



***CA15th SAC***

**Student Advisory Committee**

***Congressman Mike Honda***

***May 25, 2004***

***Welcome!***



***CA15th SAC***

# Student Advisory Committee

The SAC consists of high school leaders representing various public and private schools throughout the 15th congressional District. The Committee was originally designed to aid the Congressmen by providing him with a youth's perspective on a specific issue in his district, and in turn, the Committee has benefited us students as well. The Committee not only provided an opportunity to be politically active but also the chance to meet and work with fellow students from all over the Bay Area.



***CA15th SAC***

# Problem Statement



**How can we promote awareness of media influence, peer pressure, and educational and supportive resources concerning teen sexuality in order to empower youth in the 15<sup>th</sup> Congressional District in making responsible, comfortable, and informed choices in their relationships?**



**CA15th SAC**

# Membership

<b>Archbishop Mitty</b>	Amanda Burns	Ryan Miller		
<b>Bellarmino</b>	Belal Aftab	Garrett Morimoto	Manu Jain	Jonathan Weed
<b>Cupertino</b>	Yuri Ku	Jason Zhu		
<b>Harker School</b>	Anita Gupta	Karan Lodha		
<b>Independence</b>	Wilson James To			
<b>Leigh</b>	Sarah Fasbaugh	Arundathi Gururajan		
<b>Leland</b>	Cory Hammon	Divya Munisipally		
<b>Los Gatos</b>	Matthew Herrick	Kelsey Hunter		
<b>Lynbrook</b>	Michelle Lin			
<b>Milpitas</b>	Julian Hilario Jr.	Amber Manglona		
<b>Monta Vista</b>	Eric Lee	Christina Tsou		
<b>Piedmont Hills</b>	Kim Tran	Mai Tran		
<b>Presentation</b>	Kristin Barker	Jeanine Trenner		
<b>Saratoga</b>	Anjali Kumar			



# Some facts you should know

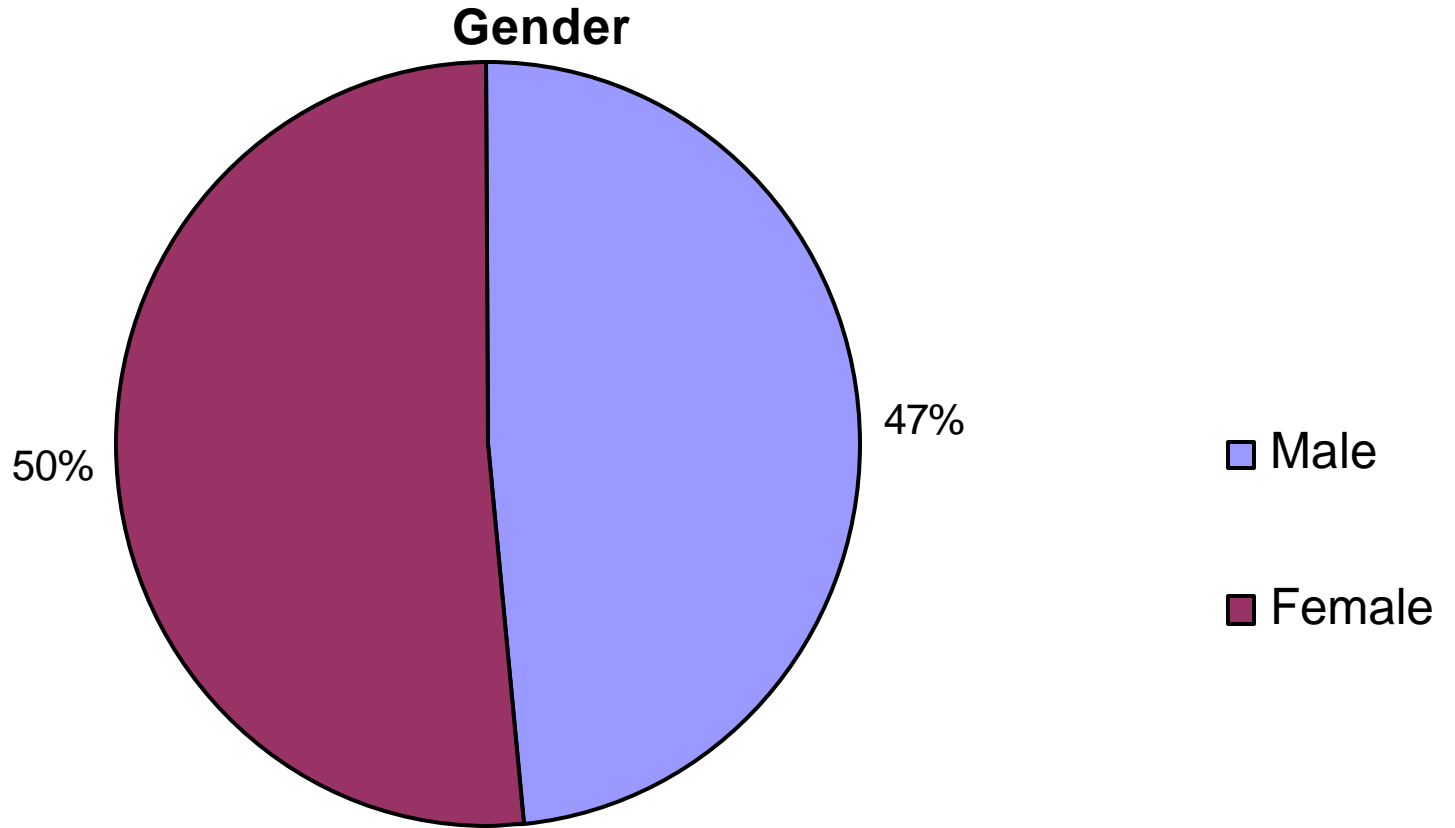
- A national study by the Kaiser Family Foundation found that 22% of young adults (ages 15-24) in the U.S. felt that they had done something sexually that they didn't really want to do.
- 61% of young adults feel that waiting to have sex is a nice idea, but nobody really does.
- 76% of young adults have learned a lot from their friends about sexual health.
- 58 % of young adults felt pressure to have sex by a certain age.
- According to a study by NPR/Kaiser/Kennedy School of Government at Harvard, 36 % of parents said "that [teens] might have sexual intercourse before they are psychologically and emotionally ready."
- That compares with 29 percent who said their biggest concern was disease (23 percent said HIV/AIDS and 6 percent said other sexually transmitted diseases) and 23 percent who said pregnancy.

