

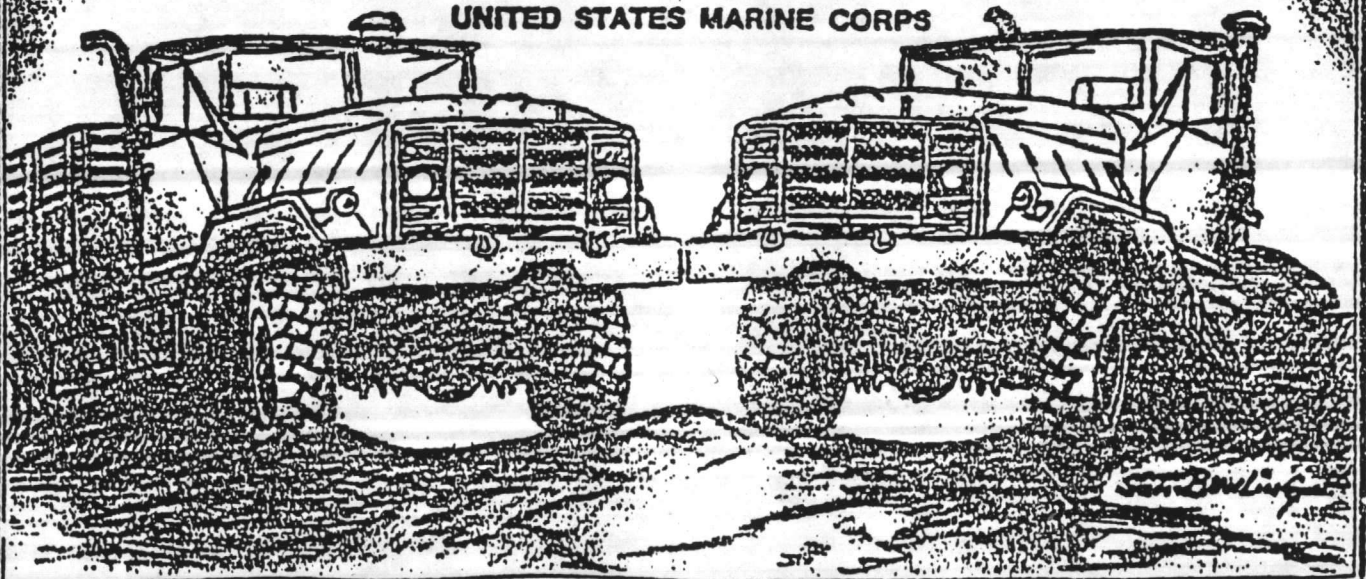
# NEWS LETTER



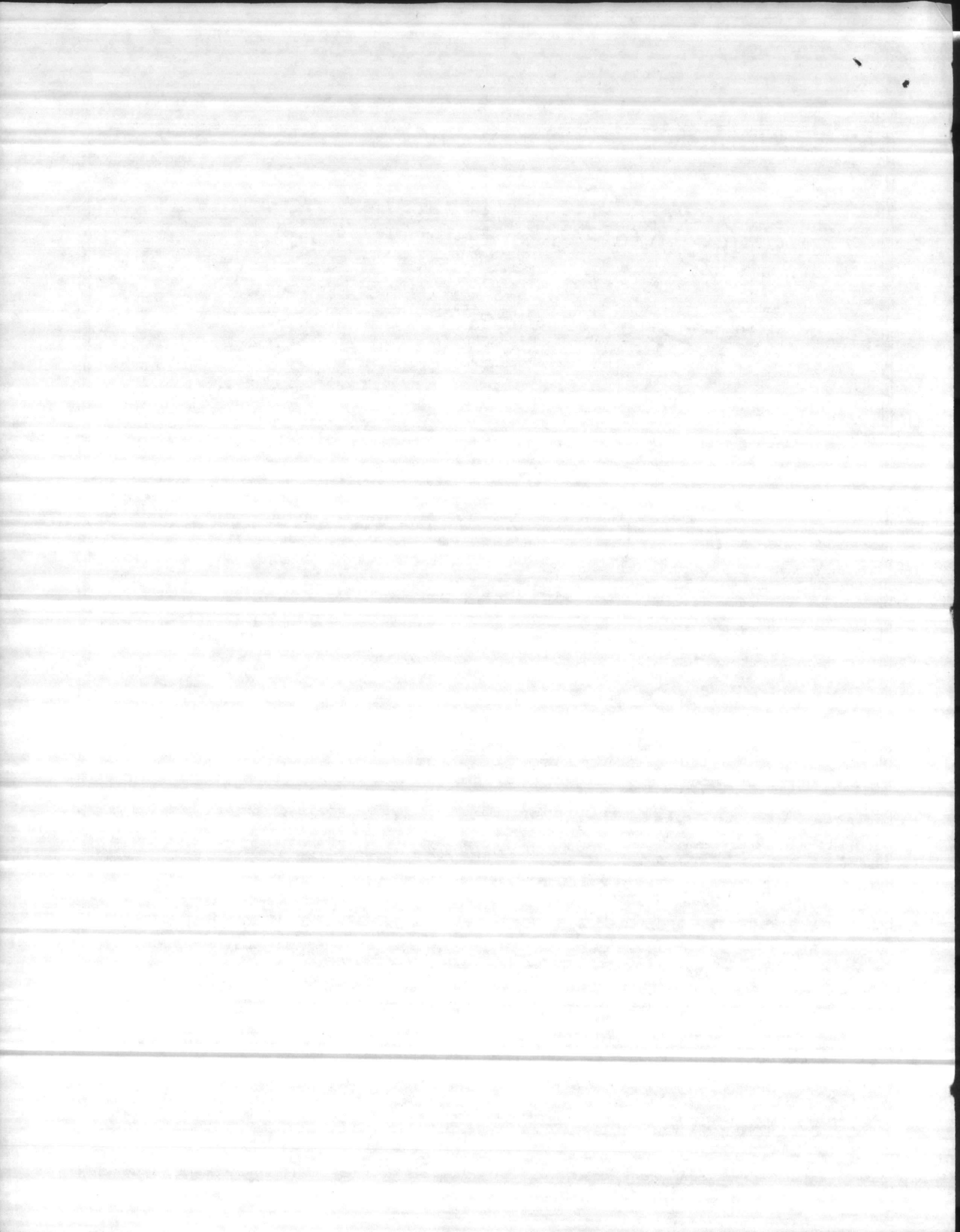
## SEMPER ★ FIDELIS

## \* 8<sup>TH</sup> MOTORS \*

UNITED STATES MARINE CORPS



San Bowling





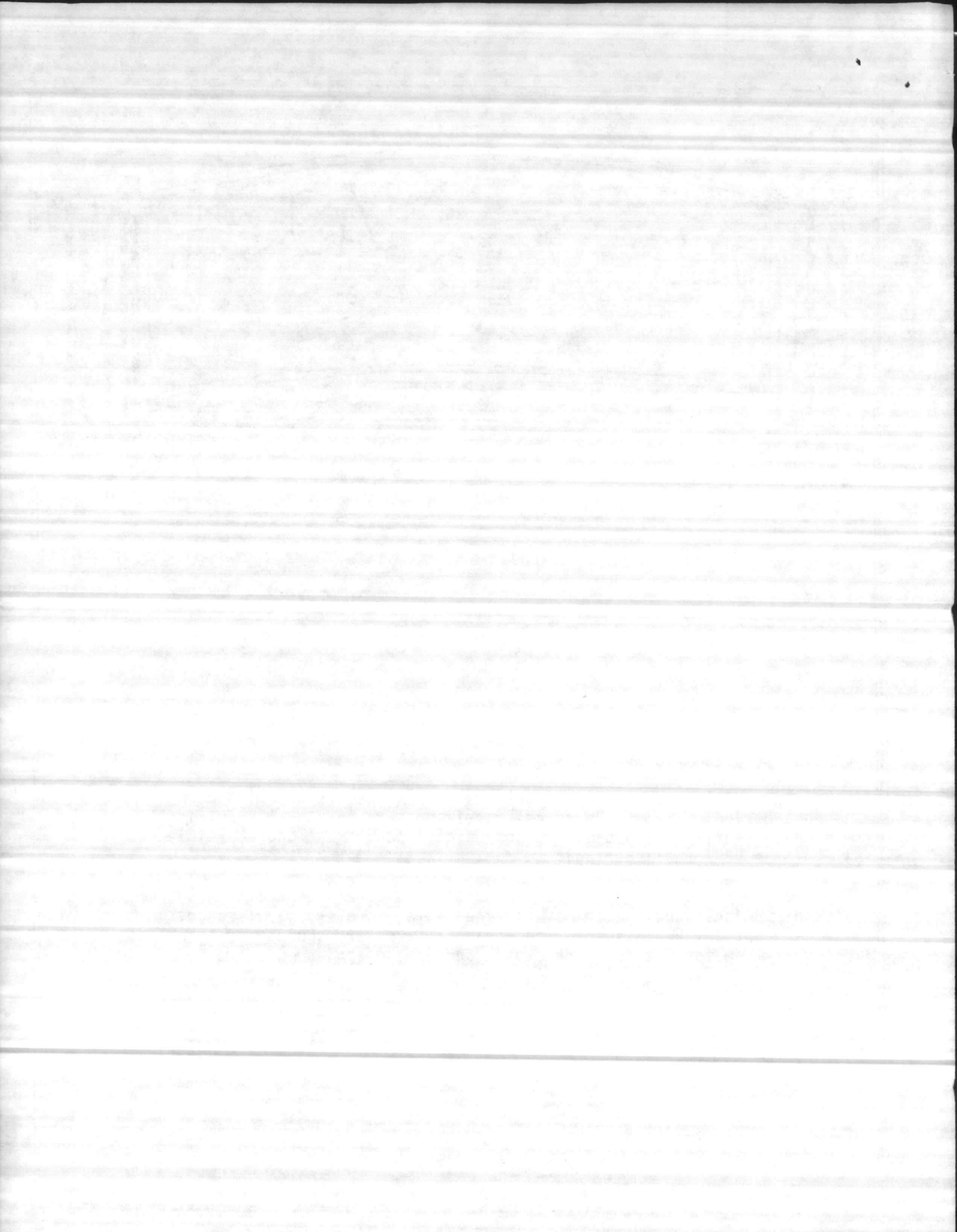
★ SGT. MAJ. ★  
SPEAKS.

