

Evidence-Based Crime Prevention in VA: Programs That Work (and How)

An Achievable Dream Middle and High School
Newport News, VA

June 5, 2014

Dan Edwards, Ph.D.
Evidence-based Associates (EBA)

VA DJJ Statistics

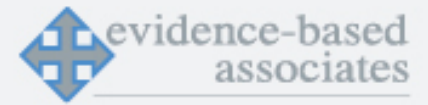


- In 2012, VA incarcerated 1,860 youth in DJJ facilities
 - Rate 224 per 100,000
- 70% of youth locked up were minority
- \$103,493.93 per youth for correctional expenditures
- Total spent on facilities: \$78,448,395 out of \$190,000,000 (about 41%)
- Recidivism rate for youth released from confinement: 67%
- *“Virginia could spend less, more effectively, by diverting many of these youth into evidence-based community alternatives.” – JPI*

- Justice Policy Institute (2014)



EBA's Vision



- 1) Support communities in support of families
- 2) Increase use of evidence-based practices
- 3) Decrease unnecessary detention/incarceration of kids

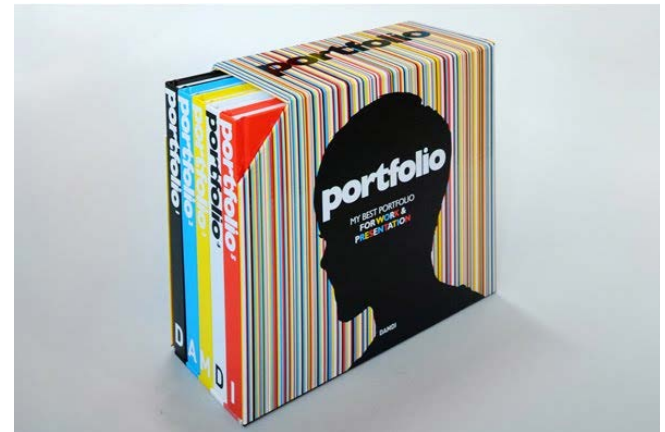


EBA's Mission



- 1) Advocate for a sensible legislation (e.g., Youth PROMISE Act)
- 2) Promote a 'portfolio' of **Blueprints**® programs:
 - FFT - Functional-Family Therapy
 - MST - Multisystemic Therapy
 - MTFC - Multidimensional Treatment Foster Care
 - NFP - Nurse-Family Partnership
- 3) Keep youth at home, in school, and out-of-trouble

See www.evidencebasedassociates.com for more details

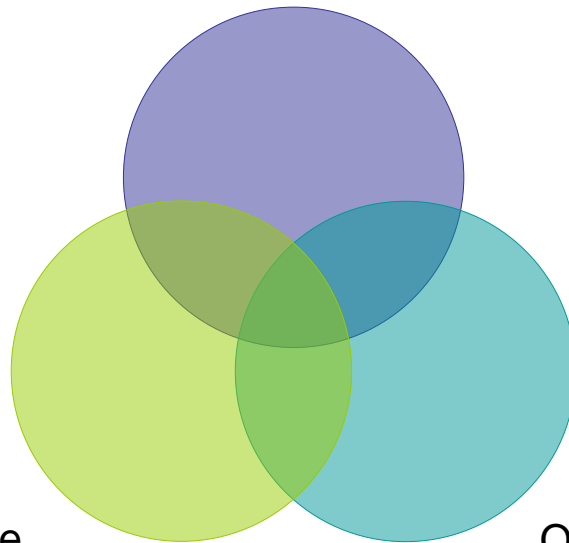


Who is “EBA?”



Our **Team of Experts** assist with:

