

1a. Amendment No. 002	1b. Effective Date 1/10/17	3. Issued By U.S. House of Representatives CAO Office of Acquisitions Management 5110 O'Neill Federal Building Washington, DC 20515 Office Phone: 202-225-2921	
2a. Solicitation Number RFP17012S	2b. Dated 12/14/16		
4. Name and Address of Offeror		For Information, Contact:	
		4b. Name: Ricky Buckler	4c. Phone: 202-225-3230
		4d. Email: Ricky.Buckler@mail.house.gov	

5. The solicitation in Block 2a above is amended as set forth in Block 6 below.

The time and date specified for receipt of Offers is not extended
 is extended through

Offers must acknowledge receipt of this Amendment in Block 10 of the Solicitation, Offer and Award Form to be submitted prior to the time and date as amended or specified in the solicitation.

6. Description of Amendment

The purpose of this amendment is to amend Section C by adding the following Section C.8.g. and h., and to add Attachment J.9 - Equipment Life Cycle Replacement to Section J (see attached J.9).

"Section C.8 Deliverables:

g. Phase-In. On the initial day of performance, the Contractor shall provide a workforce which is fully qualified and capable of performing all work required under this contract. The Contractor shall submit an implementation/start-up schedule and action plan.

h. Phase-Out. The Offeror shall present in its proposal a detailed plan for phasing-out operations, regardless of reasons for the expiration of the contract."

All other terms and conditions remain the same.

7a. Name and Title of Authorized Signer <i>(type or print)</i>		8a. Name and Title of Contracting Officer <i>(type or print)</i> Christine A. Stewart, Director	
7b. Offeror <hr/> <i>(Authorized Signature)</i>	7c. Date Signed	8b. U.S. House of Representatives Christine Stewart <small>Digitally signed by Christine Stewart Date: 2017.01.10 15:46:32 -05'00'</small> <hr/> <i>(Signature of Contracting Officer)</i>	8c. Date Signed 1/10/2017

J.9 - Equipment Life Cycle Replacement

Description	Unique number	Make	Model #	Serial #	Qty	Mo/Yr Purchased	Suggested replacement	Comments
Cardio Machines								
Treadmill	12	Cybex	770T	H0723-770TX064N	1	Aug-13	5 years	
Treadmill	11	Cybex	770T	H0723-770TX063N	1	Aug-13	5 years	
Treadmill	10	Cybex	770T	H0723-770TX065N	1	Aug-13	5 years	
Treadmill	9	Cybex	770T	H0723-770TX067N	1	Aug-13	5 years	
Treadmill	8	Cybex	770T	H0723-770TX070N	1	Aug-13	5 years	
Treadmill	7	Cybex	770T	H0723-770TX071N	1	Aug-13	5 years	
Treadmill	6	Cybex	770T	H0723-770TX072N	1	Aug-13	5 years	
Treadmill	4	Cybex	770T	H0723-770TX069N	1	Aug-13	5 years	
Treadmill	3	Cybex	770T	H0723-770TX066N	1	Aug-13	5 years	
Treadmill	13	Cybex	770T	J0421-770TX059N	1	May-14	5 years	
Treadmill	14	Cybex	770T	J0421-770TX058N	1	May-14	5 years	
Treadmill	5	LifeFitness	95T	TET119095	1	?	5 years	
Treadmill	2	LifeFitness	95T	TET112258	1	Apr-11	5 years	
Treadmill	1	LifeFitness	95T	TET109605	1	Jan-11	5 years	
Elliptical	8	LifeFitness	95X	XHT112216	1	Jan-13	5 years	
Elliptical	6	LifeFitness	95X	XHT112222	1	Jan-13	5 years	
Elliptical	4	LifeFitness	95X	XHT112223	1	Jan-13	5 years	
Elliptical	5	LifeFitness	95X	XHT112224	1	Jan-13	5 years	
Elliptical	2	LifeFitness	95X	XHT112225	1	Jan-13	5 years	
Elliptical	1	LifeFitness	95X	XHT112226	1	Jan-13	5 years	
Elliptical	3	LifeFitness	95X	XHT112227	1	Jan-13	5 years	
Elliptical	7	LifeFitness	95X	XHT102223	1	?	5 years	
Arc Trainer	1	Cybex	610A	Z11-23610A9514C8847	1	Nov-05	5 years	
Arc Trainer	4	Cybex	610A	Z09-02610A9514C7405	1	Nov-05	5 years	
Arc Trainer	3	Cybex	610A	Z10-06610A9514C7877	1	Nov-05	5 years	
Arc Trainer	2	Cybex	610A	Z09-02610A9514C7406	1	Nov-05	5 years	
Recumbant Bike	1	Cybex	625R	J1111-625R020N	1	Dec-14	5 years	