With warmer days finally approaching, I would like to offer a word of caution to all Marines.

Wind and a small amount of sunlight may lead to severe sun/wind burn in a short period of time. Personnel receiving severe sunburn requiring medical attention are subject to nonjudicial punishment under article 115 of the UCMJ (malingering).

The average person can drink more alcohol than ocean. A small amount of alcohol and the sandy beach may be acceptable, however, may I suggest that you not drink and swim. The ocean or lakes are unbiased and thankless; be careful, watch out for each other, and have a good summer.

Unless someone can prove me wrong, I believe that death is permanent. Dying on the battlefield is honorable, dying at the beach is stupid.



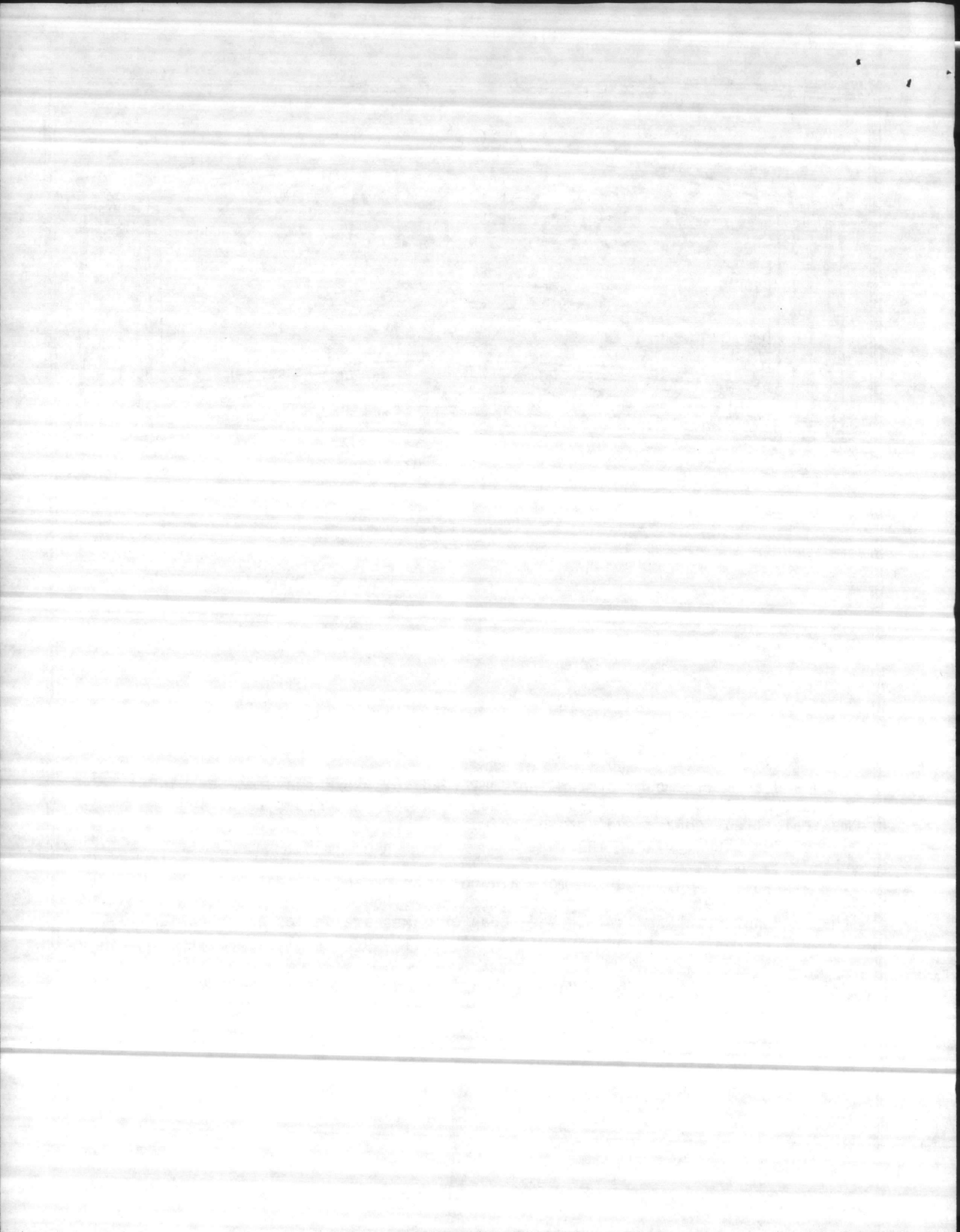


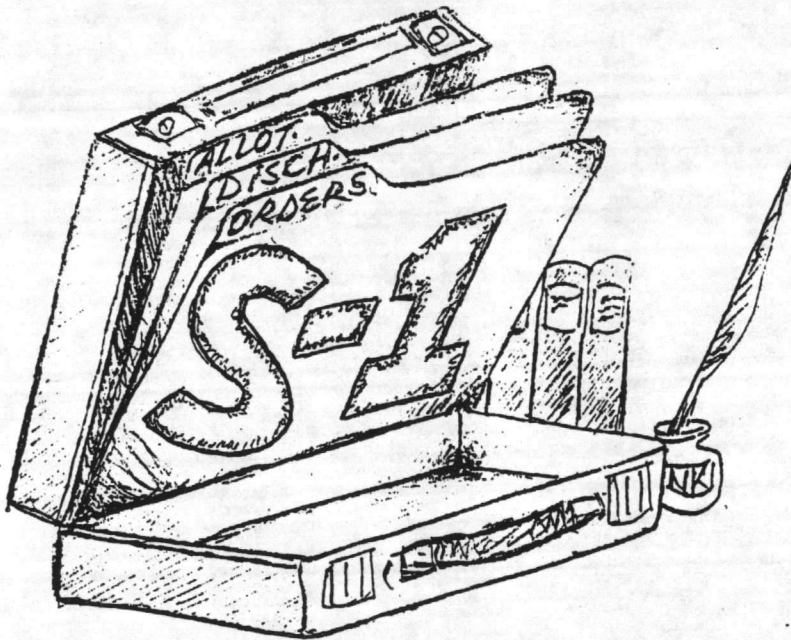
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During the month of March there were numerous new joins to the Battalion. Below the names are listed respectively.

GySgt Gillard  
SSgt Horton  
SSgt Rhome  
Cpl Batres  
Cpl Phillips  
Cpl Walker  
LCpl Ritchie  
Pfc Pilot

The following personnel were promoted during the month of March:

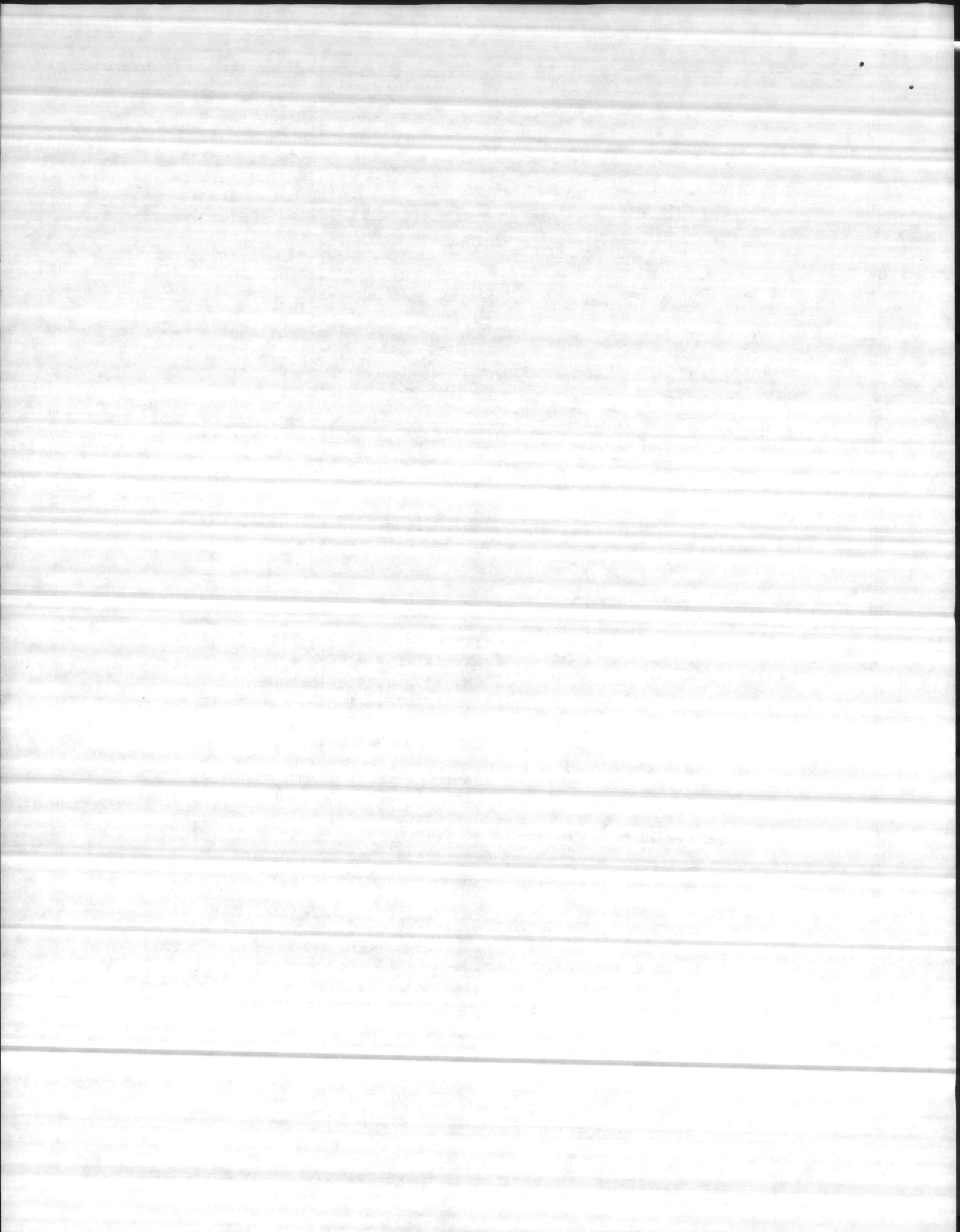
Cpl Antonacci, Cpl Cross, Cpl Durfey, Cpl Helton III, Cpl Sichini, Cpl Williams, LCpl Queener, LCpl Webby, and LCpl Zanganeh.