# Methodology

# Media



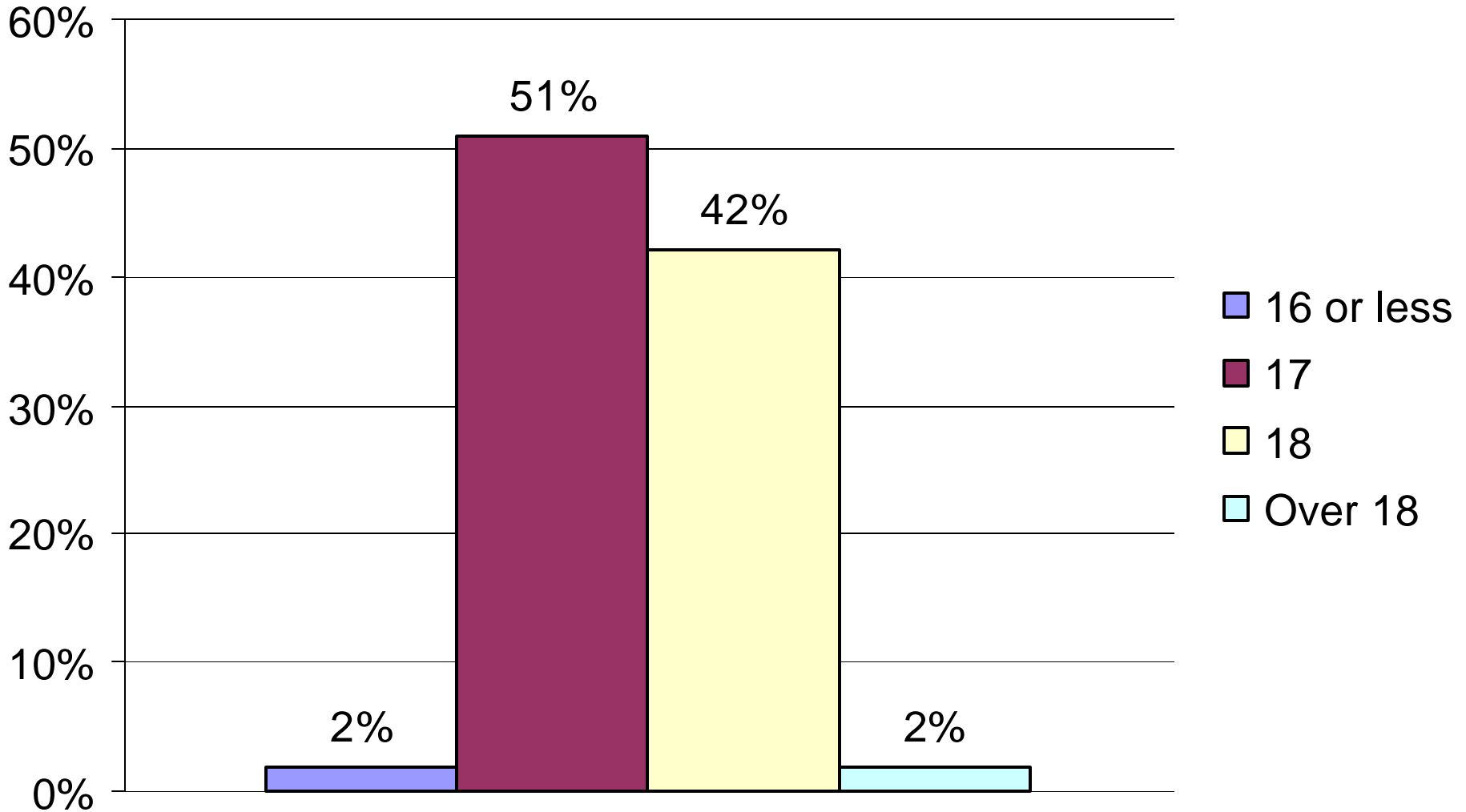
# Gender







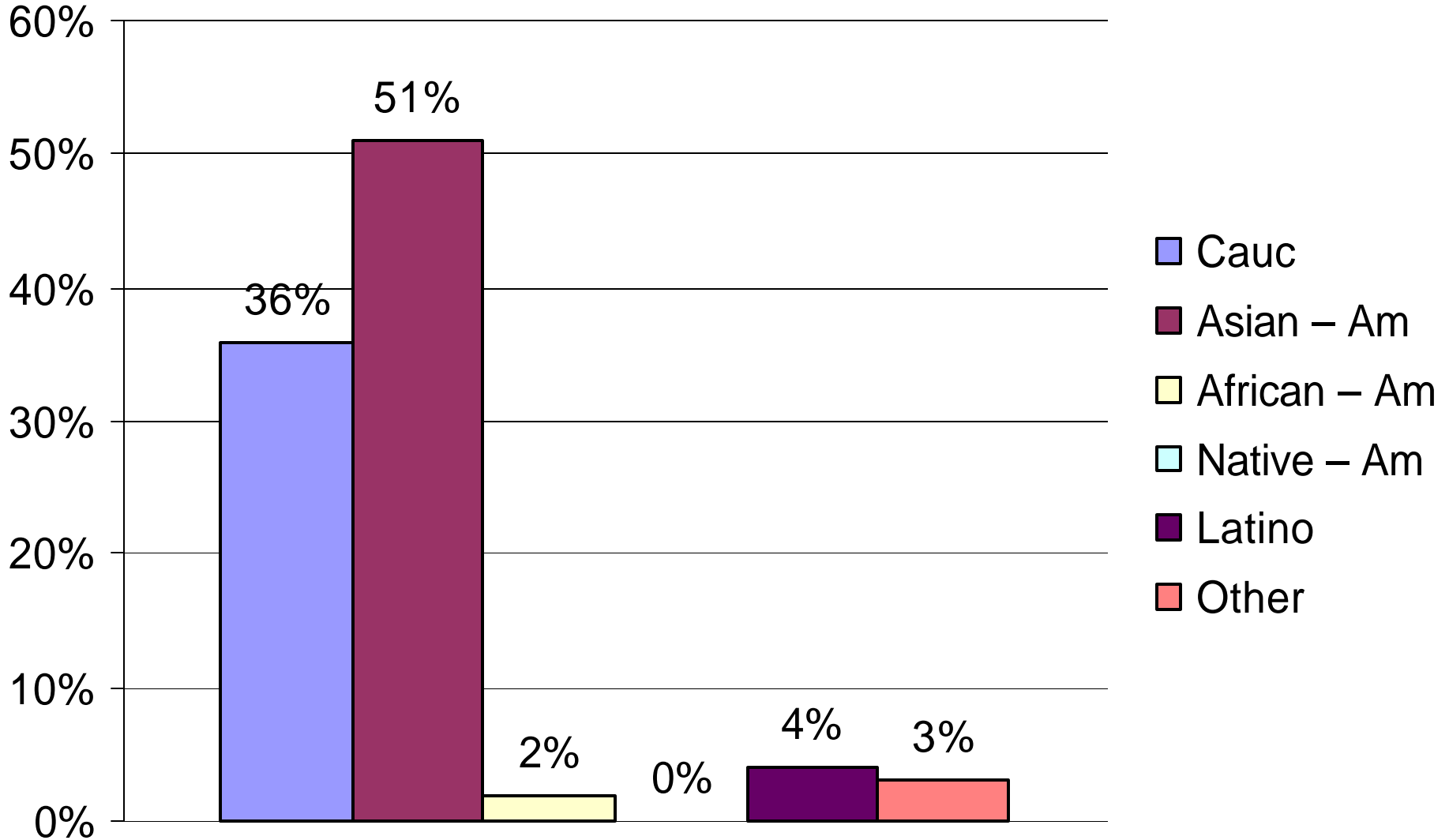
# Age





# Ethnicity

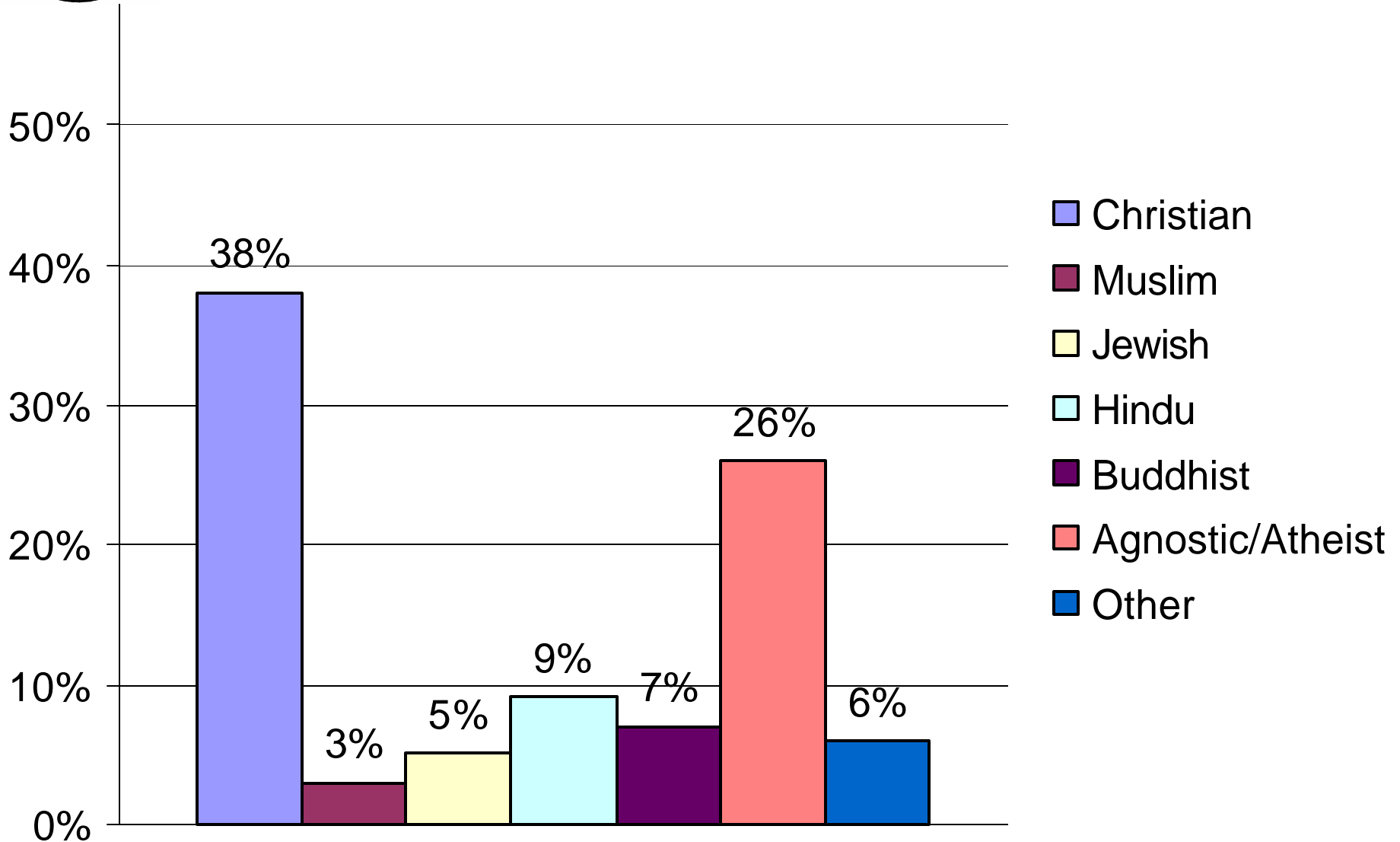
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# Religion

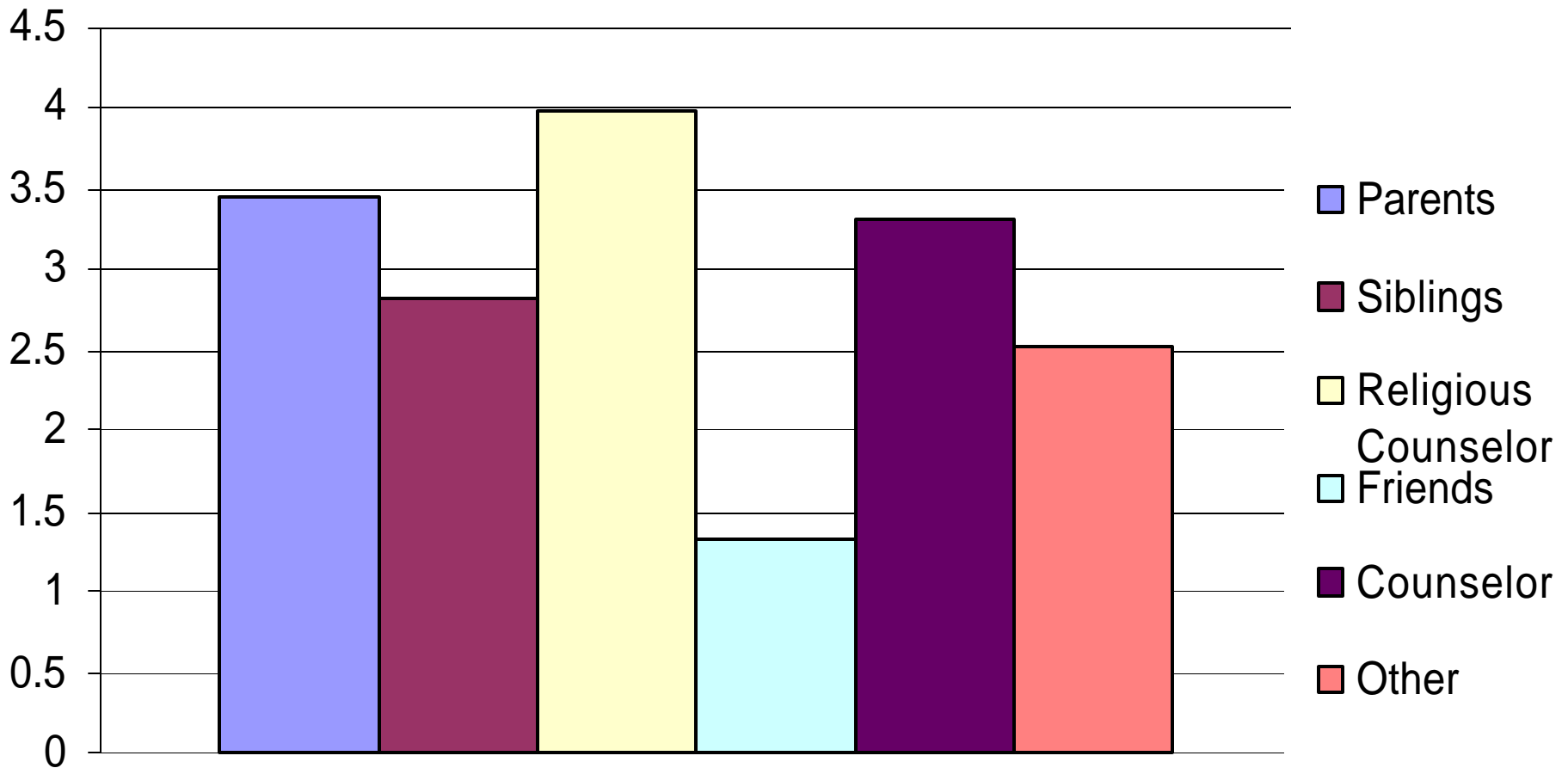
**CA15th SAC**





# CA15th SAC

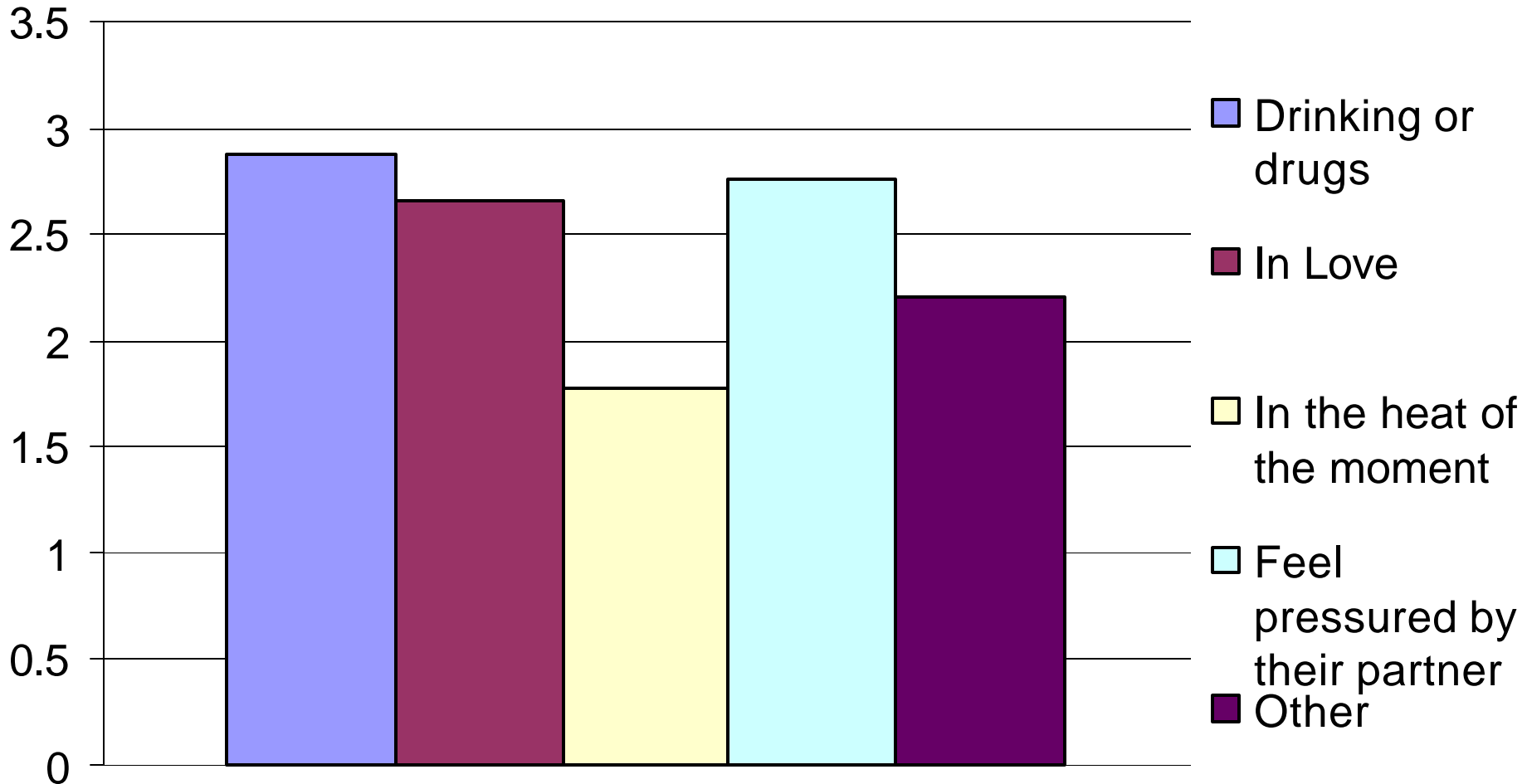
Who are you most comfortable talking to about sexual topics? (Rank 1 to 5, 1 being your first choice.)

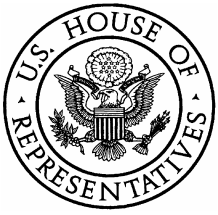




# CA15th SAC

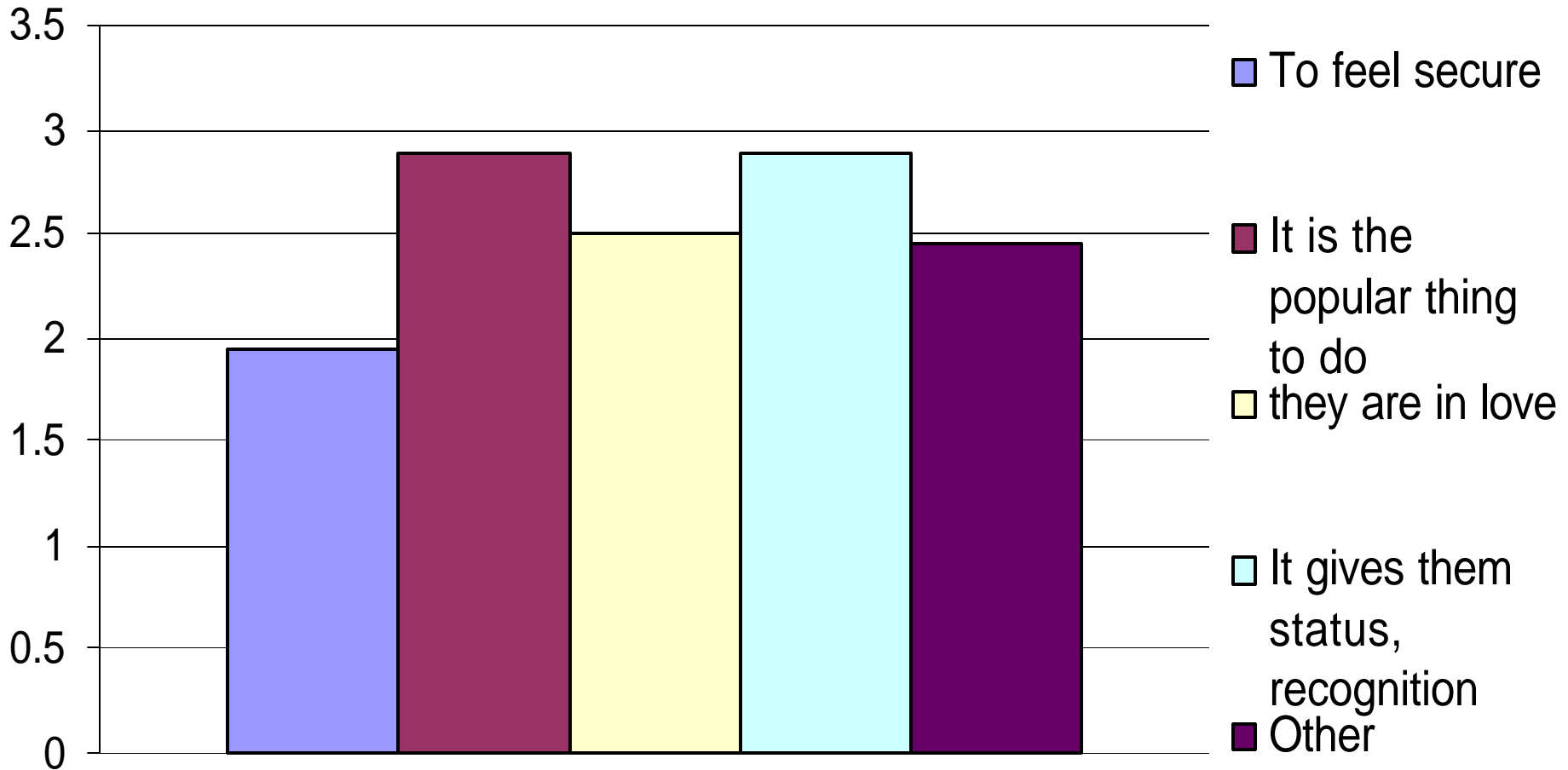
Most students become sexually active because they are ...  
(rank from 1 to 4, 1 being your first choice)