Recumbant Bike	2	Cybex	625R	J1111-625R021N	1	Dec-14	5 years	
Recumbant Bike	3	Cybex	625R	J1111-625R022N	1	Dec-14	5 years	
Recumbant Bike	4	Cybex	625R	J1111-625R019N	1	Dec-14	5 years	
Stationary Bike	5	Cybex	625C	J1106-625C026N	1	Dec-14	5 years	
Stationary Bike	6	Cybex	625C	J1106-625C024N	1	Dec-14	5 years	
Stationary Bike	7	Cybex	625C	J1106-625C025N	1	Dec-14	5 years	
Stationary Bike	8	Cybex	625C	H1205-625C017N	1	Oct-13	5 years	
LifeFitness Stepper	1	LifeFitness	95Si	MST104694	1	Jun-10	5 years	
LifeFitness Stepper	2	LifeFitness	95Si	MST104693	1	Jun-10	5 years	
Concept 2 Rower w/HR sensor adaptor	1	Concept 2	concept 2		1	Nov-05	5-7 years	HR adaptors added 9/2009
Concept 2 Rower w/HR sensor adaptor	2	Concept 2	concept 2		1	Nov-05	5-7 years	HR adaptors added 9/2009
Hand Crank	1	SciFit Systems	?	650-007710	1	?		
StepMill	1	Matrix	C7XE-04	CS24141101052	1	Feb-15	5 years	
E Spinner Bike	1	StarTrac	Espinner7200	SBEB1411L01064	1	Feb-15	5 years	
E Spinner Bike	2	StarTrac	Espinner7200	SBEB1411L01063	1	Feb-15	5 years	
Strength - Machines								
Leg Press	11	Cybex	11040-95	Z11-011104095- 1233	1	Nov-05	5-10 years	
Prone Leg Curl	10	Cybex	11141-95	Z11-011114195- 0185	1	Nov-05	5-10 years	
Leg Extension	12	Cybex	11051-95	Z11-031 105195- 0682	1	Nov-05	5-10 years	
Seated Leg Curl	14	Cybex	11061-95	Z11-011106195- 0554	1	Nov-05	5-10 years	
Calf Raise	13	Cybex	11120-95	Z11-031 112095- 0276	1	Nov-05	5-10 years	
Hip Abduction	15	Cybex	4645-95	Z11-01046595- 4542	1	Nov-05	5-10 years	
Hip Adduction	16	Cybex	4640-95	Z11-010464095- 4778	1	Nov-05	5-10 years	
Abdominal	17	Cybex	11090-95	Z11-01 1109095- 1097	1	Nov-05	5-10 years	
Lower Back	18	Cybex	11101-95	Z11-011110195-0330	1	Nov-05	5-10 years	
Torso Rotation	19	Cybex	11190-95	Z11-011119095- 0515	1	Nov-05	5-10 years	
Glute Press	1	Cybex	11170-95	Z11-011117095- 0397	1	Nov-05	5-10 years	
Lateral Raise	2	Cybex	11160-95	Z11-011116095- 0241	1	Nov-05	5-10 years	
Incline Pull	3	Cybex	11020-95	Z11-011102095- 0411	1	Nov-05	5-10 years	