SNM received a General Court Martial for making a false statement. Awd a BCD, confinement at hard labor for 12 months, forfeiture of all pay and allowances, and a Bad Conduct Discharge.

SNM received a Summary Court Martial for wrongful use of marijuana. Awd Reduction to E-1, forfeiture of \$413.00 pay for a period of one month, and confinement for 30 days at hard labor.

SNM received a Summary Court Martial for wrongful use of Marijuana. Awd Reduction to LCpl, confinement for 30 days, and forfeiture of \$413.00 pay for a period of one month.







On 3 April from 0800 - 1500 there will be NBC Team Training. Location, equipment, and designated personnel will be announced.

On 4 April from 1300 - 1600 at FC 100, there will be EST Training. Designated personnel will be announced. Also on 4 April from 1300 - 1600 there will be NBC MOPP Training for all the "S" shops located in FC 400 and bldg 1118.

There will be a class for all Officers and Staff Noncommissioned Officers. The class will be given from 1500 - 1600, 4 April at FC 312 classroom "C".

There will be a Direct Deposit Class on 12 April for all E-3 and below. The class will be given at FC 312 classroom "C".

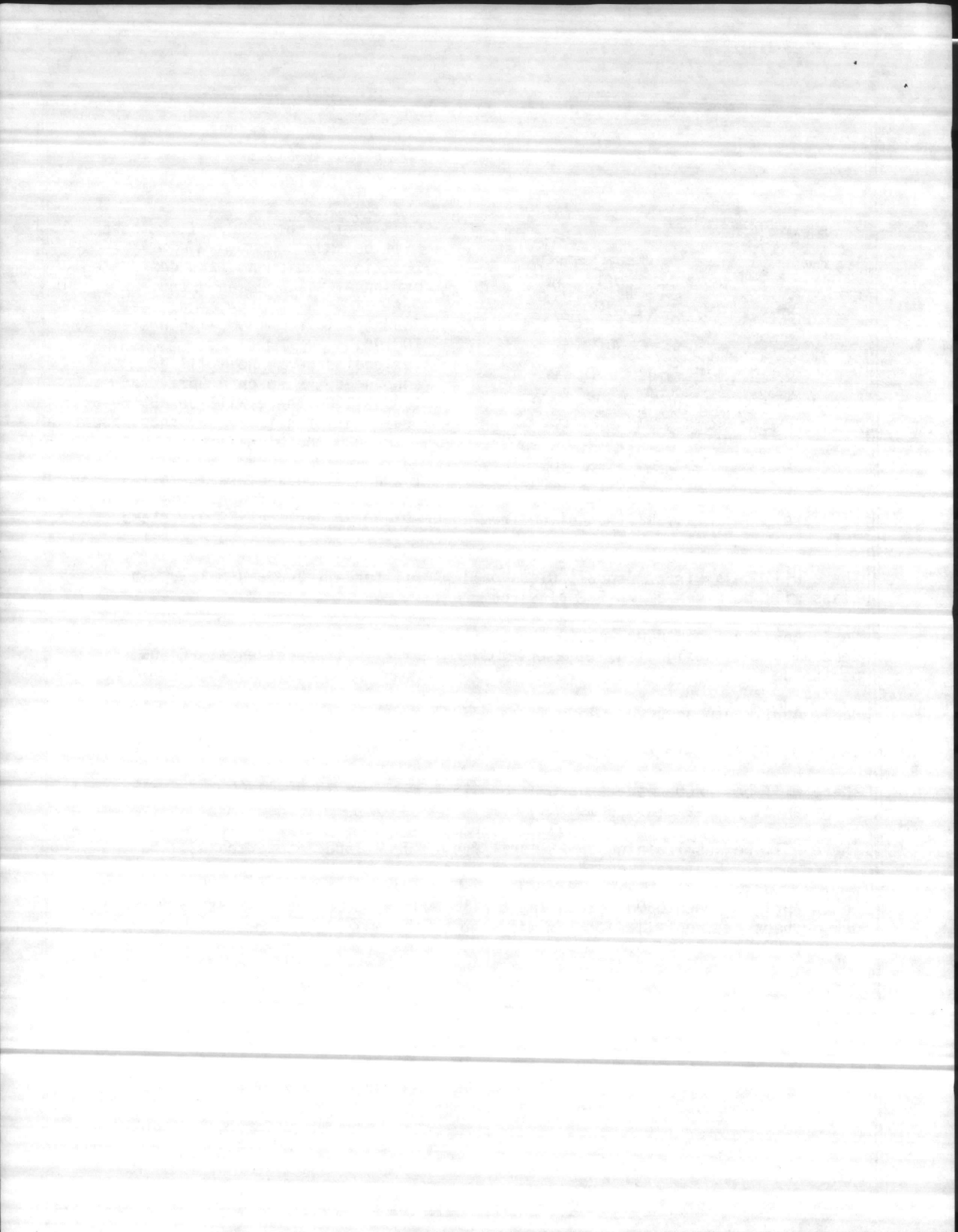
On 16 April between 0600 - 1000 there will be a PFT, administered by the Commanding General or his designated representatives. The PFT will be given at FC 400 parade deck.

On 17 April between 0700 - 1600, there will be a EST Test administered by the Commanding General or his designated representative. The EST Test will be given at FC 400 parade deck.

There will be a NCO Leadership Class on 25 April from 1300 - 1600. The class will be given at FC 312 classrooms "A and B".

There will be NBC Training on 25 April from 0700 - 1500. Location will be the gas chamber. Equipment and designated personnel will be announced.

On 26 April between 0800 - 1000 there will be a Welcome Aboard Meeting for all new members of the Battalion administered by the Battalion Commander. The place will be FC 312, classroom "C".





Reminder! That on the 15th and 30th of each month weapons must be cleaned.

The Battalion has received one new M123, one new Recovery Jacket, and one new printer for the Zenith System for Directives and Basic Correspondence.

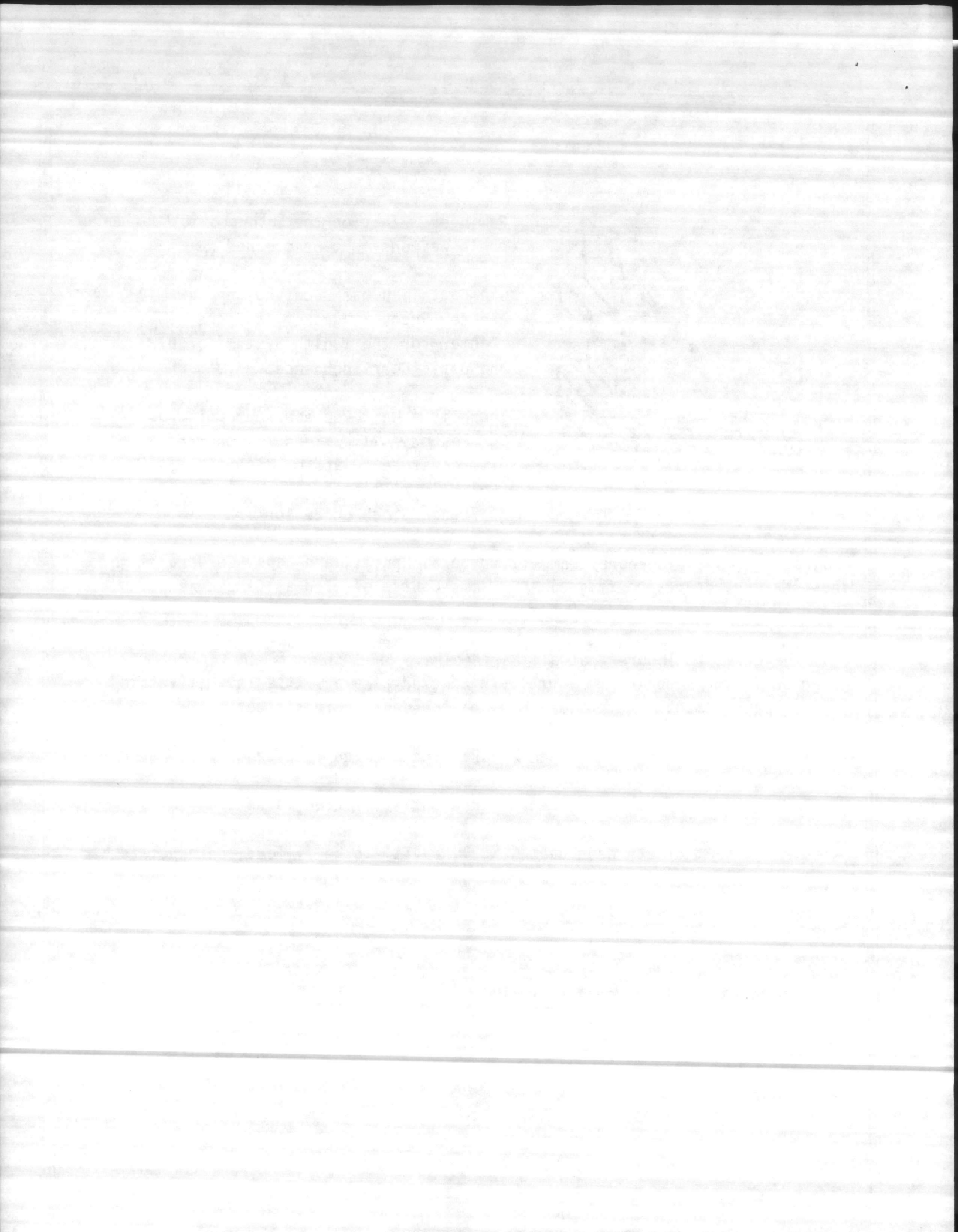
There is a Unit Rep course forming up, Sgt Peabody will attend the course offered at New River on 8 April, LCpl. Kile will attend the course offered at French Creek on 29 April.