# CA15th SAC

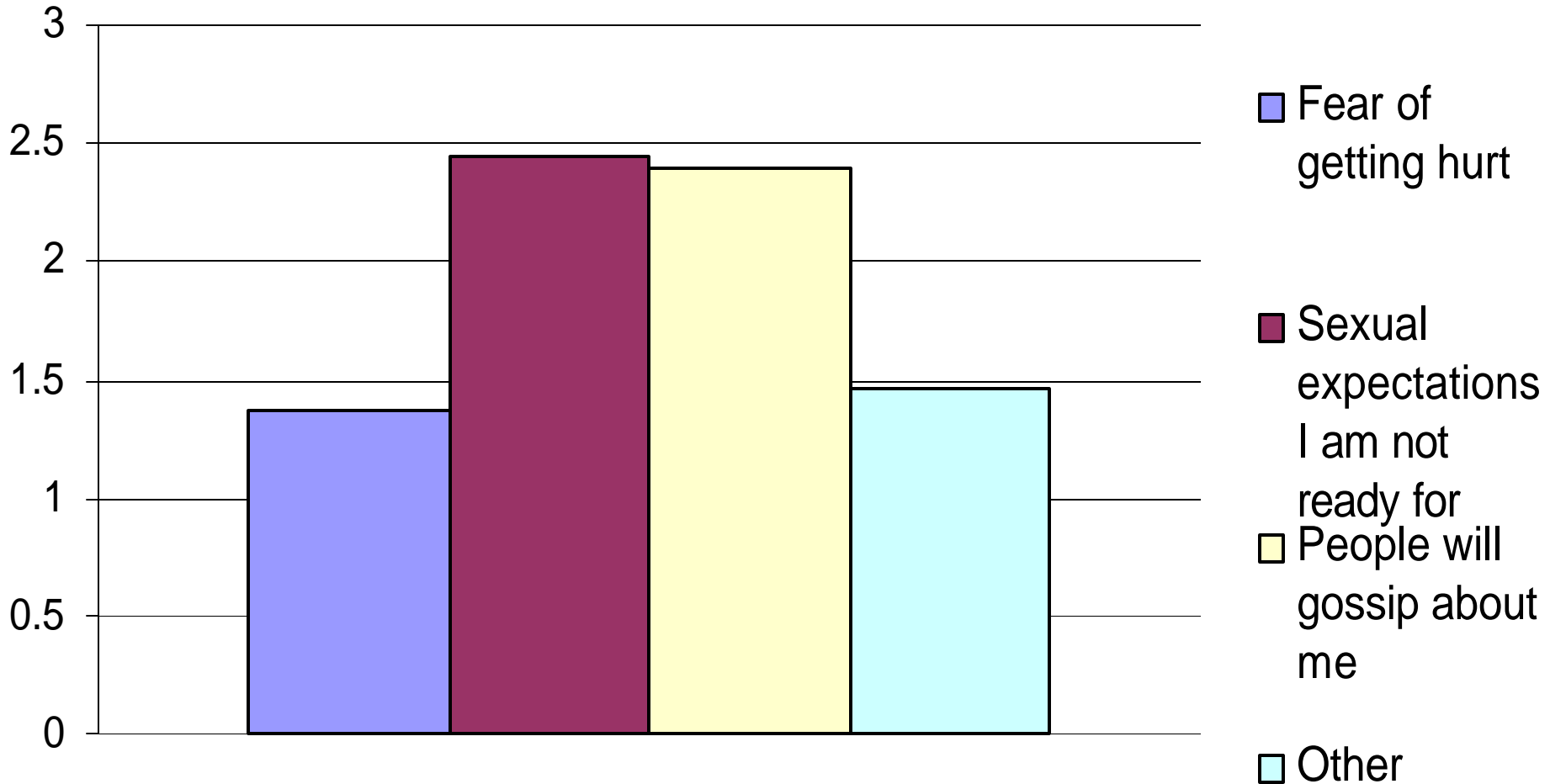
The reason most students get involved in a relationship is...  
(Rank from 1 to 5, 1 being your first choice)





# CA15th SAC

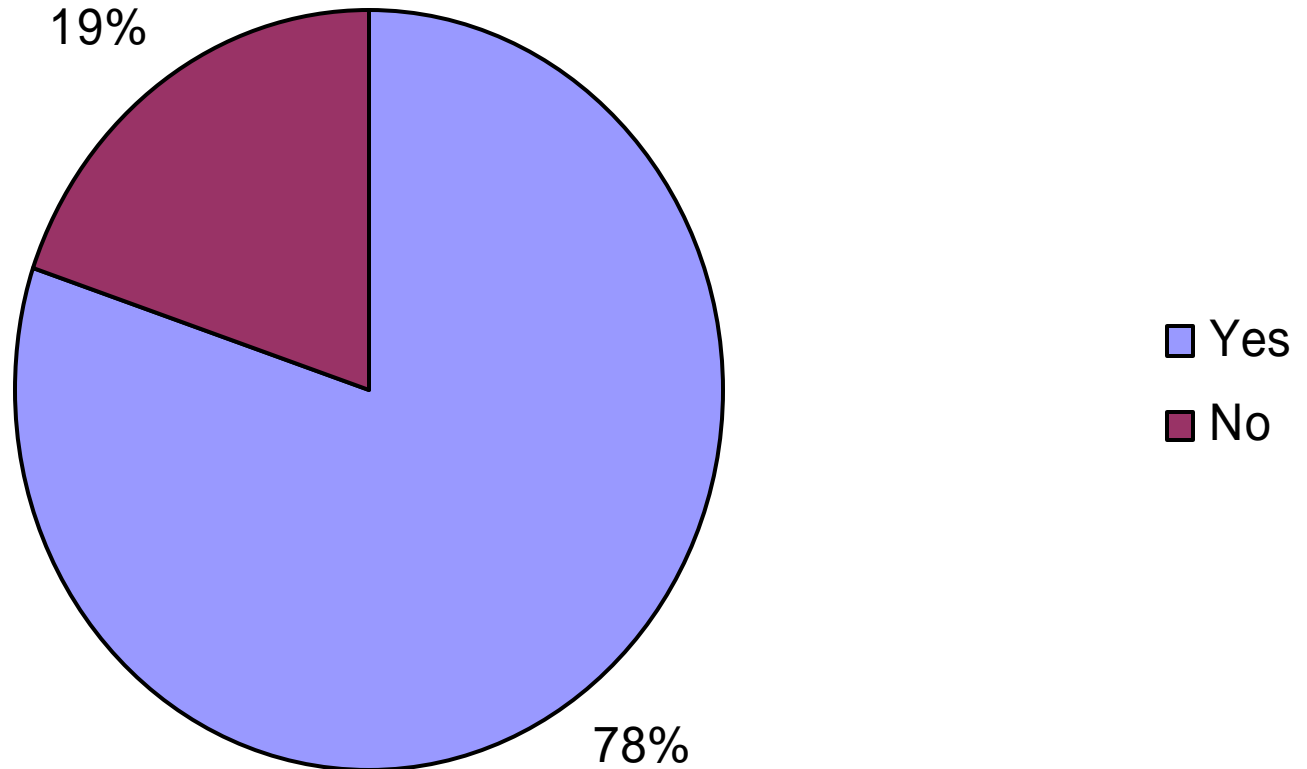
The reason I wouldn't want to be in a relationship is...  
(Rank from 1 to 3, 1 being your first choice)





## ***CA15th SAC***

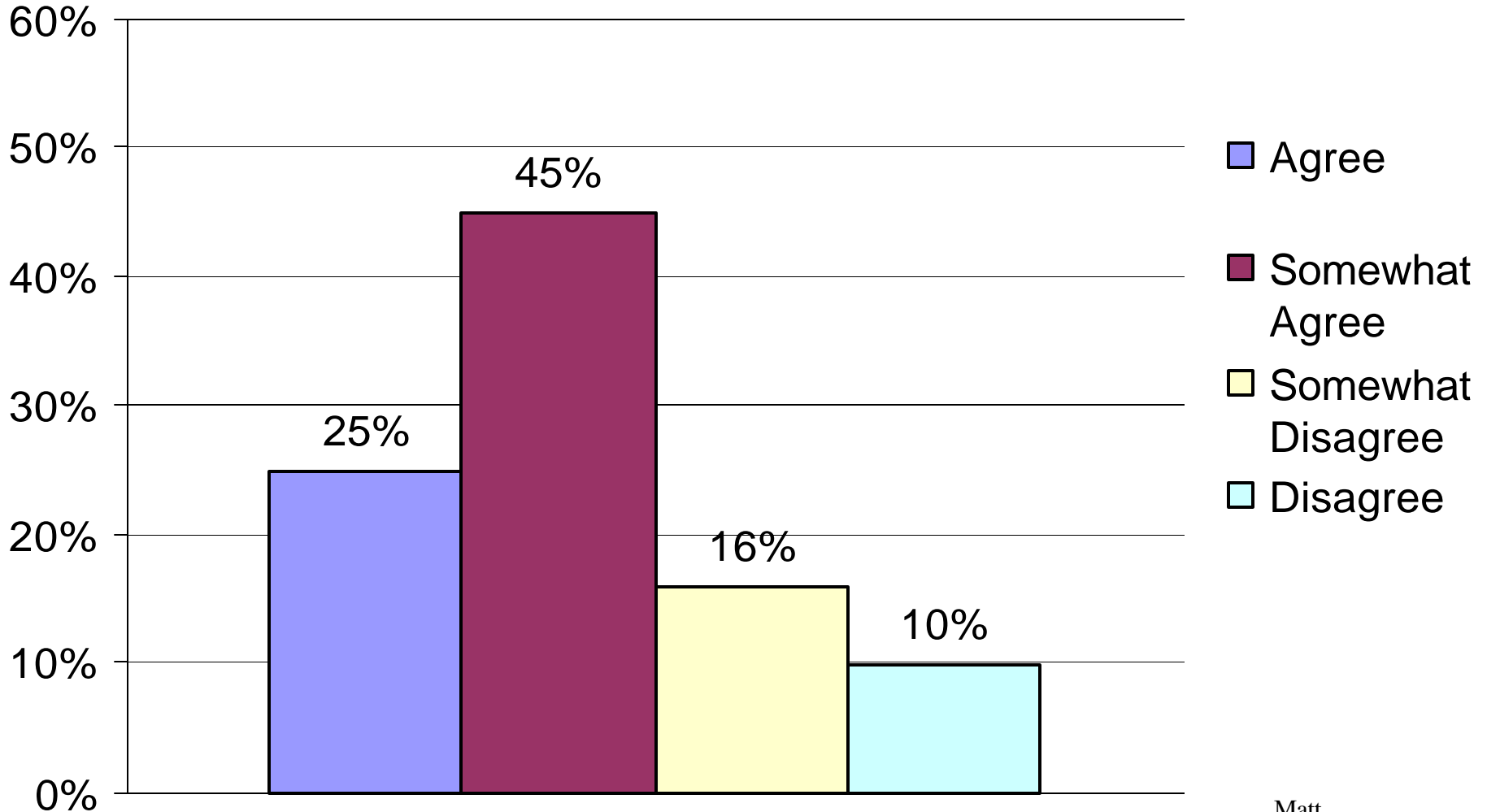
Do you feel that schools have a responsibility to education their students about sex?







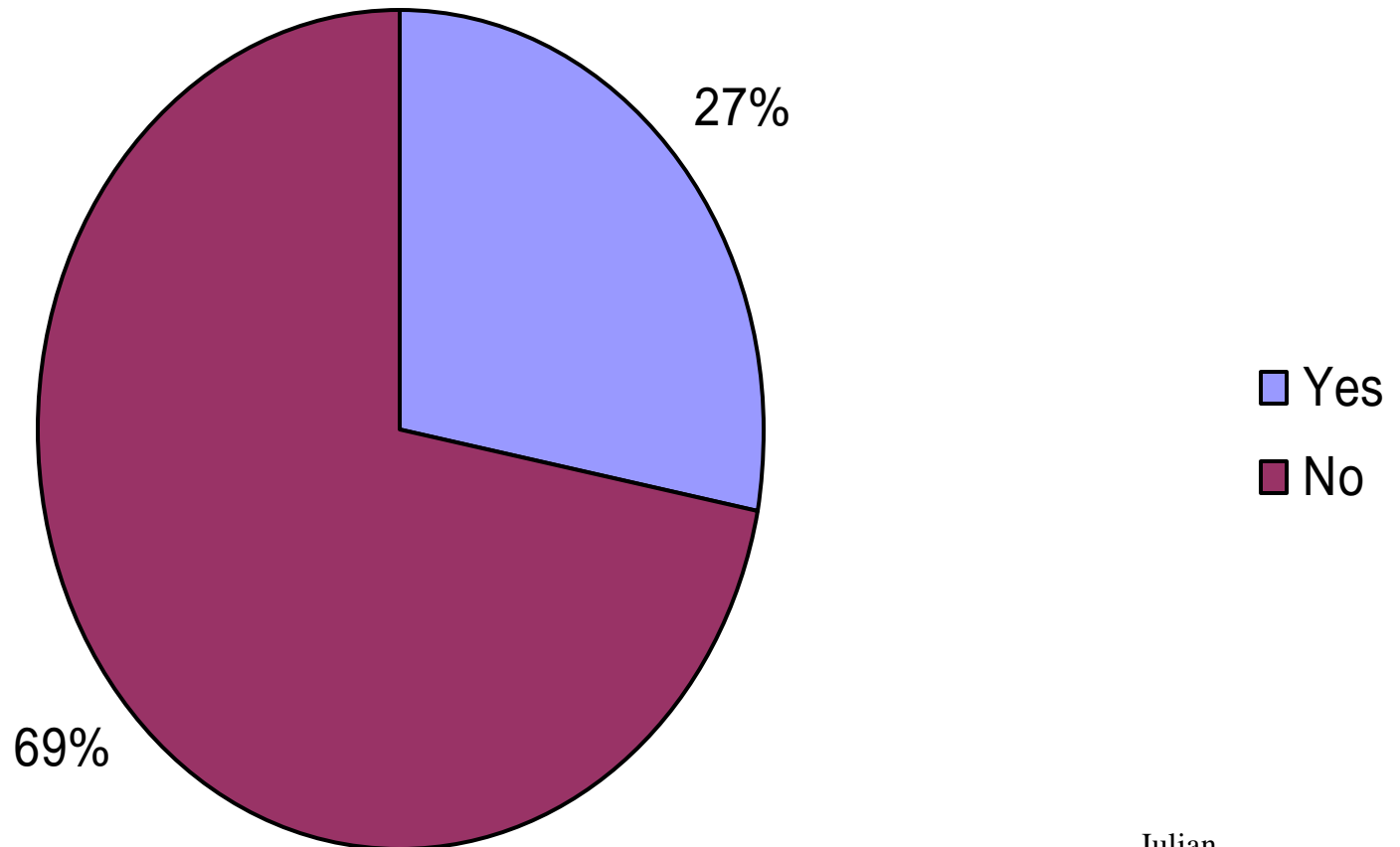
# Teaching teenagers about STDs does a lot in preventing teens from having sex.





