



# CONGRESSMAN RAUL RUIZ, M.D.

## COVID-19 (Coronavirus)

### Resources & Information

#### Centers for Disease Control & Prevention (CDC)

Information on Coronavirus (COVID-10) on how to protect yourself, what to do if you think you are sick, and obtaining the most up to date facts.

**Website:** [www.cdc.gov/covid19](http://www.cdc.gov/covid19)

**Phone:** (800) 232-4636, dial 1, then 8 (Spanish, dial 2)

#### California Department of Public Health

California is issuing daily updates on COVID-19. Visit the website below for the most recent updates.

**Website:** [www.cdph.ca.gov/covid19](http://www.cdph.ca.gov/covid19),

(Spanish [www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCoV2019\\_Spanish.aspx](http://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCoV2019_Spanish.aspx))

**Phone:** Call CDC

#### The State of California – Employment Development Department (EDD)

##### Sick or Quarantined

The EDD provides a variety of support services to individuals affected by COVID-19 in California. For faster and more convenient access to those services, we encourage the use of the online options.

If you're unable to work due to having or being exposed to COVID-19 (certified by a medical professional), you can file a Disability Insurance (DI) claim. DI provides short-term benefit payments to eligible workers who have a full or partial loss of wages due to a non-work-related illness, injury, or pregnancy. The Governor's Executive Order waives the one-week unpaid waiting period, so you can collect DI benefits for the first week you are out of work. If you are eligible, the EDD processes and issues payments within a few weeks of receiving a claim.

##### Caregiving

If you're unable to work because you are caring for an ill or quarantined family member with COVID-19 (certified by a medical professional), you can file a Paid Family Leave (PFL) claim. PFL provides up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for a seriously ill family member or to bond with a new child.

**Website:** [www.edd.ca.gov/about\\_edd/coronavirus-2019.htm](http://www.edd.ca.gov/about_edd/coronavirus-2019.htm)

**Phone:** (800) 480-3287 (English), (866) 658-8846 (en español), or TTY (800) 563-2441

#### Consumer Financial Protection Bureau (CFPB)

As you plan for the potential impact of the coronavirus, there are a number of steps that you can take to help protect yourself or a loved one financially, both in the short and long term. They can also help you connect with the company if you have a complaint. You can submit online or by calling (855) 411-2372

**Website:** [www.consumerfinance.gov/about-us/blog/protect-yourself-financially-from-impact-of-coronavirus/](http://www.consumerfinance.gov/about-us/blog/protect-yourself-financially-from-impact-of-coronavirus/)

**Phone:** (855) 411-2372

#### Internal Revenue Service (IRS) – Corona Tax Relief

The IRS has established a special section focused on steps to help taxpayers, businesses and others affected by the coronavirus.

**Website:** [www.irs.gov/coronavirus](http://www.irs.gov/coronavirus)

**Phone:** Individuals (800) 829-1040 7, Businesses (800) 829-4933, Non-profit taxes (877) 829-5500

U. S. Food & Drug Administration

**Website:** [www.fda.gov/emergency-preparedness-and-response/mcm-issues/coronavirus-disease-2019-covid-19#top](http://www.fda.gov/emergency-preparedness-and-response/mcm-issues/coronavirus-disease-2019-covid-19#top)

**Phone:** (888) 463-6332

U. S. Department of State – Bureau of Consular Affairs

The Department of State advises U.S. citizens to reconsider travel abroad due to the global impact of COVID-19. Many areas throughout the world are now experiencing COVID-19 outbreaks and taking action that may limit traveler mobility, including quarantines and border restrictions. If abroad, in an emergency, please contact the nearest U.S. Embassy or Consulate or call the numbers below.

**Website:** [travel.state.gov/content/travel/en/traveladvisories/ea/travel-advisory-alert-global-level-3-health-advisory-issue.html](http://travel.state.gov/content/travel/en/traveladvisories/ea/travel-advisory-alert-global-level-3-health-advisory-issue.html)

**Phone:** 1(888) 407-4747 (toll-free in the United States and Canada) or 1 (202) 501-4444 from other countries or jurisdictions.

U. S. Small Business Administration (SBA)

Economic Injury Disaster Loan Program – The SBA will work directly with state Governors to provide targeted, low-interest loans to small businesses and non-profits that have been severely impacted by the Coronavirus (COVID-19). The SBA’s Economic Injury Disaster Loan program provides small businesses with working capital loans of up to \$2 million that can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing. \*Will become available shortly\*

**Website:** [www.sba.gov/disaster-assistance/coronavirus-covid-19](http://www.sba.gov/disaster-assistance/coronavirus-covid-19)

**Phone:** (800) 659-2955

**Email:** [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov)

Riverside University Health System – Public Health

What you need to know about the 2019 novel coronavirus locally in Riverside County. They have toolkits for businesses, public, and information on knowing where to go to in case you have symptoms.

**Website:** [www.rivcoph.org/coronavirus](http://www.rivcoph.org/coronavirus)

**Phone:** (951) 358-5000

Eisenhower Coronavirus Hotline

Eisenhower Health is working closely with the Riverside County Public Health (RCPH) and the Centers for Disease Control and Prevention (CDC) to monitor COVID-19. Call the hotline to discuss any symptom concerns before presenting at any of our locations. The line is staffed 24 hours a day by registered nurses who are ready to assist you. Please note that no information about any patient diagnosed with Coronavirus can be shared via the hotline.

**Website:** [eisenhowerhealth.org/patients-visitors/coronavirus-covid-19-what-you-need-to-know/](http://eisenhowerhealth.org/patients-visitors/coronavirus-covid-19-what-you-need-to-know/)

**Hotline:** (760) 837-8988

Palm Springs Unified School District

Free meals for all children during school closures at designated locations starting March 16 through April 3.

**Call:** (760) 322-4117 Ext. 0

Coachella Valley Unified School District

Free meals for students during district closure starting March 17 at designated locations.

**Call:** (760) 848-162

Palm Desert Office	Hemet Office	Washington, DC Office
43875 Washington St, Suite F Palm Desert, CA 92211 (760) 424-8888	445 East Florida Ave, 2nd Floor Hemet, CA 92543 (951) 765-2304	2342 Rayburn House, Washington, DC 20515 (202) 225-5330