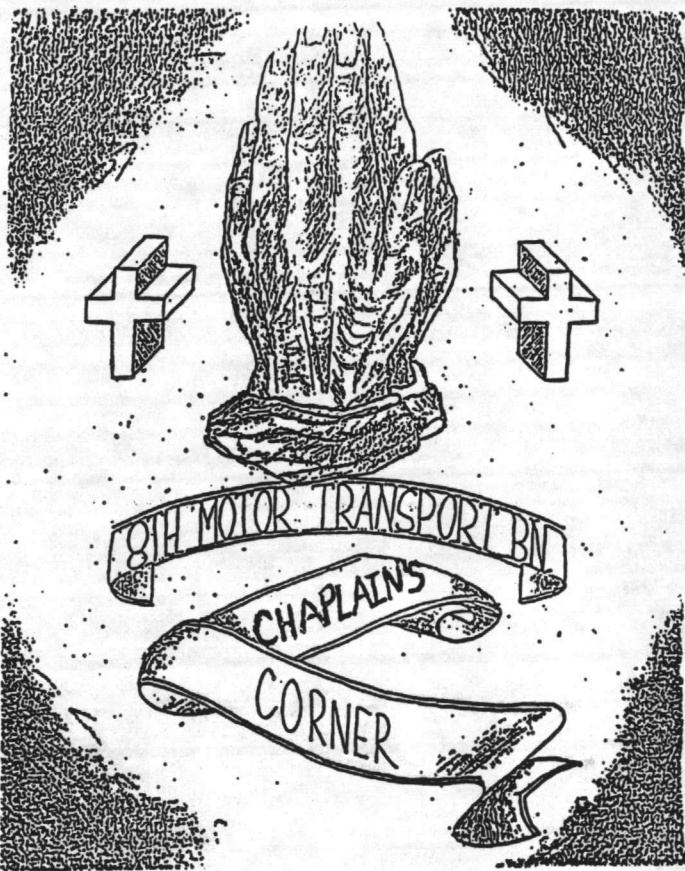
Congratulations to Corporal Campell, Corporal Daniel, and Lance Corporal Rohn. These Marines graduated from II MAF. Himms Course offered at Camp Lejeune. The graduation was held on 20 March.

The drive to insure that all Marines have good clean teeth is still going on if you need to get your teeth checked take a little initiative and make an appointment. Below is a copy of the dental classification.

- a. Class 1: Teeth have been checked and cleaned by a dentist.
- b. Class 2: Teeth have been checked but still need to be cleaned.
- c. Class 3: Teeth need dental work, cavity to be filled; tooth pulled etc.
- d. Class 4: One year or more has transpired since last examination.

On 19 April there will be a field and grounds inspection for each company. The inspection will be given by group.





As I drive aboard Camp Lejeune each morning, I am currently struck by the appearance of all the new growth that is coming back. Suddenly, almost without warning, trees which were bare, have now taken on the vibrant colors of spring. Flowers are blooming and life is once again returning.

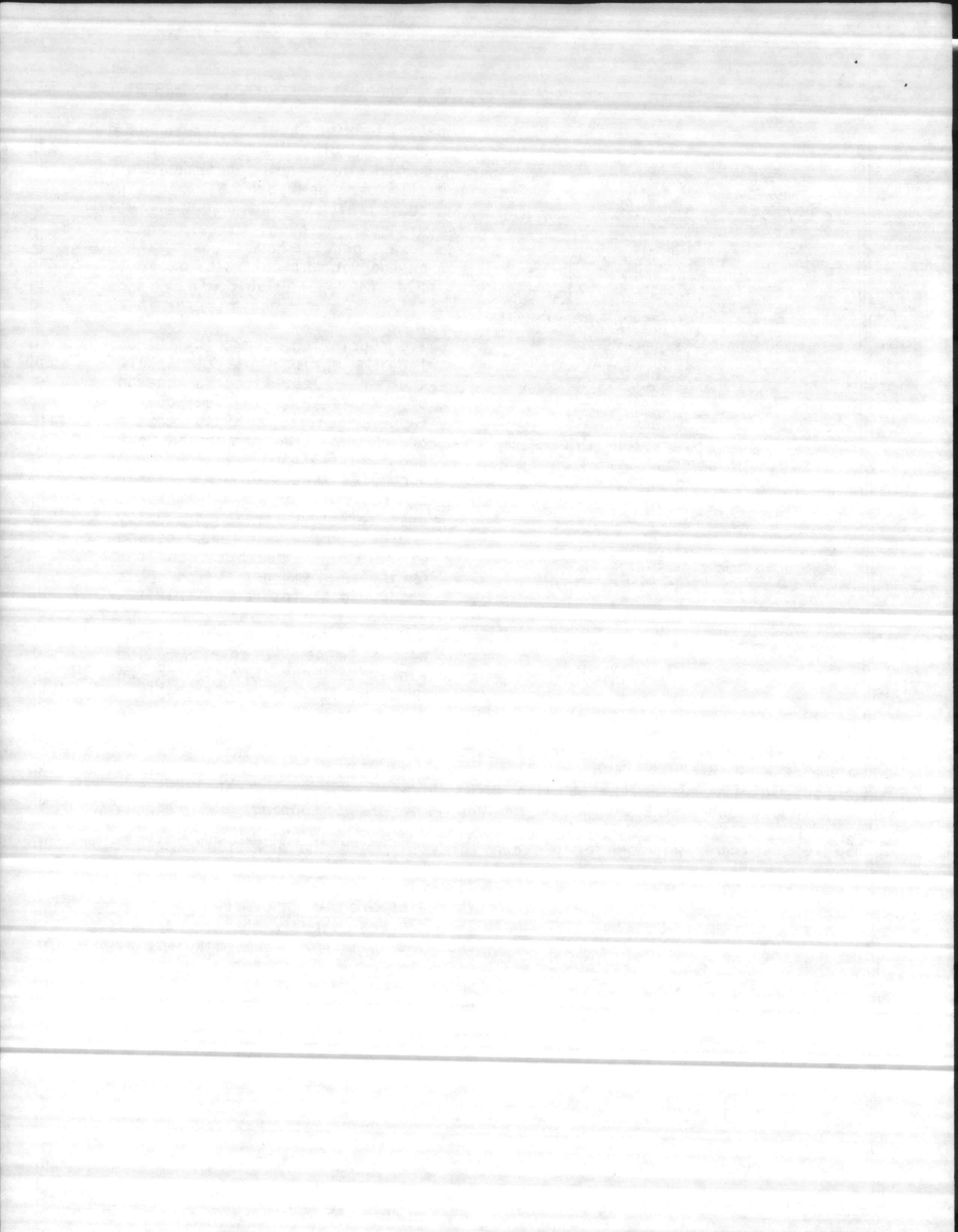
The Christian community finds in this spring time atmosphere another celebration; a season of new life. The season of Easter recalls the Resurrection of Jesus. We do not look upon this as a personal accomplishment, but rather a rebirth of all mankind. Just as the trees gradually emerge from a long period of wintry "death," so the Christian emerges from his shadowy past into a new spirit.

We often forget the importance of a renewed spirit. The winter of our lives, can be hard, cruel, and uncomfortable.

But in the spring of our lives, we can begin anew. Our spiritual life does not die but enters a period of dormancy. Gradually, we find ourselves coming back to life, like the trees that line the road. In a renewed spirit, we find our lives once again focusing on the sources of our spirit. Jesus Christ calls us to put away the dull, cold darkness of winter, and bathe in the light and warm of his spring. We rejoice in this new life.

So let us thank our God for his many blessings and the new life he gives us at Easter.

"The winter is past.  
The rains are over and gone.  
The flowers appear on the earth,  
and the time of the singing of  
birds is come."



## PREVENTING HEAT CASUALTIES

Black, red, yellow and green flags. "Why do they fly during the summer months?" and "What do they mean to me?", are questions that should be answered before the weather gets hot.

Wet bulb readings, which take heat and humidity into account, determine the color of the flag flying. A reading is taken almost every hour to determine what types of activities are safe to do. For instance:

Green Flag - 80-84.9 degrees means that heavy exercise for Marines not used to the heat should be done only with caution and supervision.

Yellow Flag - 85-87.9 degrees means that strenuous exercise and classes in the sun should be avoided.

Red Flag - 88-89.9 degrees means that all PT and heavy activity should be halted for Marines who are not used to the heat. Others could carry on light and limited activities.

Black Flag - 90 degrees and above - means that no one may participate in any physical activity.

The flags are used to give warning of the weather conditions so that Marines can avoid falling victim to any of the three types of heat injuries. The least serious of the heat injuries is a heat cramp, which is a sharp pain in the leg, arm, or stomach due to a lack of salt and water. Rest, massage the cramp, and drink some slightly salted water.