## ***CA15th SAC***

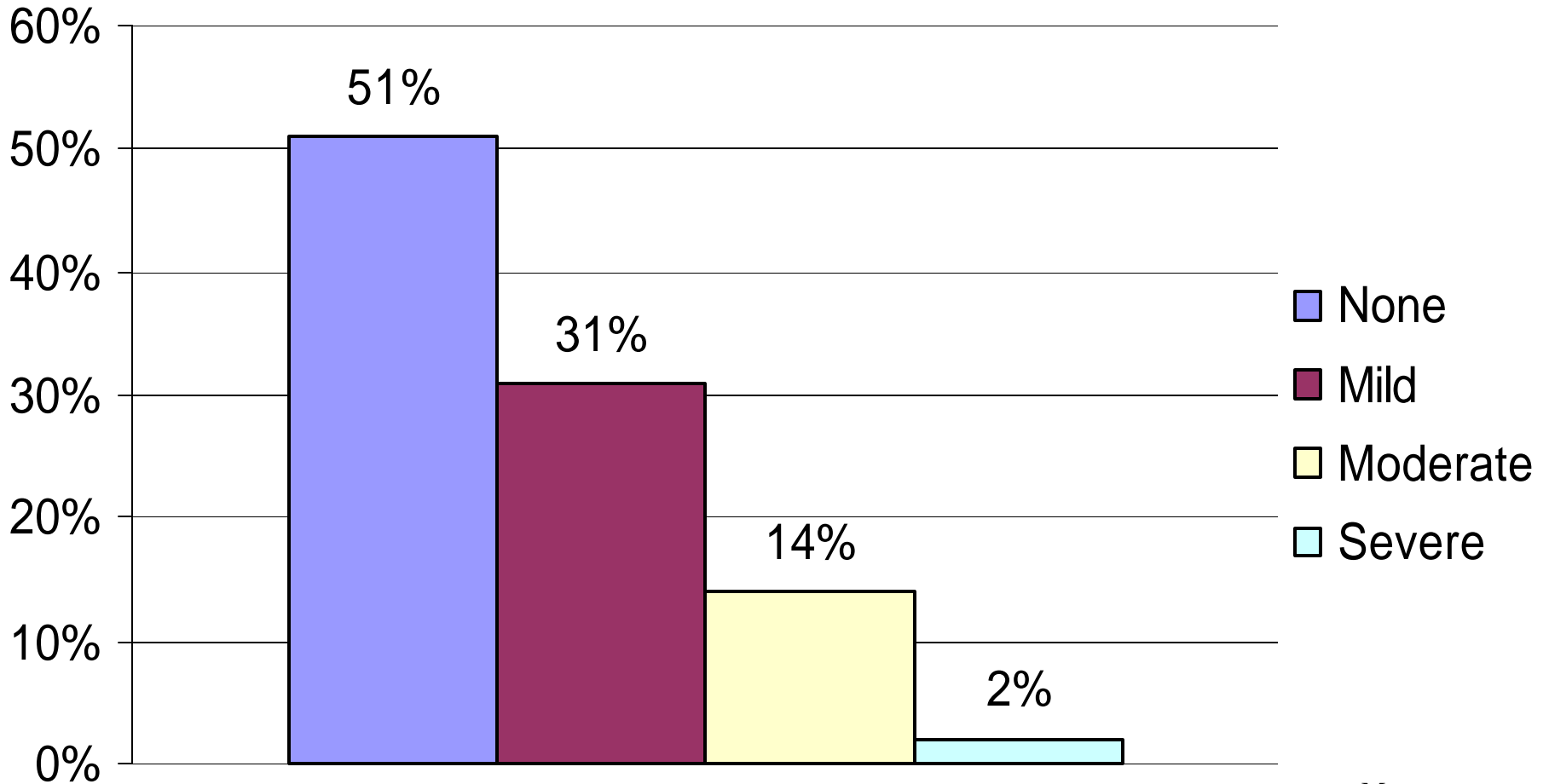
There have been times when I have regretted being involved in a sexual activity.





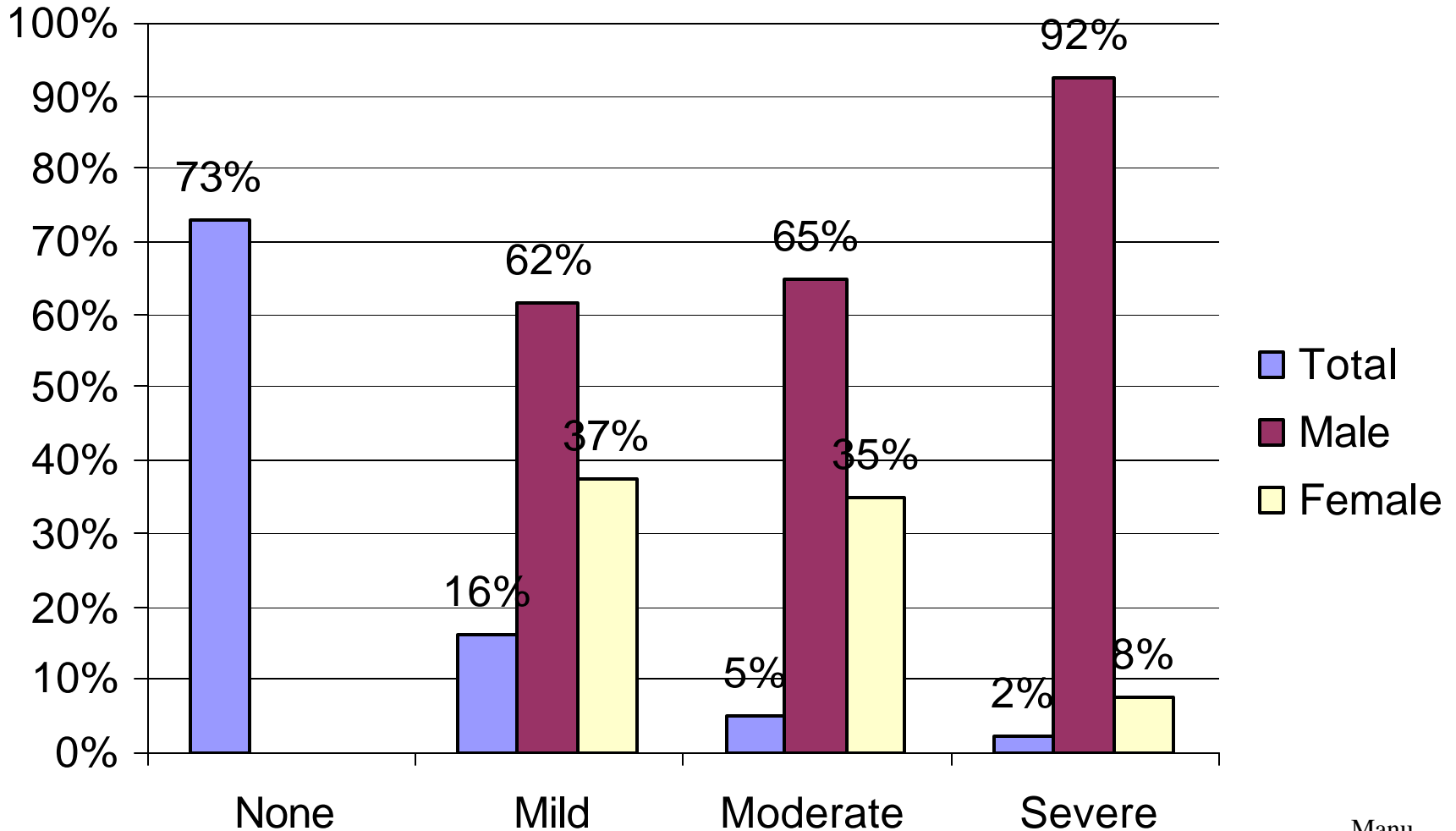
## CA15th SAC

How much pressure do you feel from your peers to engage in sexual activity?