Overhead Press	4	Cybex	11010-95	Z11-031 101095- 0890	1	Nov-05	5-10 years	
Seated Row	5	Cybex	11030-95	Z11-011103095- 0851	1	Nov-05	5-10 years	
Fly/Rear Delt	8	Cybex	11111-95	Z11-301111195- 0419	1	Nov-05	5-10 years	
Lat Pull Down	6	Cybex	11130-95	Z11-011113095- 0616	1	Nov-05	5-10 years	
Incline Press	7	Cybex	11150-95	Z11-011115095- 0227	1	Nov-05	5-10 years	
Chest Press	9	Cybex	11000-95	Z11-011100095- 1206	1	Nov-05	5-10 years	
FT 360	2	Cybex	9100-95	Z11-010910095- 3493	1	Nov-05	5-10 years	
Assisted Chin Up	3	Cybex	5345-95	Z11-010534595- 4170	1	Nov-05	5-10 years	
Bicep Curl	2	Cybex	11070-95	Z11-01 1107095- 0767	1	Nov-05	5-10 years	
Tricep Extension	1	Cybex	11080-95	Z11-01 1108095- 0686	1	Nov-05	5-10 years	
Cable Pulldown/Row	1	LifeFitness	OSLR-0102-203	101244812213	1	Jan-13	5 years	
Strength - Free Weight								
Smith Squat Rack		Precor	8BKDRJ25050001		1	Nov-05	10 years	
Smith Squat Rack		Precor	8BKDRJ25050001		1	Nov-05	10 years	
Precor Barbell Rack		Precor			1	5-Nov	10 years	
Precor Barbell		Precor	20		1	Nov-05	5 years	
Precor Barbell		Precor	30		1	Nov-05	5 years	
Precor Barbell		Precor	40		1	Nov-05	5 years	
Precor Barbell		Precor	50		1	Nov-05	5 years	
Precor Barbell		Precor	60		1	Nov-05	5 years	
Precor Barbell		Precor	70		1	Nov-05	5 years	
Precor Barbell		Precor	80		1	Nov-05	5 years	
Precor Barbell		Precor	90		1	Nov-05	5 years	
Precor Barbell		Precor	100		1	Nov-05	5 years	
Precor Barbell		Precor	110		1	Nov-05	5 years	
Dumb Bell Racks		Precor			2	Nov-05	10 years	
Dumb Bells		Iron Grip	5 lbs		1 pair	Jan-13	5 years	

Dumb Bells		Iron Grip	10 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	15 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	20 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	25 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	30 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	35 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	40 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	45 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	50 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	55 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	60 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	65 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	70 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	75 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	80 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	85 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	90 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	95 lbs		1 pair	Jan-13	5 years	
Dumb Bells		Iron Grip	100 lbs		1 pair	Jan-13	5 years	
Weight Plates			45 lb		20	Nov-05	5-10 years	
Weight Plates			35 lb		12	Nov-05	5-10 years	
Weight Plates			25 lb		14	Nov-05	5-10 years	
Weight Plates			10 lb		20	Nov-05	5-10 years	
Weight Plates			5 lb		20	Nov-05	5-10 years	
Weight Plates			2.5 lb		16	Nov-05	5-10 years	
Olympic Bars		?	45lbs		3	Nov-05	3-5 years	
Olympic Bars		Iron Grip	45lbs		3	Jan-13	3-5 years	
Curl Bar		?	25lbs		2	?		
Hex Deadlift Bar		?	45lbs		1	?		

GEX Items							
Barbell Rack		Power-Systems			1	Nov-05	bar+wt set \$99.95/ea; sets 2016/rack 2036
TRX Suspension bands		TRX			9	Jun-13	one replaced 7/2016
Bars		Power-Systems			13	Nov-05	
Clips		Power-Systems			35	Nov-05	
10lbs Plates		Power-Systems			40	Nov-05	
5lbs Plates		Power-Systems			40	Nov-05	
2.5lbs Plates		Power-Systems			40	Nov-05	
Dumbbell Rack		Power-Systems			1	Nov-05	
Vinyl DB - 1lbs		Power-Systems			8	Misc	
Vinyl DB - 2lbs		Power-Systems			9	Misc	
Vinyl DB - 3lbs		Power-Systems			14	Misc	
Vinyl DB - 5lbs		Power-Systems			17	Misc	
Vinyl DB - 8lbs		Power-Systems			19	Misc	
Vinyl DB - 10lbs		Power-Systems			15	Misc	
Vinyl DB - 12lbs		Power-Systems			8	Misc	
Vinyl DB - 15lbs		Power-Systems			14	Misc	
Rubber DB - 20lbs		Power-Systems			2	Misc	
Rubber DB - 25lbs		Power-Systems			2	Misc	
Yoga Mats					19	Dec-14	
Yoga Straps					9	Misc	
Yoga Blocks					41	Misc	
Step Storage Cart		Power-Systems			2	Nov-05	
Aerobic Step		Power-Systems			17	Nov-05	
Aerobic Step Risers		Power-Systems			116	Nov-05	
Step Mats		Power-Systems			20	Nov-05	
Stability Ball Storage Rack		Power-Systems			1	Jul-06	
Bosu Balls - small		Power-Systems			9		
Bosu Balls - large		Power-Systems			5		