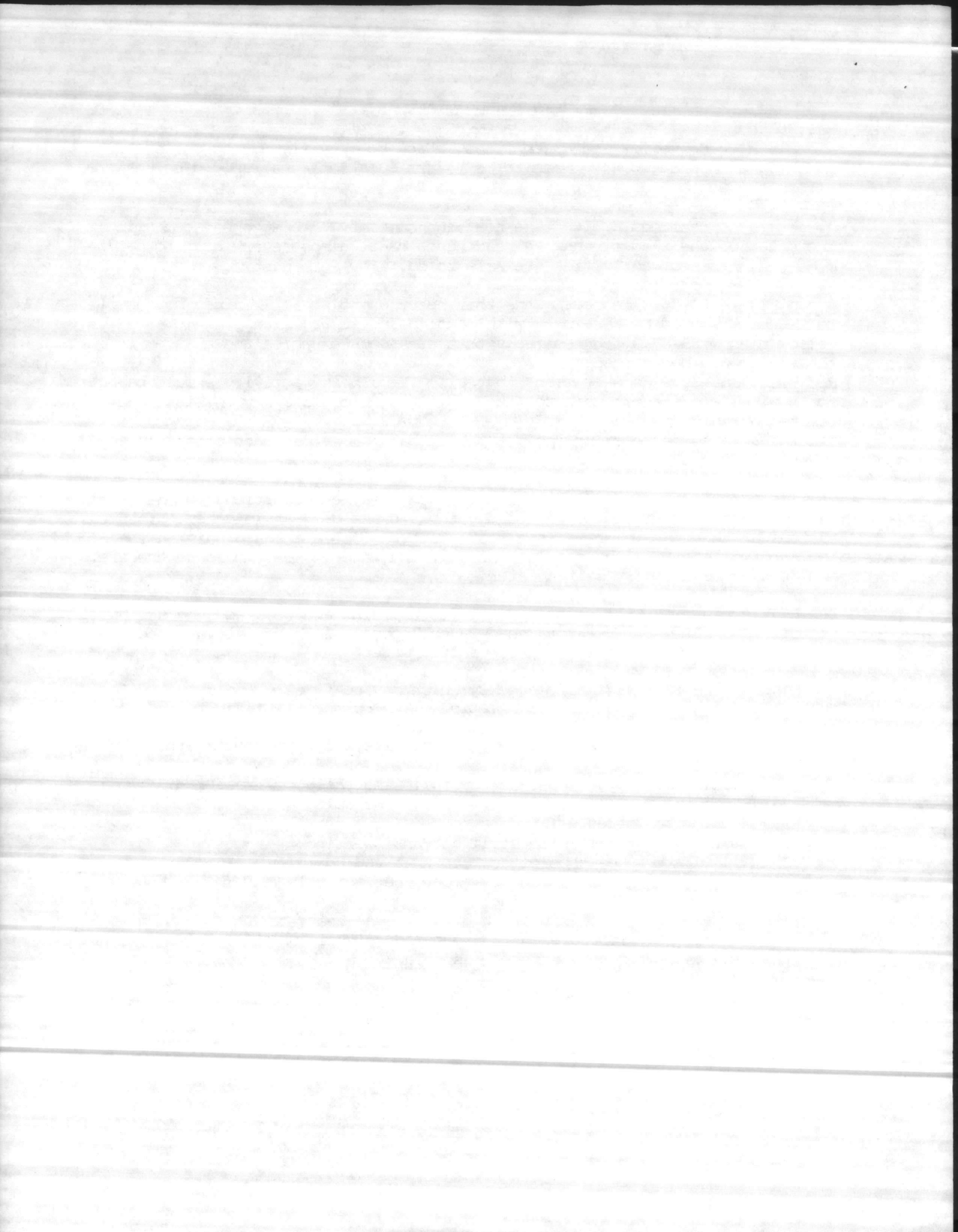
Heat exhaustion will cause a victim to be faint and weak and the skin will be moist and clammy. Move to a shady area, loosen clothing, elevate the feet and slowly drink some cool, slightly salted water.

Heat stroke is a medical emergency which may be fatal! The skin will be hot and dry and the victim stops sweating. The pulse will be rapid and he may be unconscious or go into convulsions. Reduce the body temperature ASAP and medevac him as soon as possible. Do not give water to an unconscious victim.

Heat casualties are serious, but by following these few simple rules you can avoid problems during hot summer months. The rules are:

- (1) Drink water often.
- (2) Avoid cold drinks while still hot and sweating.
- (3) Add an extra teaspoon of salt to what you normally use on food.
- (4) Wear a hat in the sun and remember that a little clothing will actually help keep out the sun's heat.
- (5) If you begin to feel sick or dizzy in the heat, take it easy for a while.
- (6) If you have stopped sweating, get medical help ASAP!
- (7) Eat lightly in hot weather - especially cut out sweets.

Most important, use common sense at work and don't PT or allow your friends to PT alone. Take notice of the flags and don't take chances with your health.





## INFO

Special liberty policy will be granted throughout the entire 2nd Force Service Support Group from 1200, 5 April thru 1200, 9 April. Easter Holiday out of bounds passess will be issued to all Sergeant and below who travel beyond the 600 mile limit. Remember Easter is a time to celebrate the resurrection of Christ. Being a long weekend, it is also a time to THINK SAFETY.

Beginning 1 July a New Educational Benefit Program will be offered to active duty military who enter service on or after that date. The new educational Benefit Program will be called the "GI bill". Effective 1 July 1985 the VEAP will be suspended. There are three categories of VEAP eligibles: (1) servicemembers initially enrolled who have either suspended or discontinued their contributions and/or apply for and received refunds. (2) servicemembers presently participating in VEAP by monthly allotment; and (3) servicemembers who have never contributed to VEAP after 1 July 1985. Category (3) personnel must make a contribution before 1 July 1985 to ensure eligibility for VEAP.

It is important to understand that if VEAP eligibles have never enrolled in VEAP, and do not prior to 1 July 1985, they will not be eligible for any Veteran's Education Benefit Program.

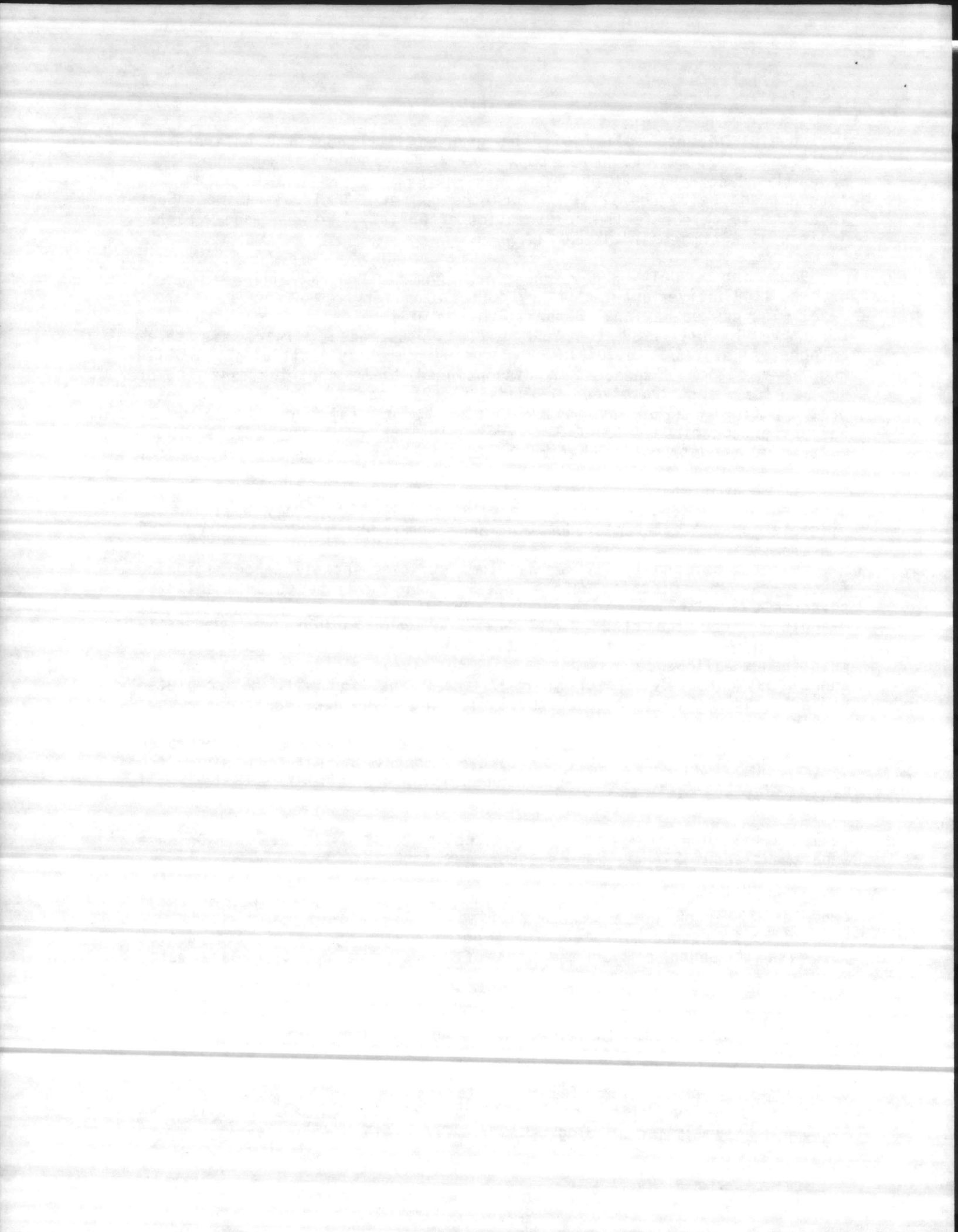
Enlisted personnel will receive lump sum clothing allowance beginning fiscal year 86. Clothing Maintenance Allowance will be paid to enlisted personnel once a year rather than monthly beginning in October. An example of how the change will work; if your anniversary date falls in February, five months into fiscal year, you will receive a clothing maintenance allowance payment equal to five-twelfths of your normal annual payment. By fiscal year 87 the transition will be completed and all enlisted will receive annual clothing allowances for the previous year's service. Enlisted personel who leave active duty on a date other than normal anniversary date of service will receive a prorated payment based on the total or partial months of service, since the last anniversary payment. Clothing maintenance allowance rates will continue to vary by service, sex, pay grade and longevity.

The transition from monthly to annual payment will save the Defense Department about \$97 million in 1986.

Corporal Koon of Headquarters and Service Company and Corporal Crumpler of Truck Company were married on the 9th of March 1985. We would like to congratulate you for a postive step in the right direction and wish the both of you the best of luck for a beautiful and happy marriage for years to come.

Recently Sergeant Spann won the discus and shot put competion event for the All Camp Team. The event took place 20 March 1985.

The Group Aid Station provided limited Medical Services as well as emergency attention. The Aid Station handles personnel checking in and out of five different Battalions including this Battalion. The Aid Station is located in Bldg 520. The Group Aid Station handles



an average of 150 people daily. The Naval personnel in charge are listed below:

Senior Chief Gonzales - oversees the operation of our Group Aid Station.

Chief Whitaker - who is CPOIC of sick call.

Chief Wright - who is CPOIC of medical records, and provides any information that could educate the Marine Community pertaining to services that the Group Aid Station can provide.

The hours of operation are:

Sick Call	0715 to 0830 1300 to 1400
Medical Service	0900 to 1100 1400 to 1530

These hours of operation are offered Monday thru Friday.

Over the past month, Truck Company has been involved in many varied activities. On 26 February Truck Company took part in a VIP demonstration for the Amphibious Warfare School. The following week, another demonstration was held for a Turkish General at TLZ Bluebird.

