 2020. Read the SAMHSA 42 CFR Part 2 Fact Sheet for further details regarding the changes.

Recorded Webinars at http://coephi.org/

- Understanding the new changes on 42 CFR Part 2
- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources

Resources and presentations can be found at https://pcssnow.org/?s=COVID

Tip Sheet

 Telehealth Tip Sheet -<u>https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c</u> <u>1.docx</u>

Recorded Webinars

- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6
- Telepsychiatry's Role in Medication Assisted Treatment: <u>https://pcssnow.org/event/telepsychiatrys-role-in-</u> medication-assisted-treatment/
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: <u>https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/</u>
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 <u>https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/</u>
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond -<u>https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/</u>
- How COVID-19 Impacts Clinical Practice https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/

Online Trainings

- Supporting Providers After Overdose Death: <u>https://learning.pcssnow.org/p/SupportingProviders</u>
 - Grief and Managing an Overdose Death: <u>https://pcssnow.org/event/grief-and-managing-an-overdose-death/</u>
 Related resource document: https://pcssnow.org/resource/grief-and-overdose-death-2/
- Young adult seeking treatment after overdosing: <u>https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/</u>
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: <u>https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/</u>
- Stress, Relaxation, and Mindful Breathing: A Primer: <u>https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/</u>

Checklist

 Initial Patient Contact about Buprenorphine Checklist -<u>https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf</u>

ORN Resources

Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts <u>https://opioidresponsenetwork.org/COVID19.aspx#Video</u>
- Telemedicine: Getting Started, Regulations and Privacy Issues. <u>https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview</u>
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts <u>https://opioidresponsenetwork.org/COVID19.aspx</u>
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. <u>https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview</u>
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders <u>https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338</u>

Manual

• Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - <u>https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162</u>

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