# How much pressure do you place on your peers to engage in sexual activity?

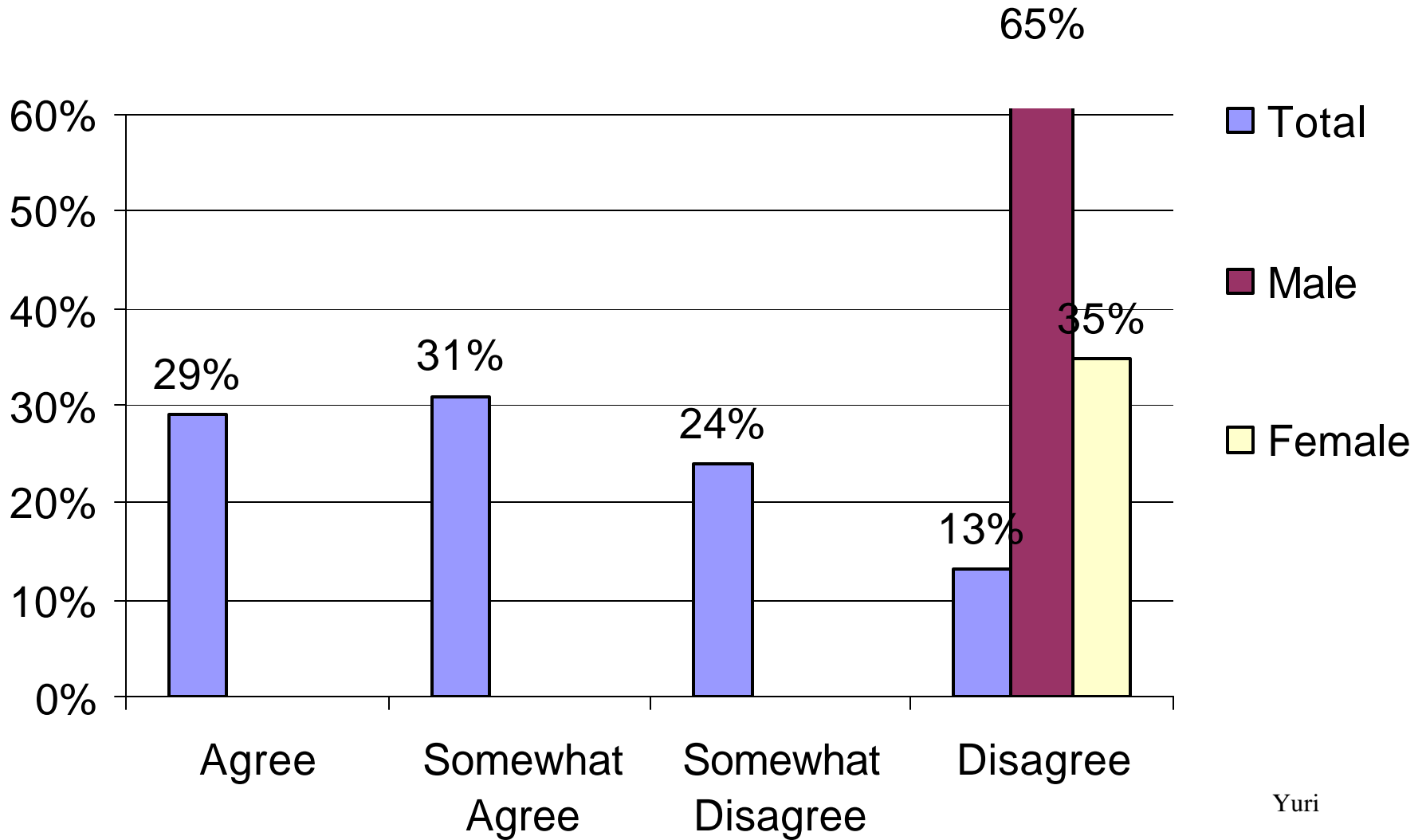


# Le Sofa de Amour



# CA15th SAC

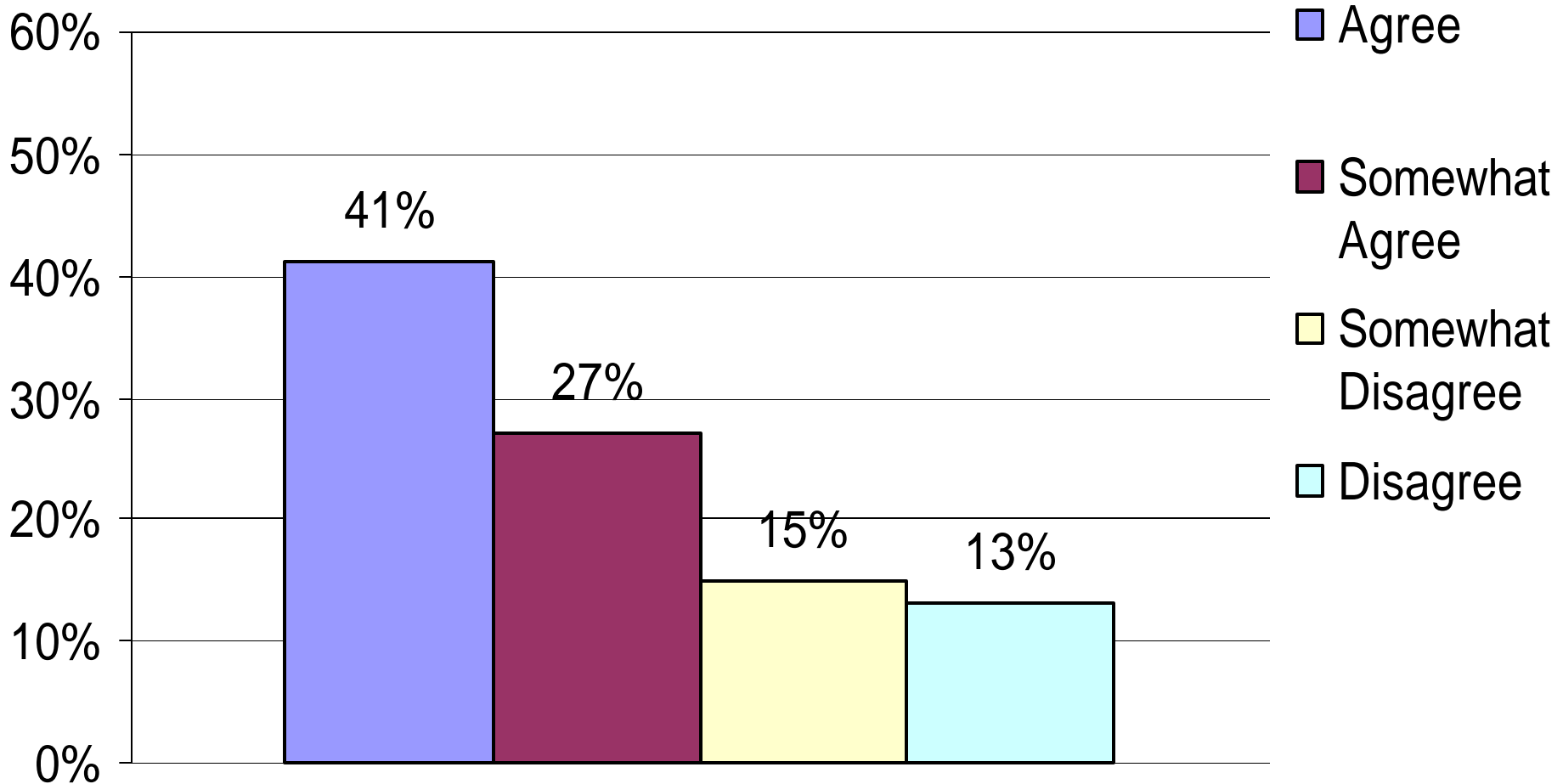
Having sex in high school is too early.

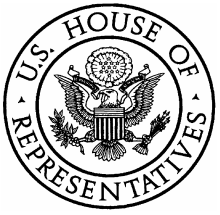




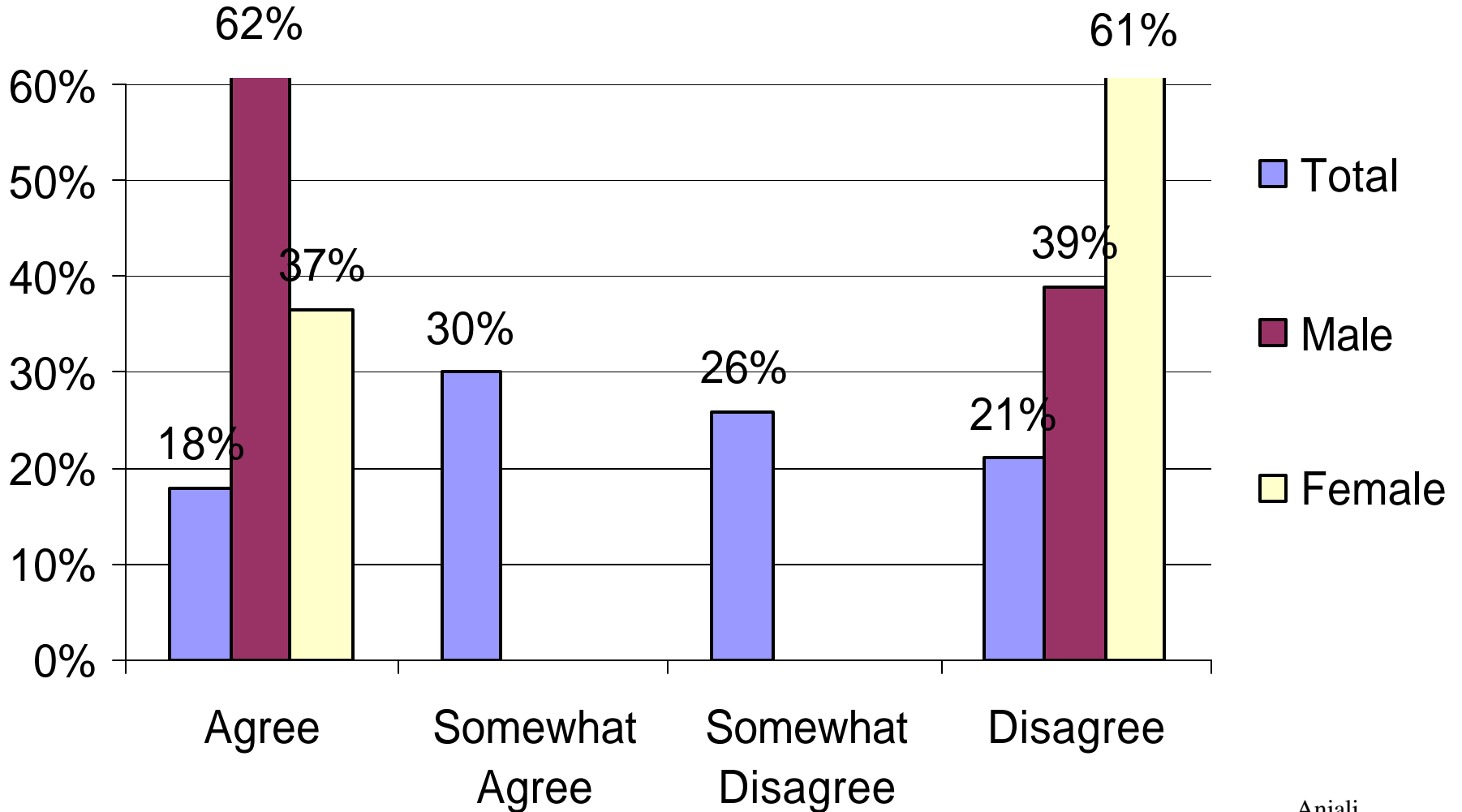
## CA15th SAC

Premarital sex is OK and should be neither discouraged nor encouraged.





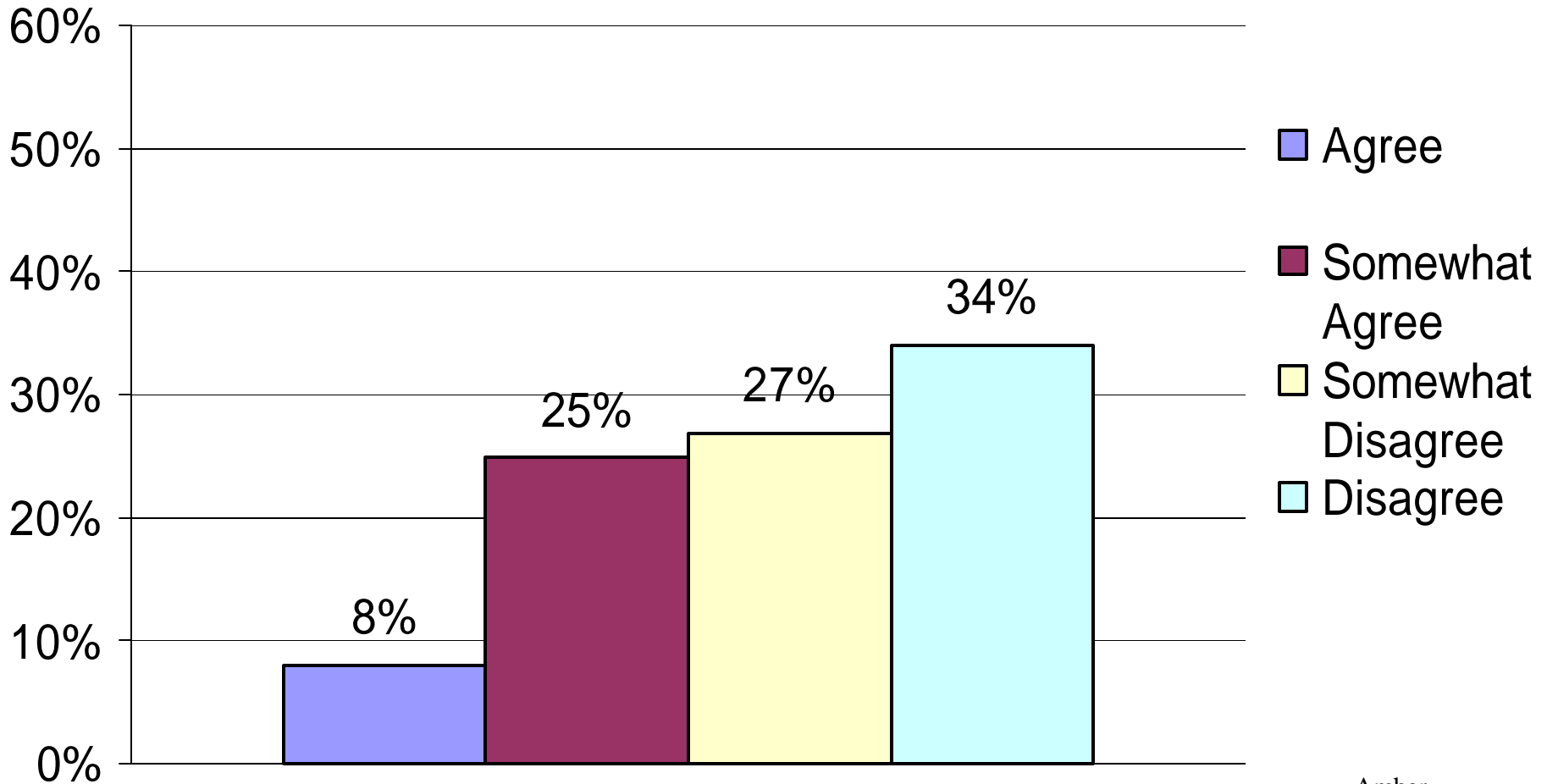
Sexual promiscuity in high school should not be shameful.





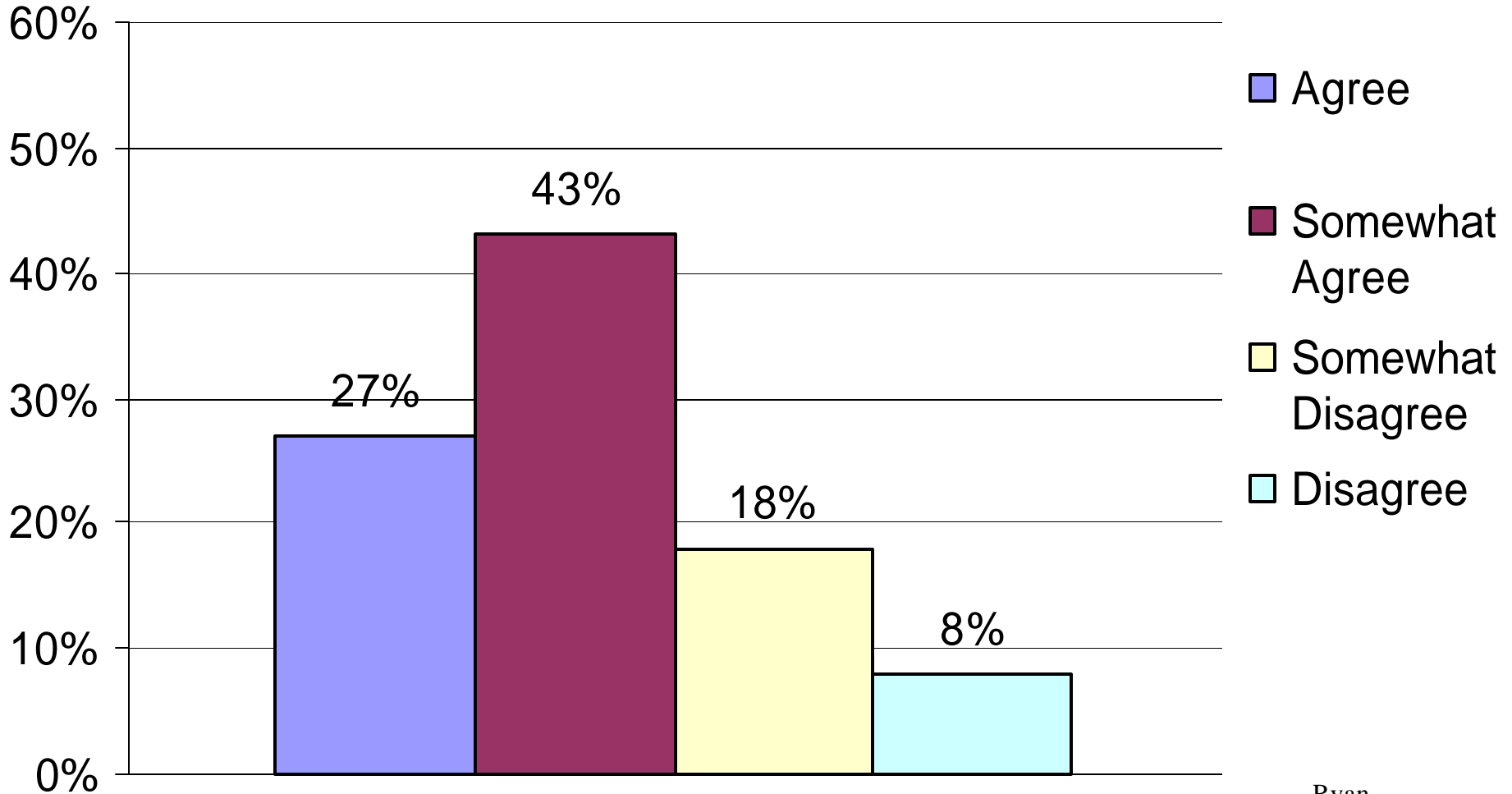


Sexual Activities on TV, radio and magazines accurately reflect sexual activity at my high school.