Truck Company Marines were currently TAD to numerous assignments. Fifteen Marines just returned from Cold Weather training at Fort Drumm, NY. There are also detachments participating in a Firex at Fort Bragg, a CAX in California, and others are attached to Solid Shield and MPS.

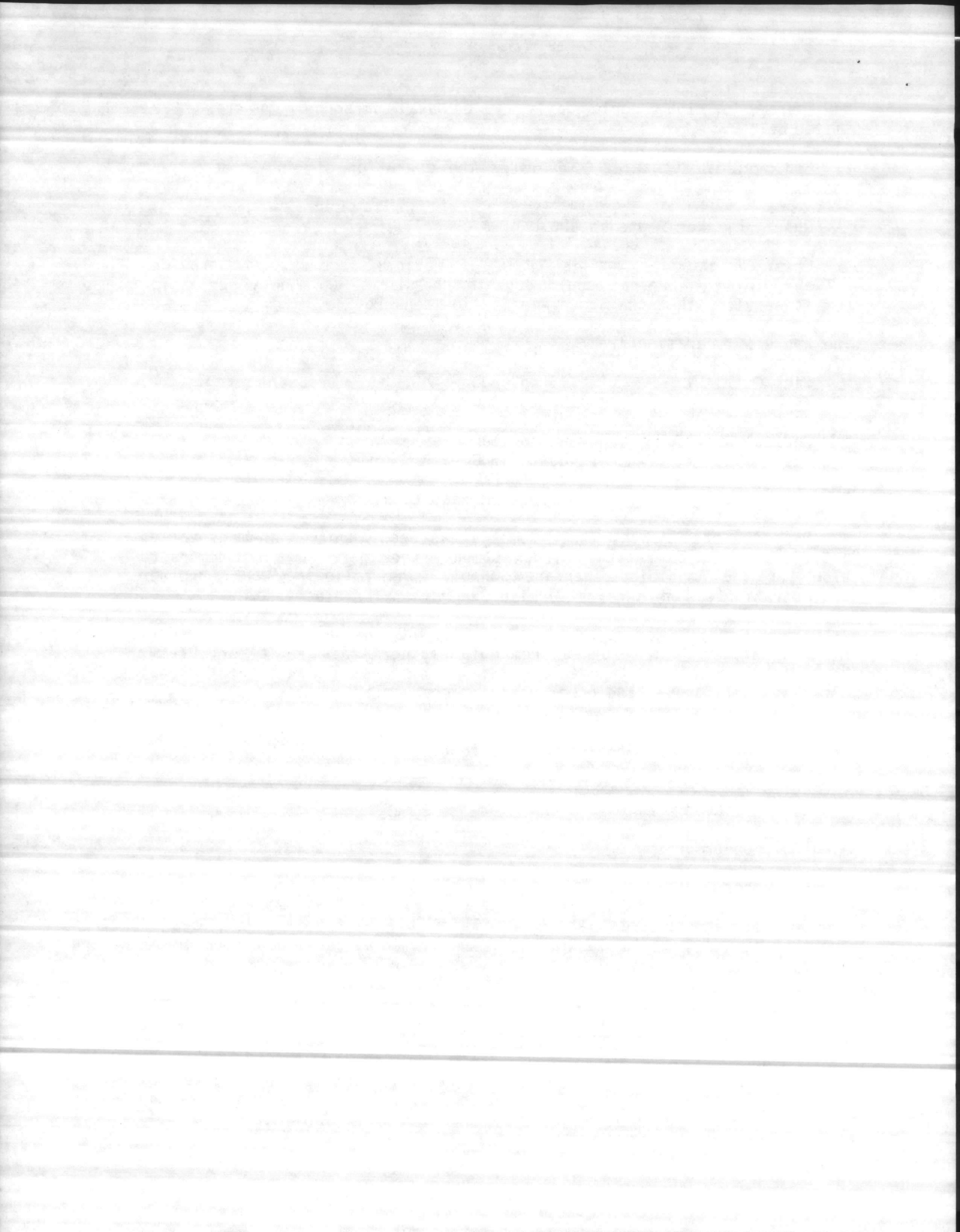
Congratulations to six Marines from Truck Company who graduated from Tractor-Trailer School at Camp Geiger:

Cpl Hill  
LCpl Erickson  
LCpl Fowler  
LCpl Henderson  
LCpl Rush  
Pfc Jones

Congratulations are also extended to Lt Mehaffey, who was the coach for the All-Marine Women's Basketball team for Interservice Competition in California.

Persons who claim legal residency in Texas can vote twice this year, on 6 April for county, municipal and school district elections and 5 November for four amendments to the state constitution.

Texas residents in the military who live outside the state may use the Federal Post Card Application to register and request an Absentee Ballot for both elections.



General P. X. Kelley is concerned by the small percent of Marine Officers who are completing our professional military education courses. Courses such as War Colleges, that teach general military topics as opposed to specialized skill schools. The two PME courses Courses most relevant to Marine Officers are the Amphibious Warfare School and the Command and Staff College. Only 12 percent of Captains and nine percent of Majors are currently enrolled.

Quest to Ponder:

### Fraternity

"... The qualities that make for Military excellence consist not only of hard training, exceptional physical fitness, and stern discipline, but of human solidarity... the U.S. Marine Corps is more than a crack military machine. It's a fraternity bonded in blood".

The MARVIN HAGLER - Thomas Hearn's middleweight championship fight will be shown via closed circuit television at the Goettge Memorial Field House 15 April 1985 at 10:30 pm. Preliminary bouts will be shown on the same program. Doors will open at 8 pm and seating will be on a first-come, first-served basis. Admission is \$8.00 in advance and \$10.00 at the door. Advance tickets are available at all Special Services facilities.

A FREE GOLF clinic at the Driving Range is held every Saturday from 9-11 am. Golf balls are provided. For more information call 451-5445.

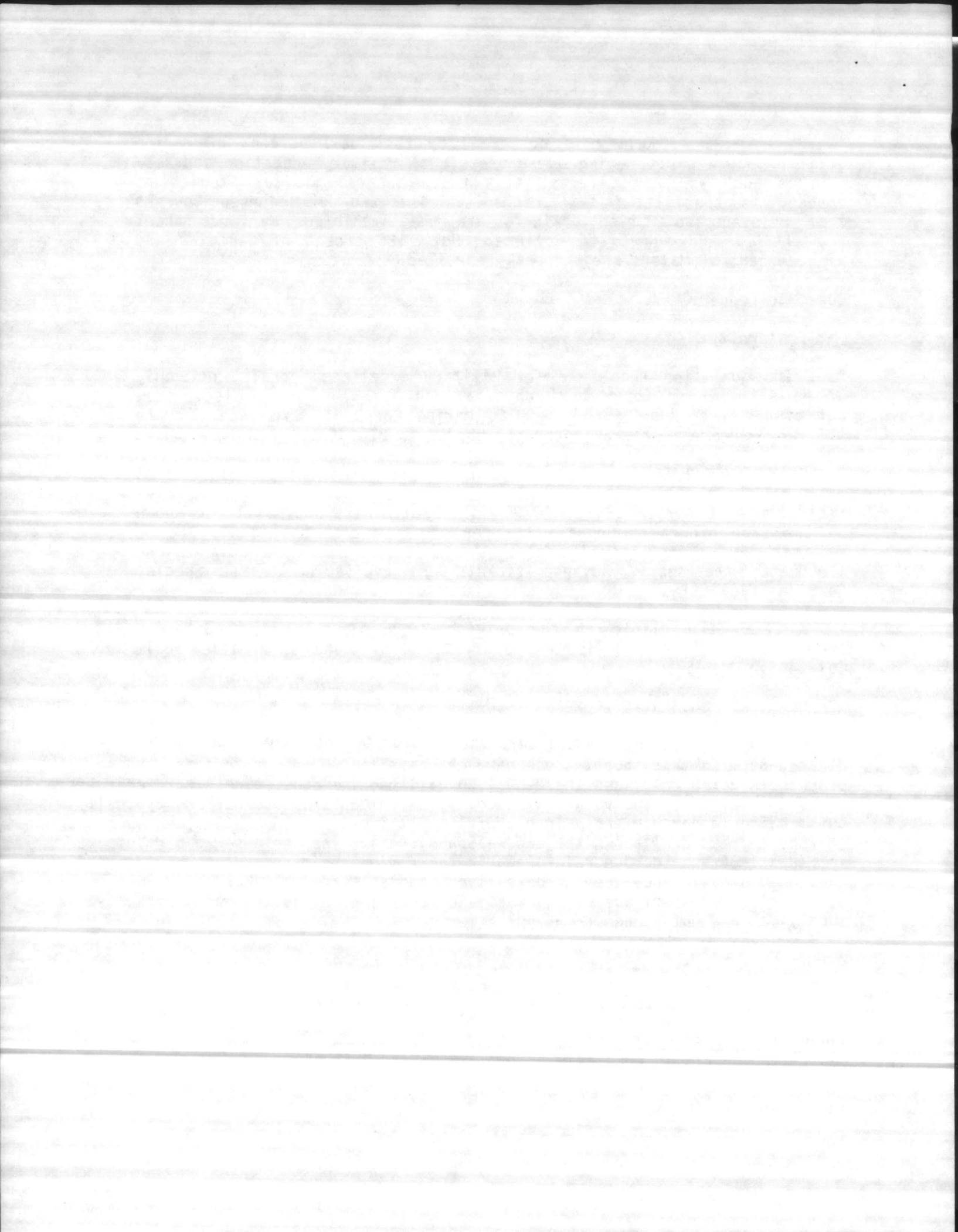
### HEADQUARTERS AND SERVICE COMPANY

On the 14-15 March, Headquarters and Service Company participated in FIREX 1-85. On this shoot, these hard chargers learned how to operate and employ the M-2 (50 cal.) and the M-60 (.30 cal) machine guns. These hard chargers fired a total of 12,000 rounds of each caliber ammunition. Under the typically outstanding leadership and guidance of 1st Sgt Scott, the Gun NCO's and shooters learned a great deal about the two weapon systems. The Marines who participated in FIREX 1-85 should have reinforced in their minds that regardless of their MOS they need a basic knowledge of defensive weapons. After all Marines didn't gain their proud heritage of the last 210 years just by being good clerks, typist, supply men and women and/or mechanics.