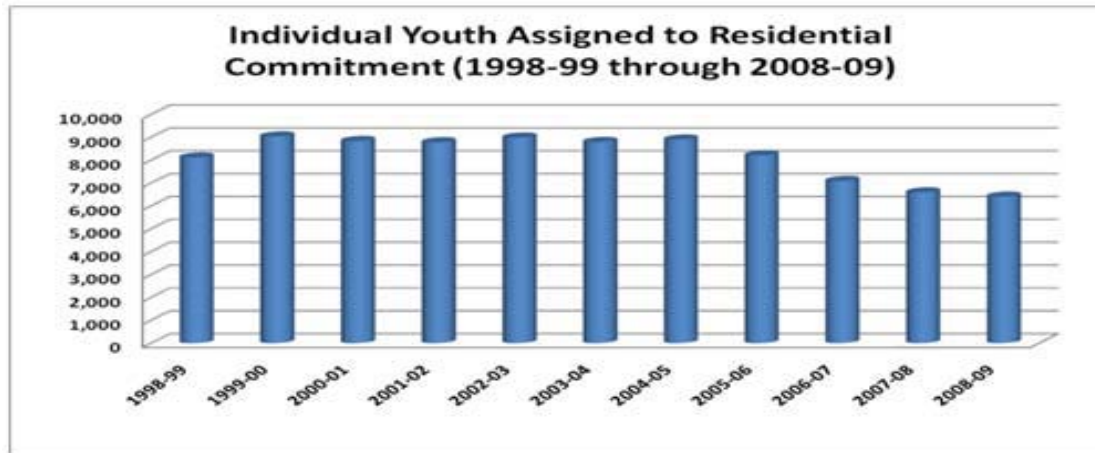
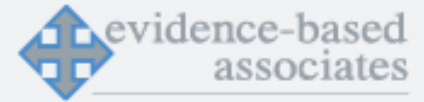
Large Scale, Blueprints Model
Program Implementation



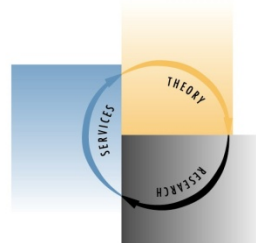
Securing Sustainable
Funding for EBPs

Quality Assurance and
Program Evaluation

What Can EBP's DO?



- 9,500 youth served in nine years
- 31% less likely to be arrested for felonies and a 35% lower recommitment rate
- 18% less likely to serve an adult prison sentence
- \$174 million cost-savings
- Winner of the 2008 SAMHSA *Science to Service Award*



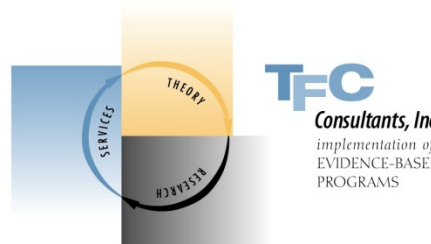
How EBPs Achieve Cost Savings



Eliminating **1** year-long residential placement funds **4-6** youth in an evidence-based program (EBP)

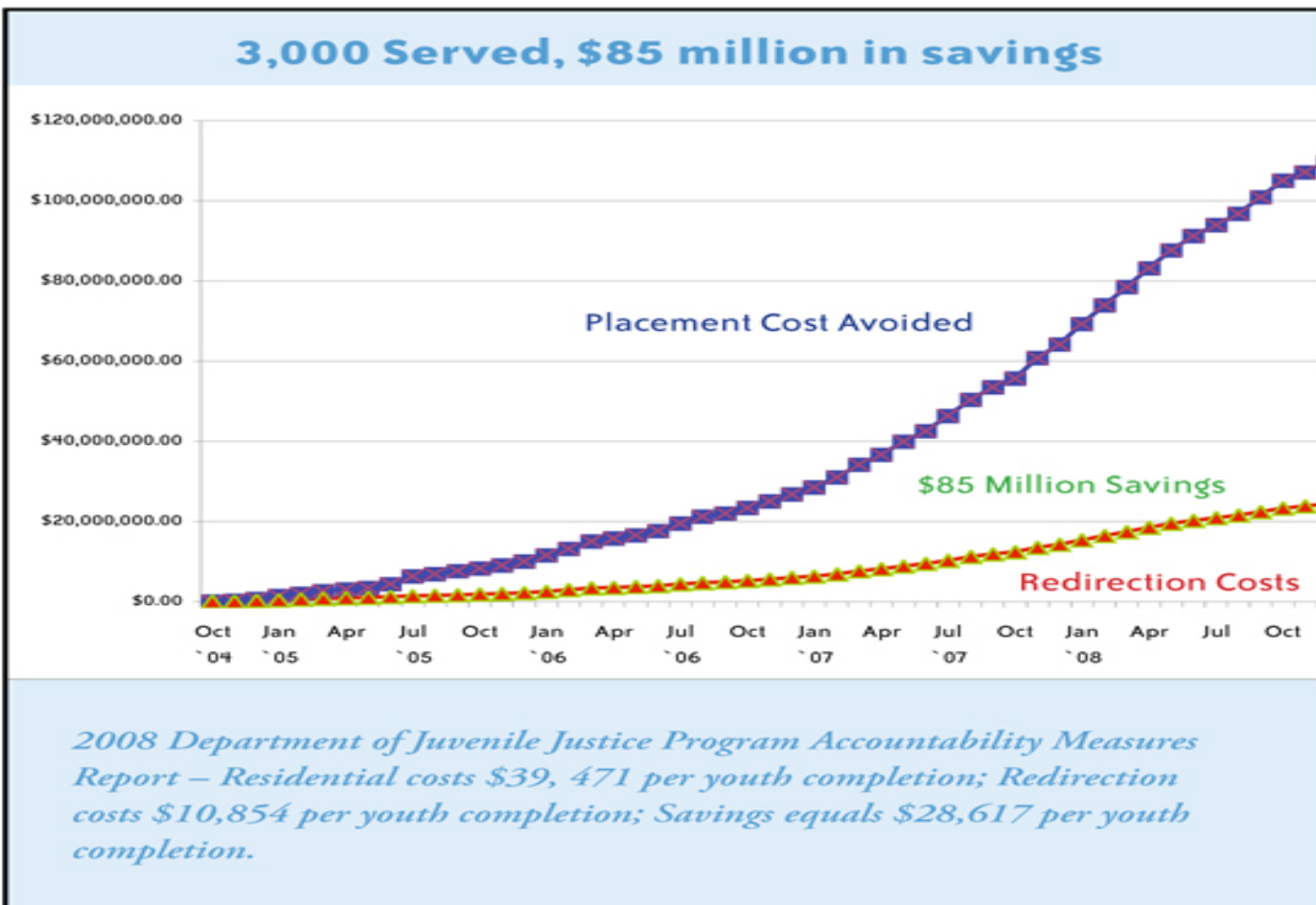
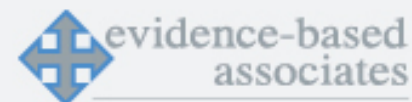
Systems save an average of \$25-90K per youth per year when evidence-based programs are used as an alternative to placement