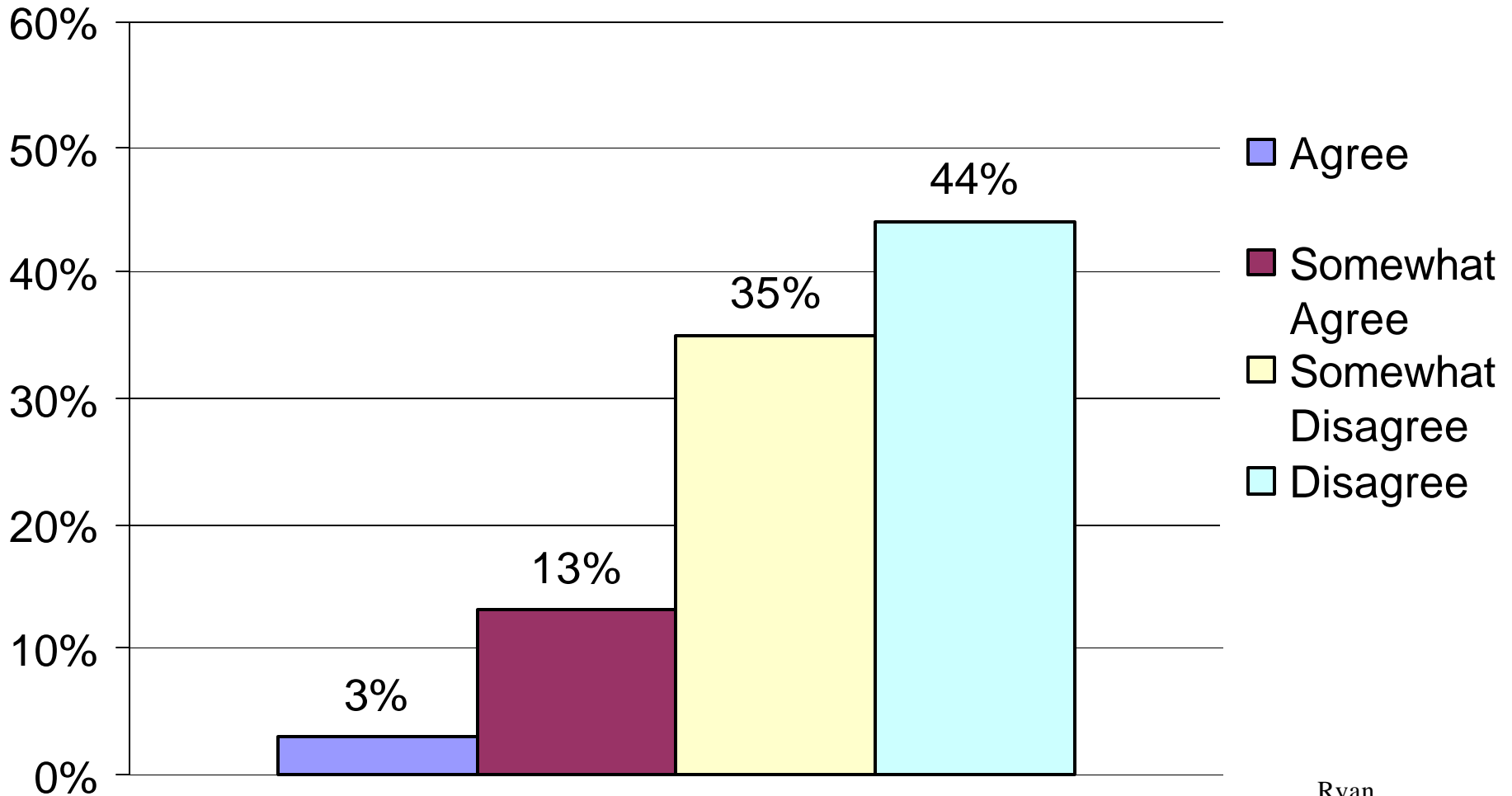


# Girls who have sex get a bad reputation (for sexual activity) at school.





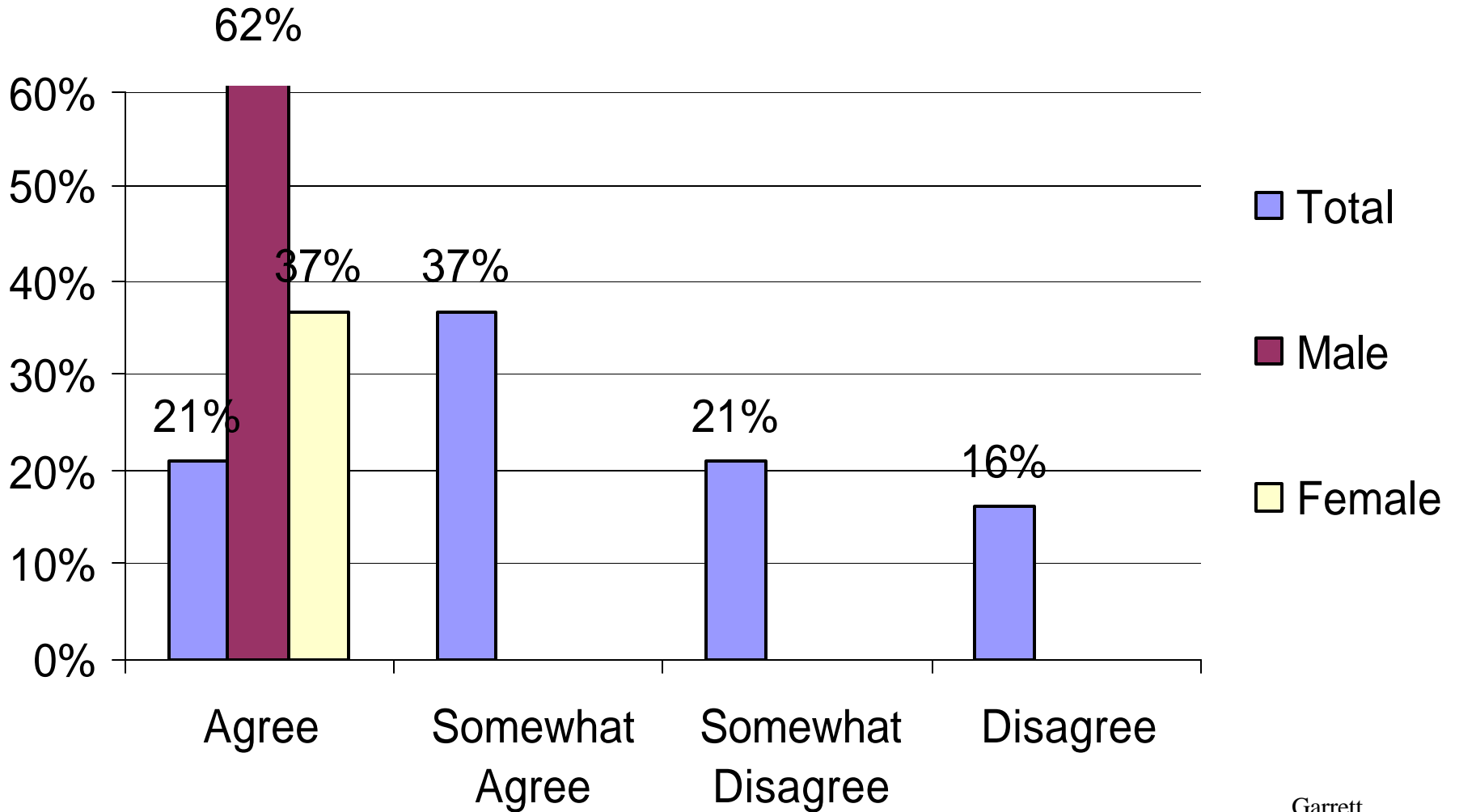
Boys who have sex get a bad reputation (for sexual activity) at school.



# Boyfriend Blabs



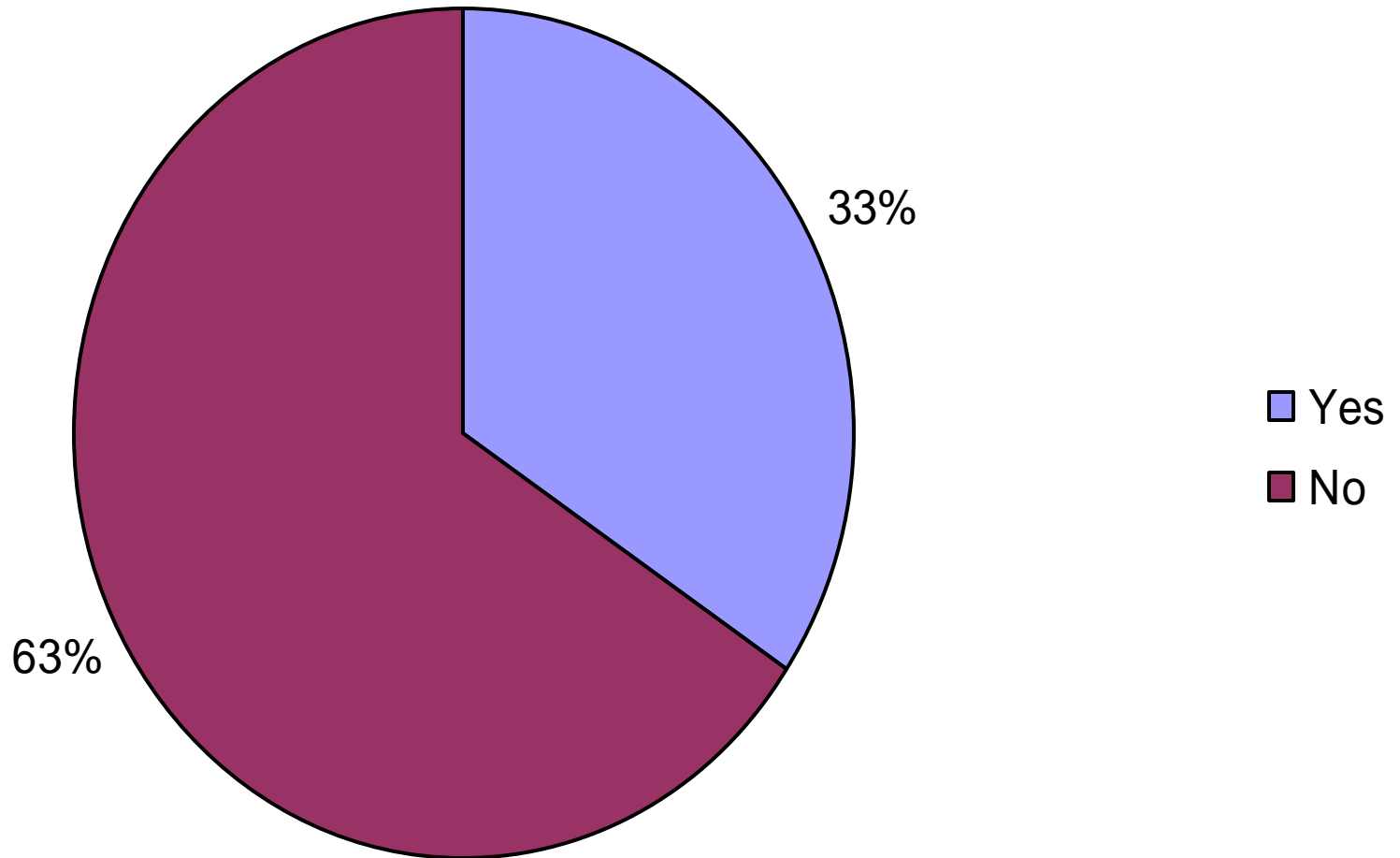
I would rather be in a relationship than be single.





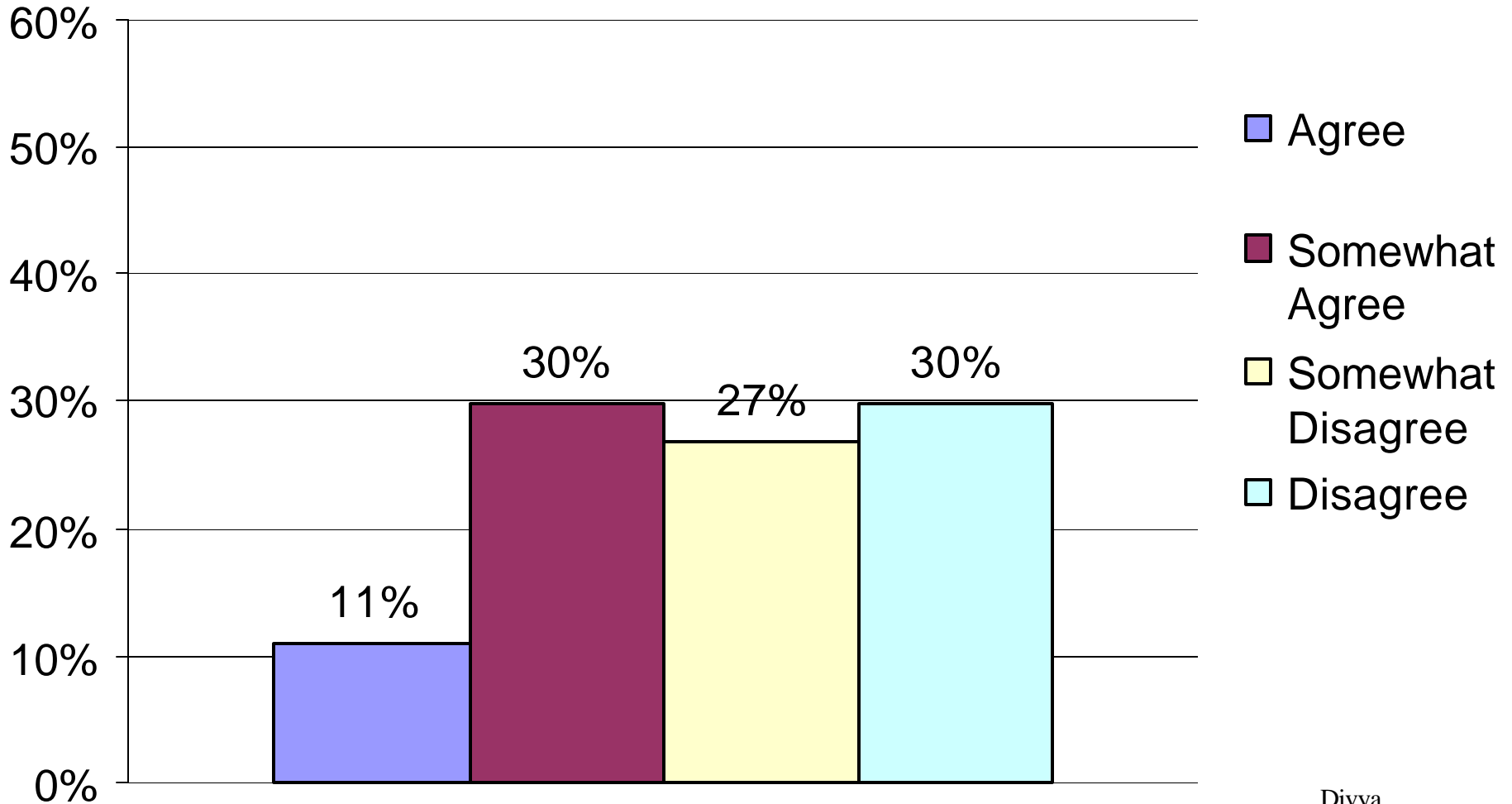
# CA15th SAC

Are you in a relationship currently?