Corporal R. A. Robinson of Headquarters and Service Company was selected as NCO of the the Month for March. His exceptional knowledge, professionalism and dedication to duty reflect great credit upon himself, 8th Motor Transport Battalion and are in keeping with the highest traditions of the Marine Corps.

We salute you for your superior performance and up held devotion to duty.

"KEEP CHARGING."



Lance Corporal T. P. Petree from Headquarters and Service Company was selected as Marine of the Month for the month of March 1985. His exceptional knowledge, professionalism and dedication to duty reflect great credit upon himself, 8th Motor Transport Battalion, and are in keeping with the highest traditions of the Marine Corps.

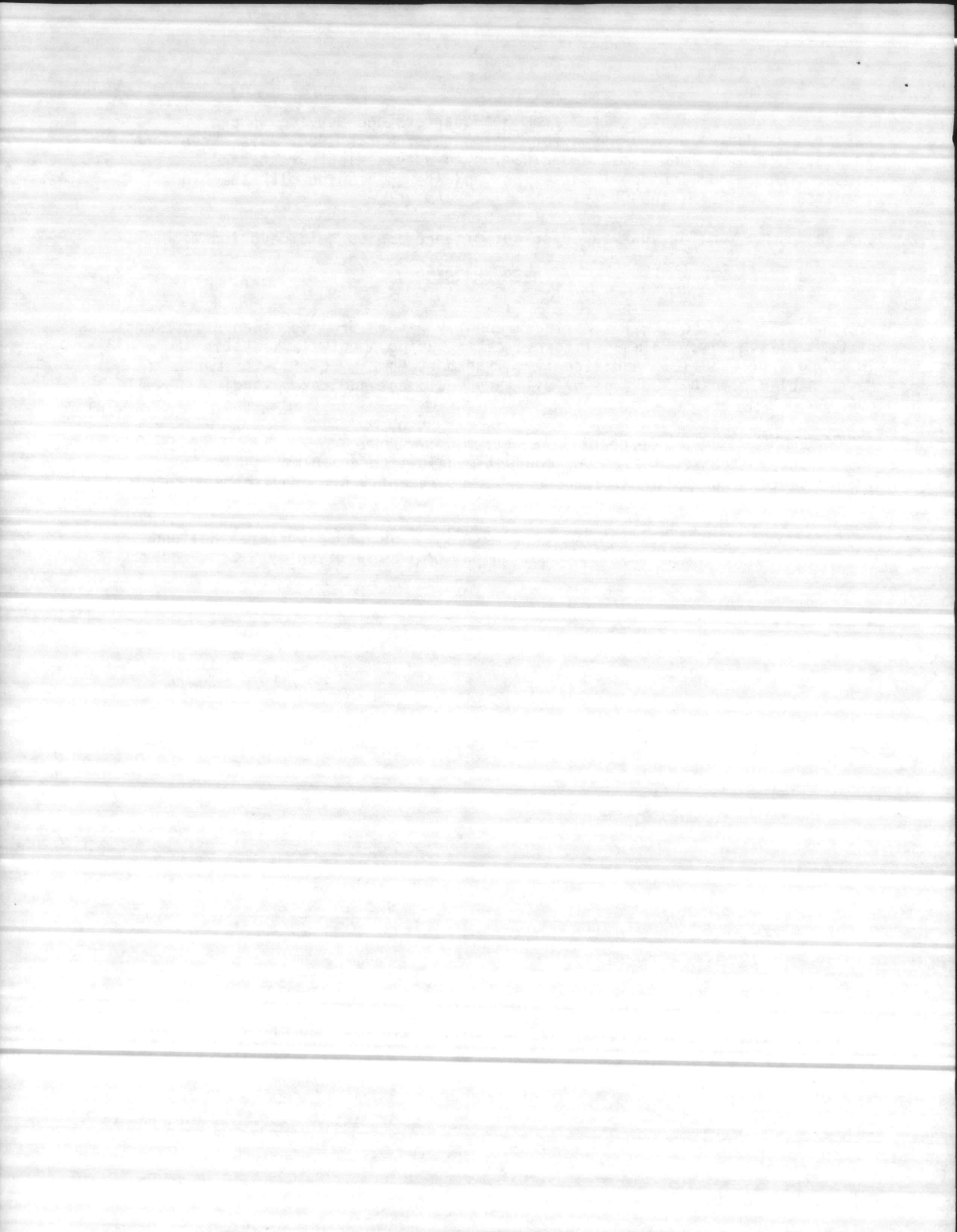
We salute you for your superior performance and up held devotion to duty.

"KEEP CHARGING."

Transport Company had twelve Marines recently return from Combined Arms Exercise at Camp Wilson in 29 Palms California after having spent six weeks in the field in support of CSSD-12. Additionally, Transport Company during the month of March hauled almost 1900 tons of military equipment and cargo logging in well over 60,000 miles.

Congratulations to Sergeant M. E. Murphy and Lance Corporal K. A. Stockel who recently received their good conduct medals. Congratulation also goes out to Lance Corporal D. A. Zanga eh who was recently promoted to his present rank.

Finally, Corporal Baldwin, Corporal Sch tte, and Lance Corporal Holland,gh all completed the three day Radio Communication Course given by GySgt Pender.





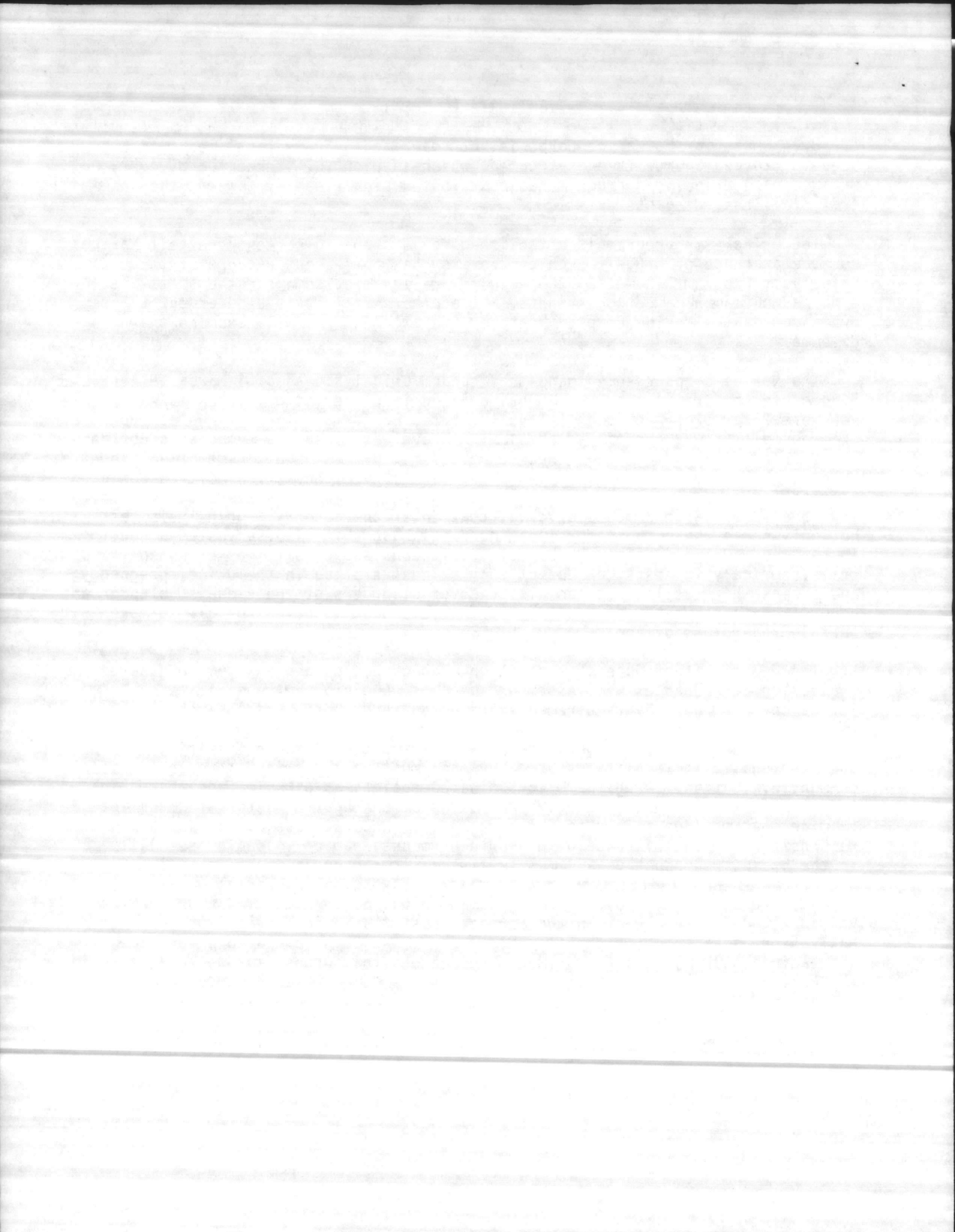
## EDITORIAL COMMENTS

Drug abuse in the Marine Corps is not tolerated! Every legal means is used to provide a drug free environment which is rightfully expected by every Marine. The Urinalysis Program has contributed significantly towards the control of illegal drug use.

The Urinalysis Program is established for systematic screening of all Marines for the presence of drugs. Much controversy has come about because of the Urinalysis Program. Some say the results are invalid, some say the tests are a harassment among a persons rights, while others feel it is a deterrent to keep drugs out of the Marine Corps. Whatever the argument, we will examine the dilemma.

The Marine Corps resumed mandatory random urinalysis as of 1 March 1974. Since then the Urinalysis Program has changed in different ways. In 1974 if you were 25 or older you didn't have to be tested for a urinalysis unless your command felt it was extremely necessary. There wasn't such a thing as a portable kit (field kit) and the drugs checked were limited. As usual, time brings about a change; today there are seven types of drugs that are checked. The types of drugs checked for is sent down by the Department of Defense which surveys the nation for drug busts, or large amounts of drugs that enter the country. Urinalysis tests not only serve the purpose for locating drug abusers it also serves as a health inspection. Urine is a remarkable fluid, it consists of billions of human cells. Urinalysis tests can detect such things as blood in the urine, pregnancy, and excess white cells, but can also uncover disorders of the kidneys, bladder and other important body functions. The Urinalysis test is given for all to take part in regardless of age.

