



The First Congressional District of Connecticut: A Brief Summary

The First Congressional District is, in many ways, the focal point of cultural and professional activity in the state of Connecticut.

The First District sprawls 673 square miles from Manchester in the east to Torrington in the west, going as far north as the Massachusetts line, and is bisected by the majestic Connecticut River. Although the district centers on Hartford, it is made up of 27 cities and towns from Hartford, Litchfield, and Middlesex Counties.

Diversity is undoubtedly one of the district's greatest assets - from the scenic hills of Barkhamsted and Torrington to the thriving urban landscape of downtown Hartford and the working-class communities of East Hartford and Windsor, the backdrop of the First District is as varied and diverse as the people who inhabit it.

The district's largest towns are home to some of its most important assets. Historically, Hartford has been the worldwide hub of the insurance industry, a sector which continues to play a large role in the district's economy. Further, Samuel Colt's famous and innovative firearms manufacturing operation was founded in 1836 in Hartford's South End. Today, the First District is a statewide epicenter of manufacturing and industrial enterprise. Many of these are on the cutting edge of renewable energy development and production and will play a central role in

moving the nation towards a more sustainable economy.

The First District lays claim to many of New England's most well-respected schools of law, business, and the liberal arts. These institutions continue to foster the growth of those who will carry on the legacy of progress and innovation into the next generation.

From thriving cities to rustic countryside, from centers of finance and green technology, the tradition of ethnic and industrial diversity of the First Congressional District truly makes it unique. At this critical moment in the history of our state and of our nation, the First District of Connecticut remains a beacon of leadership, progress, and achievement.

Cities and Towns of the First District

[Barkhamsted](#) , [Berlin](#) , [Bloomfield](#) , [Bristol](#) , [Colebrook](#) , [Cromwell](#) , [East Granby](#) , [East Hartford](#)

, [East Windsor](#)

, [Glastonbury](#)

, [Granby](#)

, [Hartford](#)

, [Hartland](#)

, [Manchester](#)

, [Middletown](#)

, [New Hartford](#)

, [Newington](#)

, [Portland](#)

, [Rocky Hill](#)

, [Southington](#)

, [South Windsor](#)

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[Torrington](#)

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[West Hartford](#)

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[Wethersfield](#)

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[Winchester](#)

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[Windsor](#)

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[Windsor Locks](#)

Additional Resources

[Official Website of the State of Connecticut](#)

[Connecticut General Assembly](#)