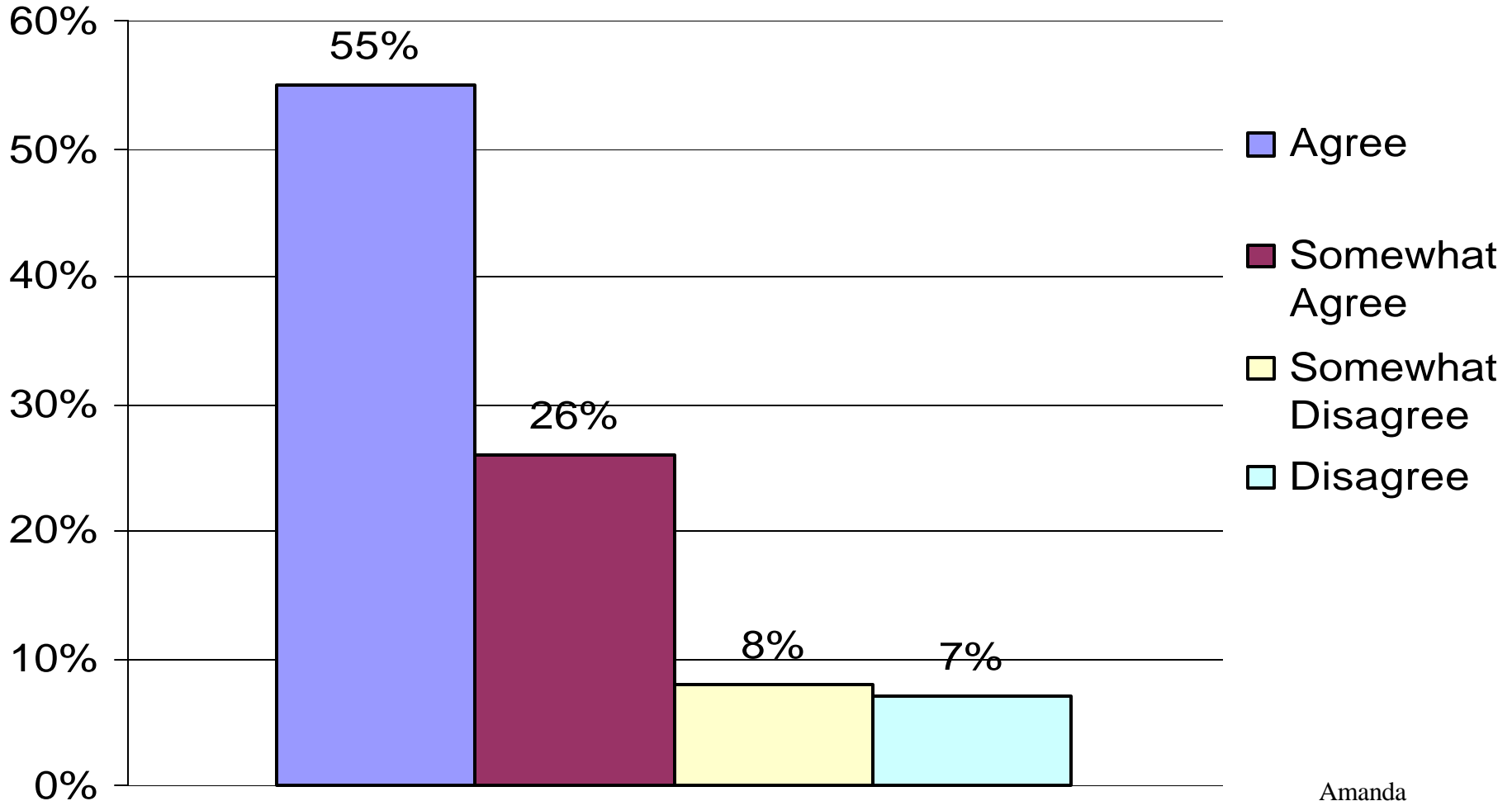


Being in a relationship means it is OK to have sex.





It is important to me to talk about sexual activities with my partner before they happen.

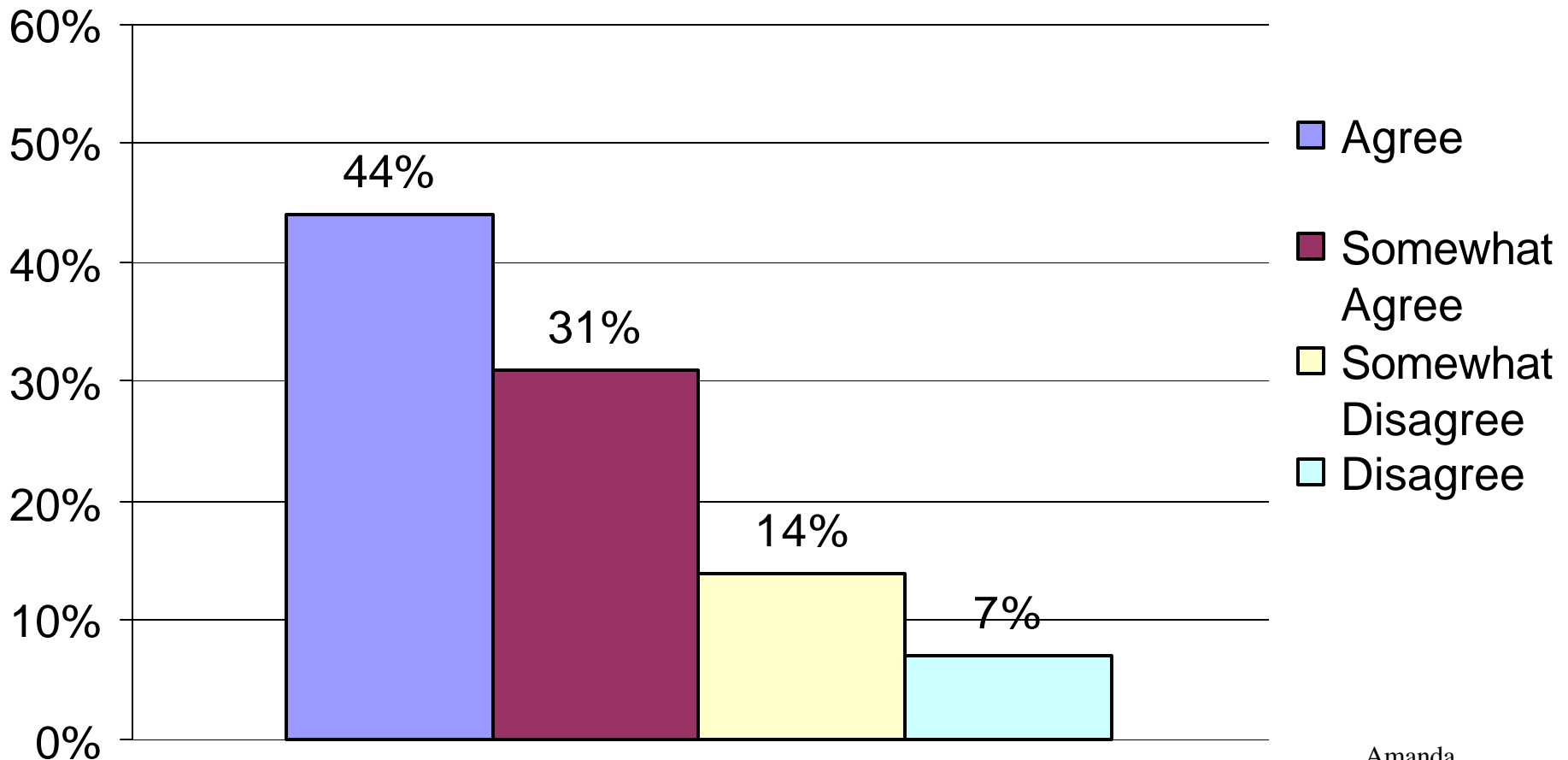






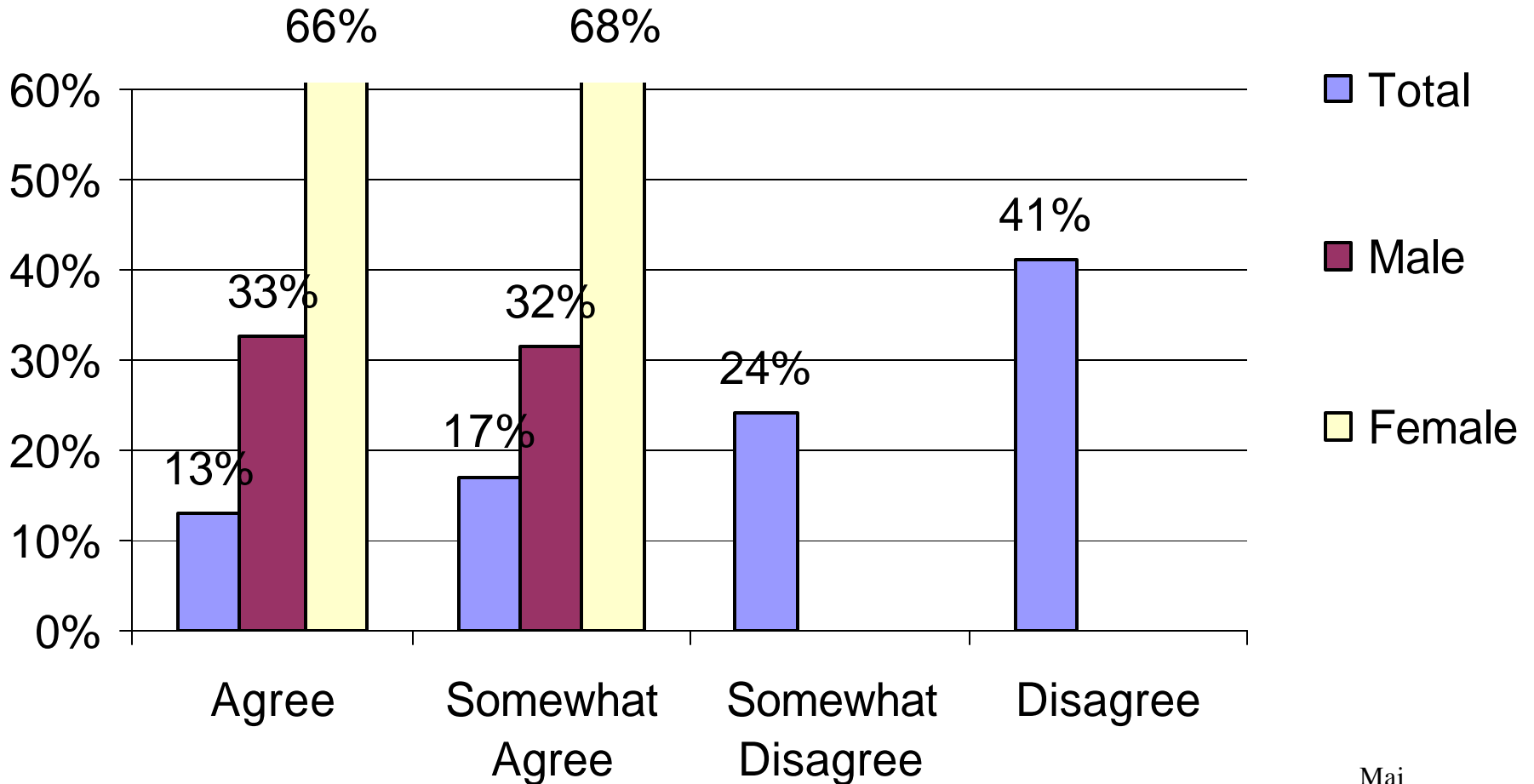
## CA15th SAC

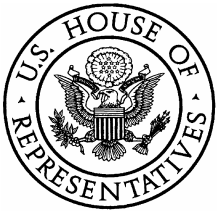
It is important to me to talk about past relationships/sexual history with my partner.