Youth served in evidence-based programs commit fewer crimes when compared to similar youth who are placed in residential programs





Florida's Experience: Reduced Costs thru 2009



“The Catch”

BUT: EBPs must be implemented with **fidelity** in order to achieve these results.

Poor implementation = disappointing results

Strong implementation = outstanding results



Functional Family Therapy (www.fftinc.com)

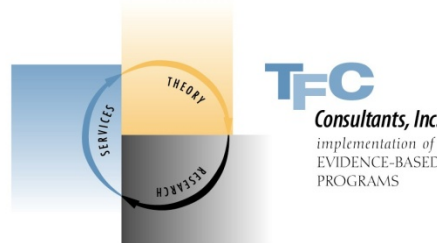
- high-risk gang-involved youth ages 11-18 and their families
- Focuses on family relations and builds on family strengths
- Cost: \$4,000-\$4,500 per youth
- Length of treatment: average 12-20 sessions
- Reductions in recidivism: 25-55% across studies v. control group
- Currently in over 35 states and five countries

Multisystemic Therapy (www.mstservices.com):

- Targets serious delinquency (gang involvement) ages 12-18
- Intensive, focuses on entire ecology of youth including family, school, peer and community relations (and Probation)
- Cost: \$8,000-\$9,500 per youth depending on local costs
- Length of treatment: average 4 months (60 hours)
- Reductions in recidivism: 30-70% (with lifetime results)
- Currently in over 38 states and eight countries

Multidimensional Therapeutic Foster Care (www.mtfc.com):

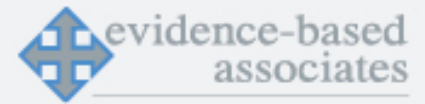
- Targets juveniles needing out-of-home placement age 12-17
- Recruits/supports foster families with goal of returning youth to permanency placement (e.g., biological family)
- Cost: Approx. \$5,000 per youth per month
 - Some costs covered by Federal funding Title IV-E
- Length of treatment: average 10-12 months
- Results include long-term reductions arrests, incarceration, and substance abuse



Nurse-Family Partnership (NFP):

- Targets low-income, first time pregnant women
- Trained Nurses partner with clients to provide support, counseling and education from pre-natal through infancy
- Cost: \$5,000-\$6000 per client family
- Length of treatment: up to 2.5 years (pre-natal support and care up through child's 2nd birthday)
- Long-term reductions for youth in arrests, incarceration, and substance abuse; improved outcomes for mothers

EBA Contact Information



Dan Edwards, Ph.D.

dedwards@ebanetwork.com

Ph: 202-815-3999

Website

www.evidencebasedassociates.com