• <u>GENERAL REQUIREMENTS</u>: Applicants must be at least 17 years of age, but not yet reached their 23rd birthday on July 1st of the year admitted to an academy; must never have been married and have no legal obligation to support a child; must be a citizen of the United States; must be men and women of excellent moral character who are trustworthy, emotionally stable, and motivated.

- **<u>RESIDENCY REQUIREMENTS</u>**: Candidate and/or his or her family must provide proof of residence (if requested) in the 15th Congressional District prior to prospective admission to an academy. Military dependents must apply for a nomination in their legal domicile.
- <u>MEDICAL QUALIFICATIONS</u>: All physical examinations are conducted at designated Department of Defense medical examining centers. Examinations will be conducted only for those candidates who have been officially scheduled by the Department of Defense Medical Examination Review Board (DODMERB), a tri-service agency responsible for scheduling and evaluating examinations for all of the U.S. Service Academies. You will receive instructions for taking the medical examinations directly from DODMERB.
- **FITNESS ASSESSMENT:** The Candidate Fitness Assessment (CFA) measures your strength, endurance, and agility. There are six events in this test: basketball throw (from kneeling position); cadence pull-ups; shuttle run; modified sit-ups; push-ups; and the one-mile run. Candidates are advised to prepare and practice for this examination by engaging in vigorous activities such as running, general conditioning exercises, and competitive games. Details on the CFA can be found in the appropriate academy catalog, along with height and weight standards.
- ACADEMIC QUALIFICATIONS: To be considered for a nomination to an academy, the applicant must take the Scholastic Aptitude Test (SAT) and/or the American College Testing Program (ACT). It is strongly recommended that both the SAT and ACT tests be taken to see which one measures your educational background most favorably. Applicants are advised to check test dates carefully with their guidance counselors. Applicants should have an academic record that reflects scholarship, difficulty of school curriculum, and a strong work ethic.
- <u>APPLICATIONS</u>: Applications designed to determine academic, athletic, leadership, and community involvement factors for consideration in the nomination selection process will be e-mailed to all applicants from Congressman Stivers' Office in May, upon receipt of the **Application Request** Form, due by Friday, September 18, 2020. Applicants are required to return a completed application package to Congressman Stivers' Office by Friday, October 16, 2020.
- **INTERVIEW:** All applicants who have returned their completed application package to Congressman Stivers' Office by the October 16 deadline will be interviewed by the 15th Congressional District Academy Review Board on a Saturday in November. Qualified applicants will be notified of the time and place of the interview.
- <u>COSTS</u>: Costs of all materials, testing, travelling, etc. incidental to providing material required for consideration by Congressman Stivers and the 15th Congressional District Academy Review Board is borne entirely by the applicants.

A nomination by Congressman Stivers <u>DOES NOT</u> guarantee an appointment to an academy.