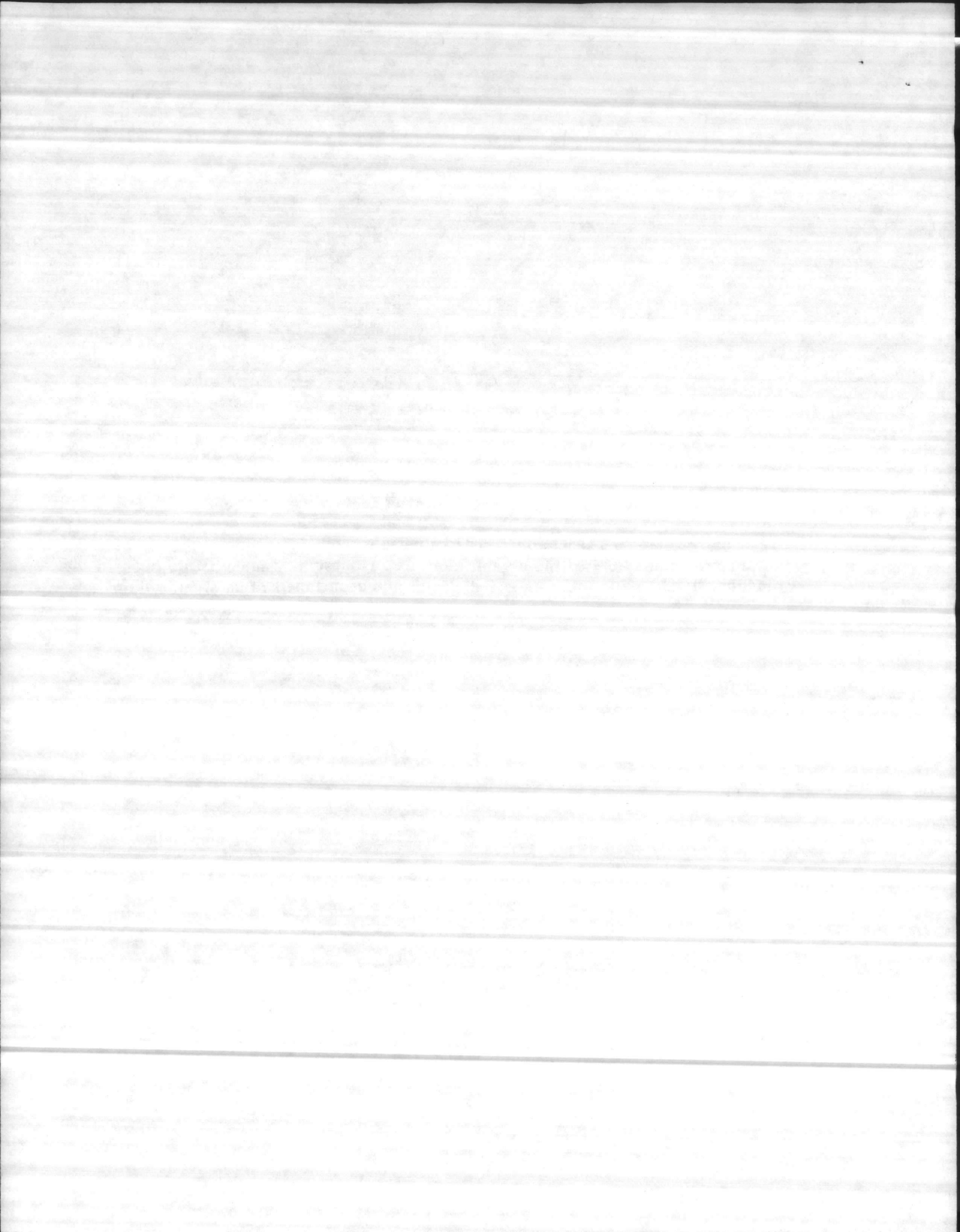
The Department of Defense has set up a check and balance system to ensure protection of rights as well as affording continued program reliability. Strict chain of custody requirements are established on the urine sample bottle to protect the individual; the urine sample must be tested by two different methods and drug presence confirmed by a Department of Defense certified laboratory; and the legality/illegality of drug presence must be determined through specific command evaluation. Drugs have contaminated society as a whole, and the Marine Corps is at War Against Drugs. When looking at the health factor of drugs let's examine what marijuana does to the human body. Constant use of marijuana is responsible for interference with growth hormones; damage to cells especially in the brain, reproductive and muscle tissue; it causes an increase of lung cancer, miscarriages and stillbirths. Not to mention psychological addiction. When you educate yourself to the overwhelming damage drugs do to society, Marine Corps, yourself and future career in the Marine Corps it's obvious drugs must go! Motivation is affected, sick call rate goes up and being prepared as a force in readiness are just a few of the many reasons that drugs can not be allowed in the Marine Corps. Isn't it time for all Marines to educate themselves and become combat ready in the fight against drugs? Let's not be fooled into thinking that the Urinalysis test is the enemy, the truth is, drugs are.



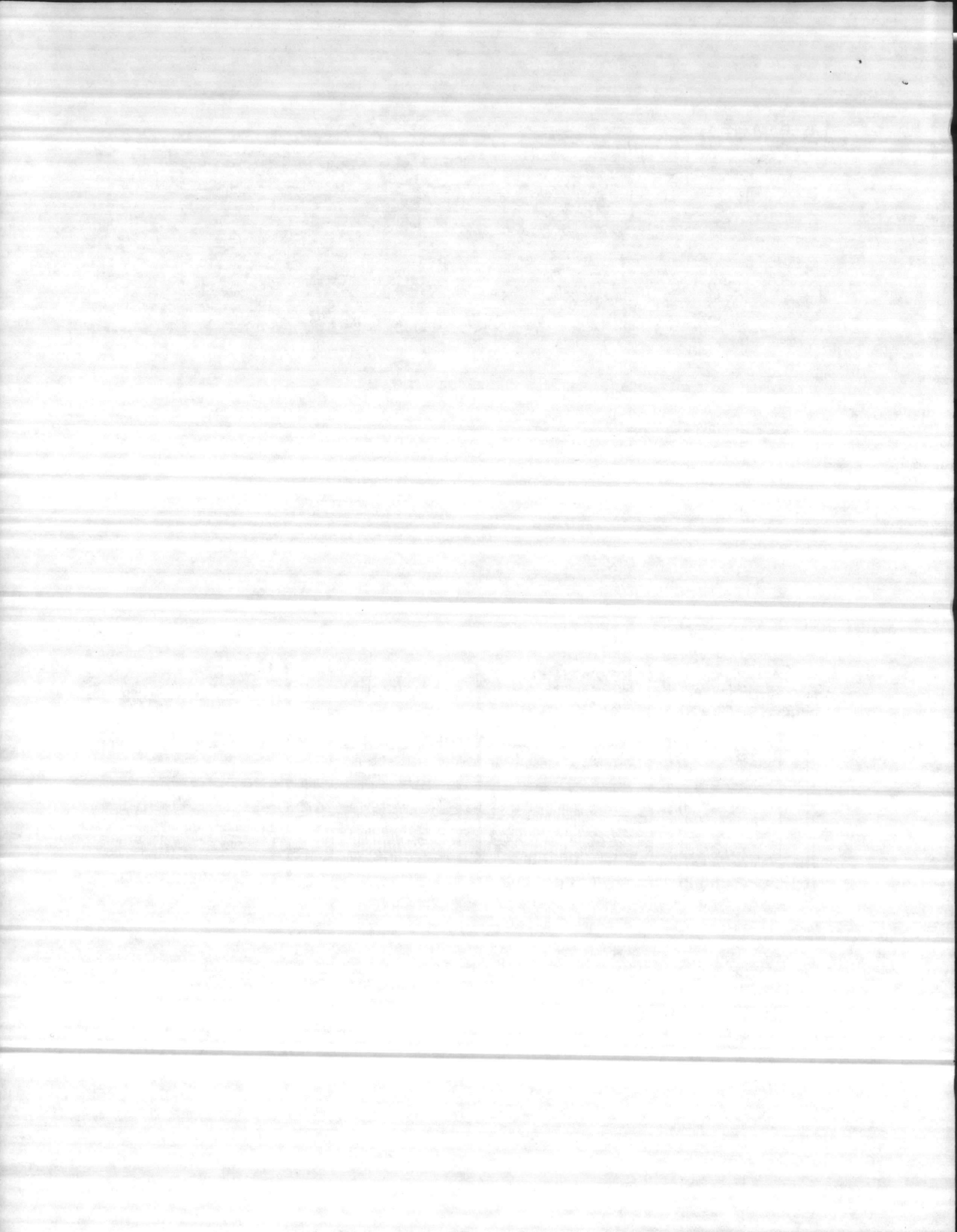
## **Followership**

**“ ‘Followership’ is a strict adherence to a personal code of conduct which upholds the standards and values of the organization. . . . Honesty and integrity are but two words that should guide you both as individuals and as members of an organization.”**

**—Gen Paul X. Kelley**







Once upon a time there was a really nice hen named Henny Penny. Now Henny Penny had three friends; Quacky-Wacky, Piggy-Wiggy, and Mousy-Wousy. Henny Penny had a nice garden where she grew all sorts of vegetables, grains and wheat.

During that certain time of year to plant the seeds, Henny Penny asked her friends for help. Quacky-Wacky said no because she had to wash her feathers, Piggy-Wiggy said no, for she had to curl her tail, finally she asked Mousy-Wousy for help, she said no because she had to trim her whiskers.

Well when it came time to harvest the crops all of Henny Penny's friends were too busy so Henny Penny did it herself. Once all was done, Henny Penny invited all her friends over for dinner. As expected her friends made time to come over for dinner. Just after dinner Henny Penny told her friends how hard she worked and how little help her friends gave her. Her friends felt bad and all agreed to help next time.

The Newsletter is in need of personnel willing to help, if you are interested please contact Cpl Whitfield.

Cpl Whitfield