55cm VersaBall (Black)		Power-Systems			10	Aug-12		
65cm VersaBall (Red)		Power-Systems			5	Aug-12		
75cm VersaBall (Silver)		Power-Systems			2	Aug-12		
6' Agility Cones		Power-Systems			13	Dec-05		
Agility Ladder		Power-Systems			1	Dec-05		
Agility Hurdles		Power-Systems			2	Dec-05		
30 in Plyometric Platform		Power-Systems			1	Jul-08		
Mat Hangers		Power-Systems			2	Apr-13		
Fitness Mats w/ Holes		Power-Systems			20	Apr-13		
Fitness Mats w/o Holes		Power-Systems			4	Jul-06		
Band Rack		Power-Systems			1	?		
Black/Purple Tubes		Misc			10	Misc		
Blue Tubes		Misc			10	Misc		
Green Tubes		Misc			5	Misc		
Red Tubes		Misc			16	Misc		
Speed Rope		Power-Systems			18	Misc		
<u>Fitness Center Items - Misc</u>								
Super Band		Spri	red		1	Nov-16		
Super Band		Spri	blue		1	Nov-16		
Super Band		Spri	purple		1	Nov-16		
Mini Bands		Power-Systems	green		10	Jul-16		
Mini Bands		Power-Systems	red		10	Jul-16		
Mini Bands		Power-Systems	blue		10	Jul-16		
Mini Bands		Power-Systems	purple		10	Jul-16		
Black Mat		MatsMatsMats			1			
Black Mats		MatsMatsMats			2			
Rubber DB Rack		VTX			1	Jun-13		
Cable Accessory Rack		TKO			1	Jun-13		

Exercise Ball Stand (3)		Power Systems			1	Jun-13		
Medicine Ball Rack		Power-Systems			1	Nov-05		
Medicine Ball		Power-Systems	8 lb		2	Nov-05		
Medicine Ball		Power-Systems	10 lb		2	Nov-05		
Medicine Ball		Power-Systems	12 lb		2	Nov-05		
Medicine Ball		Power-Systems	15 lb		2	Nov-05		
Medicine Ball		Power-Systems	6 lb		2	Nov-05		
Push up handles					1 pair	?		
Perfect Push-Up		Perfect Push-Up			1 pair	Apr-13		
Ankle Weights 5 lbs					1 pair	Jul-16		
Ankle Weights 10 lbs					1 pair	Jul-16		
Abs Wheel		Power-Systems			1	Apr-13		
Calf Stretch		Power-Systems			1	?		
Weight Vest					1	?		40 1lbs weights
Rumble Roller		Power-Systems			3	Oct-16		
Foam Roller Black		Power-Systems			3	?		Includes a half length roller
Blue Foam Roller		Power-Systems			1	Sep-12		
Blue Half Circle Roller		Power-Systems			1	Sep-12		
True Stretch Strap		True Stretch			1	?		
Body Wedge		Body Wedge 21			1	?		
Health-o-Meter Scale		Healthometer	HDL050DQ-05		1	Mar-13		
Body Fat Analyzer		Omron		4906070L	1	Jun-06		
Blood Pressure Monitor		Homedics	BPA-060	1010 192917	1	Feb-13		
Vacuum		Ergo Rapido			1	Feb-13		
Seiko Digital Metronome		Seiko			1	Nov-05		
Lange Skinfold Caliper		Beta Tech Inc			1	Nov-05		
Body Tape Measure		Power-Systems			1	Nov-05		
Wall Mounted Hair Dryers		Ready Care			6	Misc		
Sit and Reach					1	Nov-05		

Towel storage racks					4	Apr-09		
Hampers					5	Misc		
Yellow Laundry Carts					3	Nov-05		
Office								
Stereo		Denon			1	Nov-06		
Ipod Dock		Sony	1106670		1	Jun-13		
House Printer/Fax Machine		Canon			1			
House Desktop Computer		Dell	Optiflex 960		1	Aug-10		CAO 86LSR1
GBC Heatseal		Stapleslink	#H310	RF37797H	1	Dec-05		
Identity Guard Shredder		Stapleslink		SH6010CP	1	Dec-05		
Paper Cutter					1	Aug-12		
Printer/Scanner/Copier		Savin	920		1	Feb-13		
5 Drawer Filing Cabinet		CAO			3	?		
2 Drawer Filing Cabinet		CAO			3	?		
Paper Shredder		Duratech	SH6010CP		1	?		
DVD player		GPX		N/A	1	Sep-06		