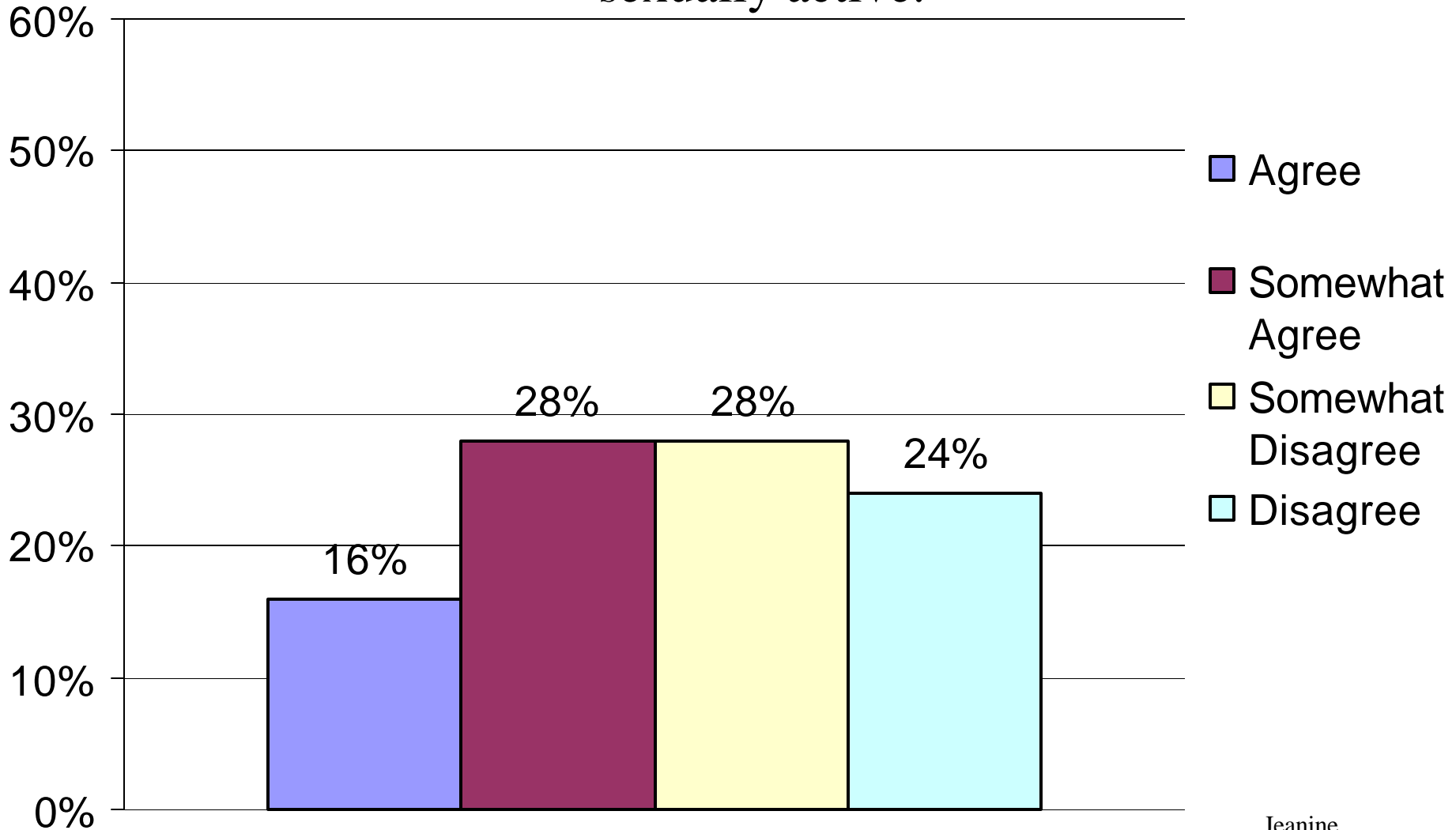


I worry about being pressured to go farther than I want to sexually.



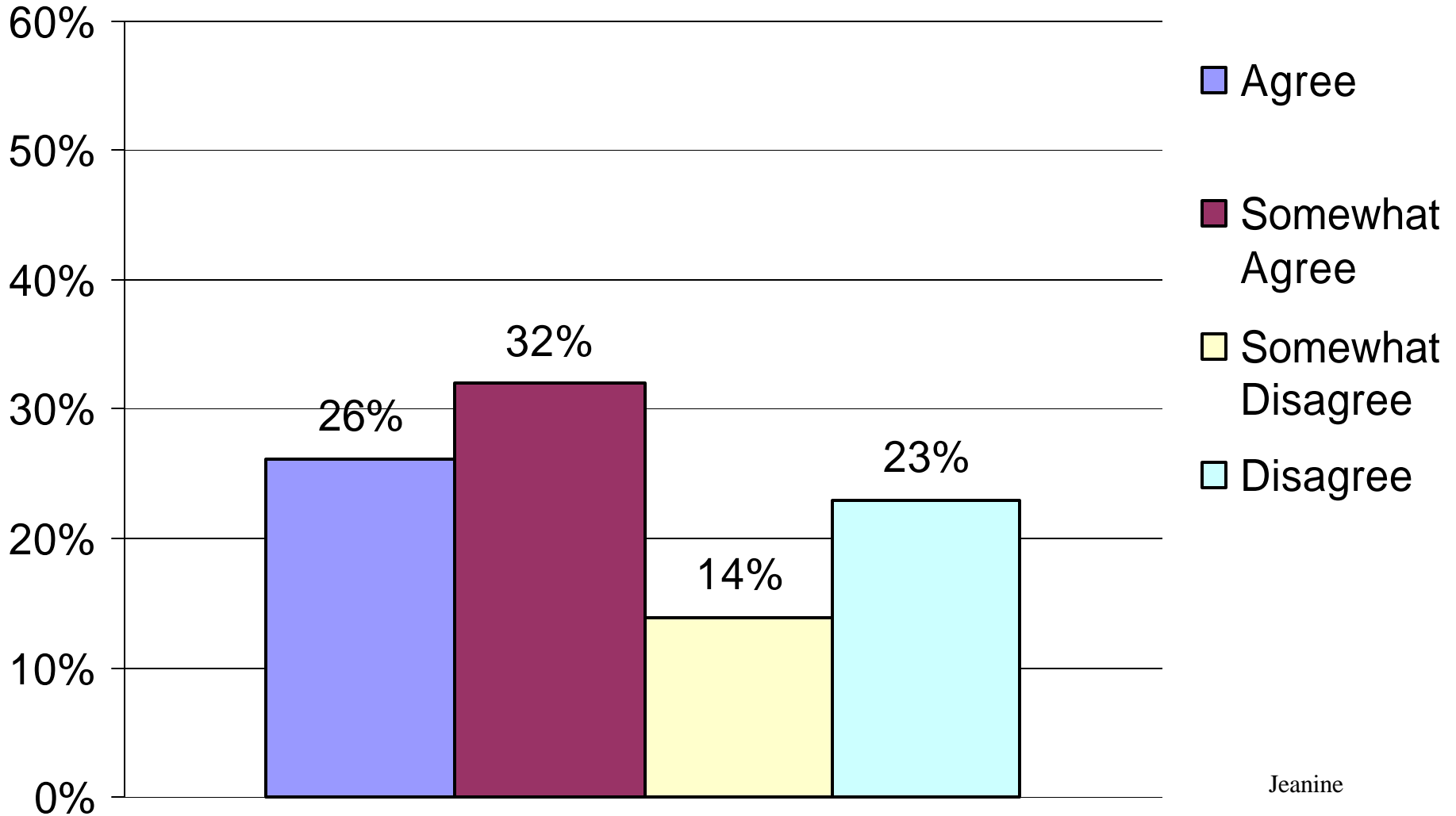


I would date someone who had a reputation for being sexually active.





My friends are sexually active.

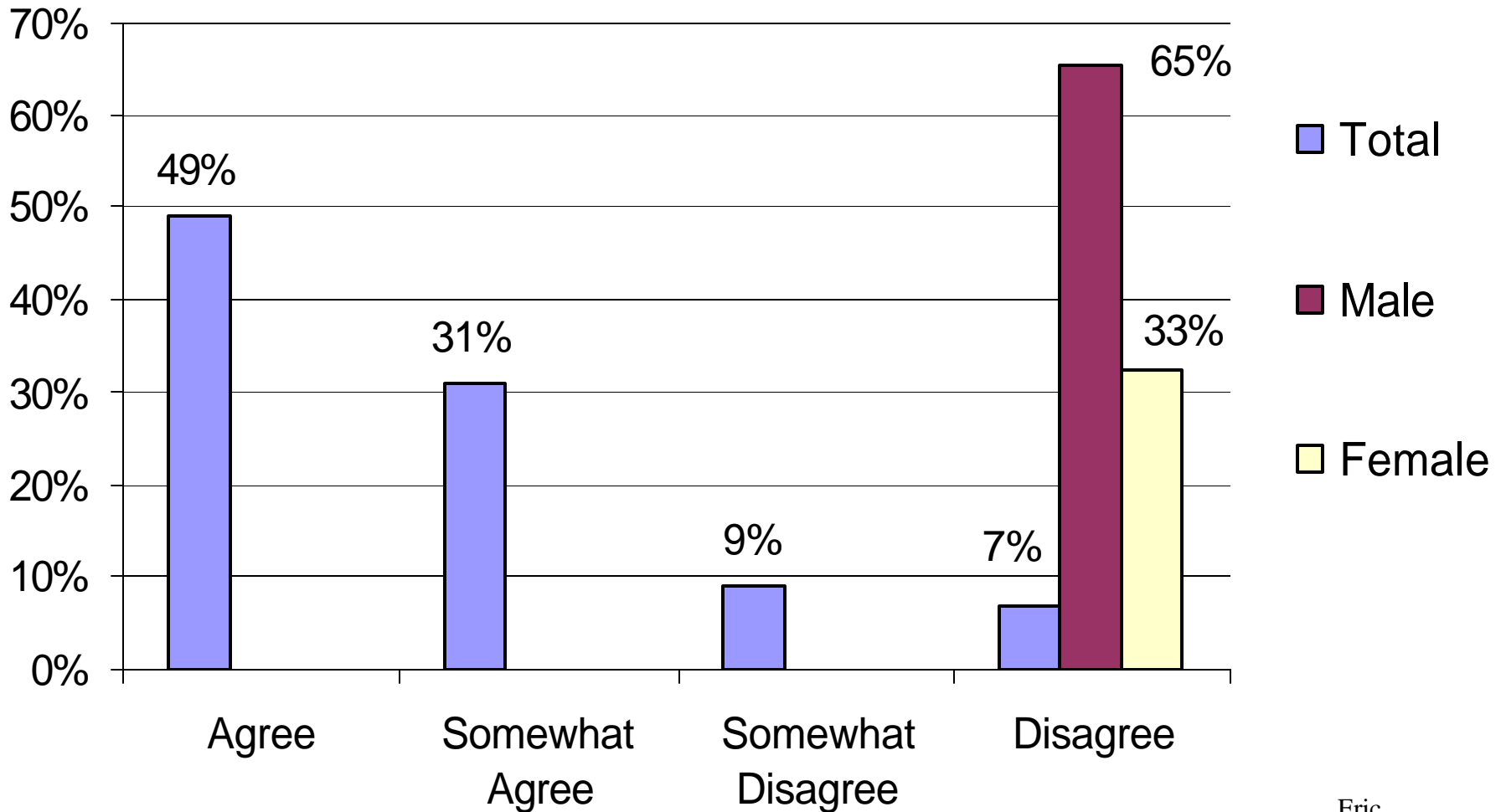


Fast Forward



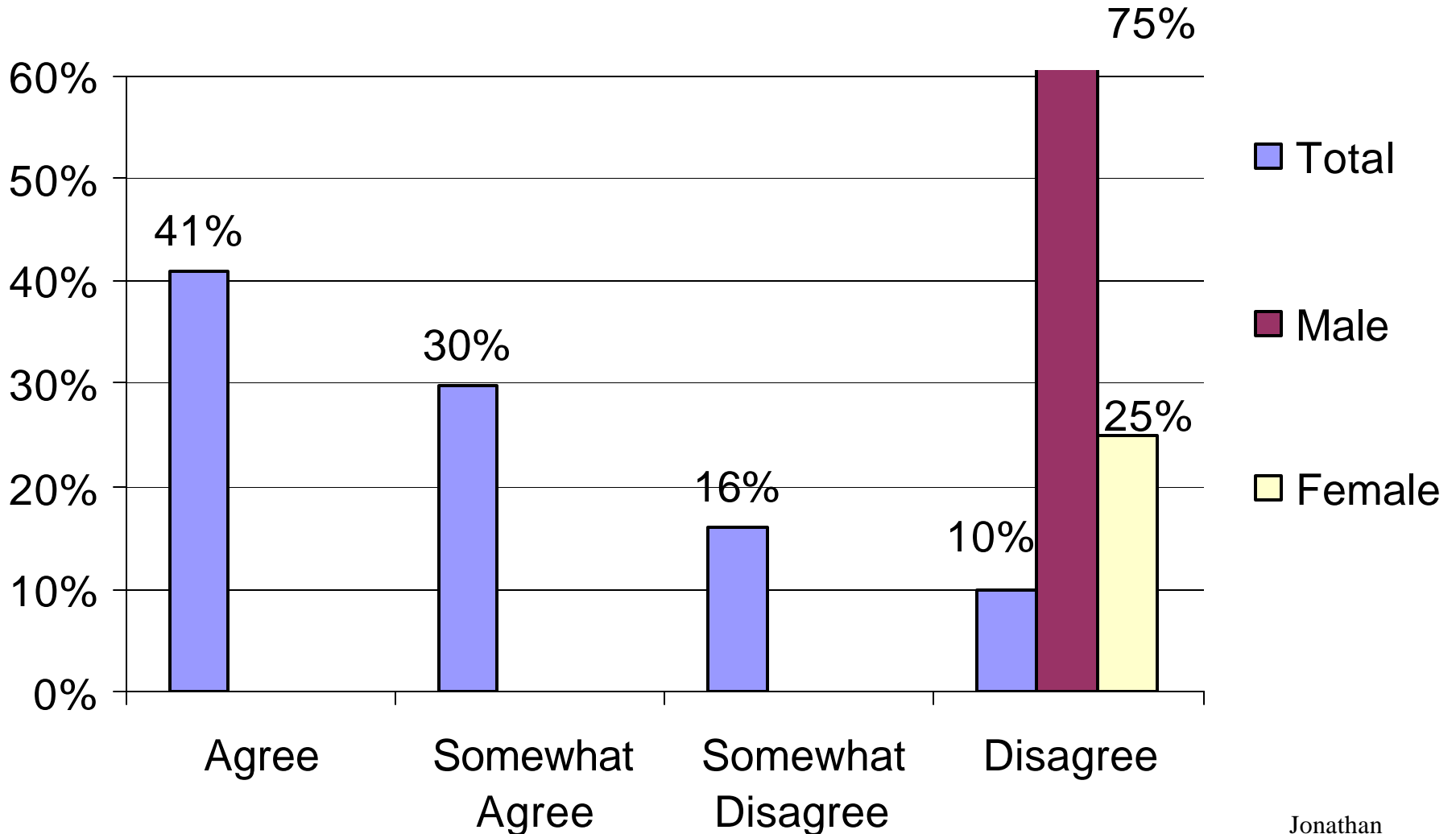
# CA15th SAC

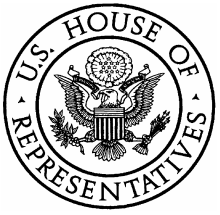
Engaging in sexual activity is emotionally risky.



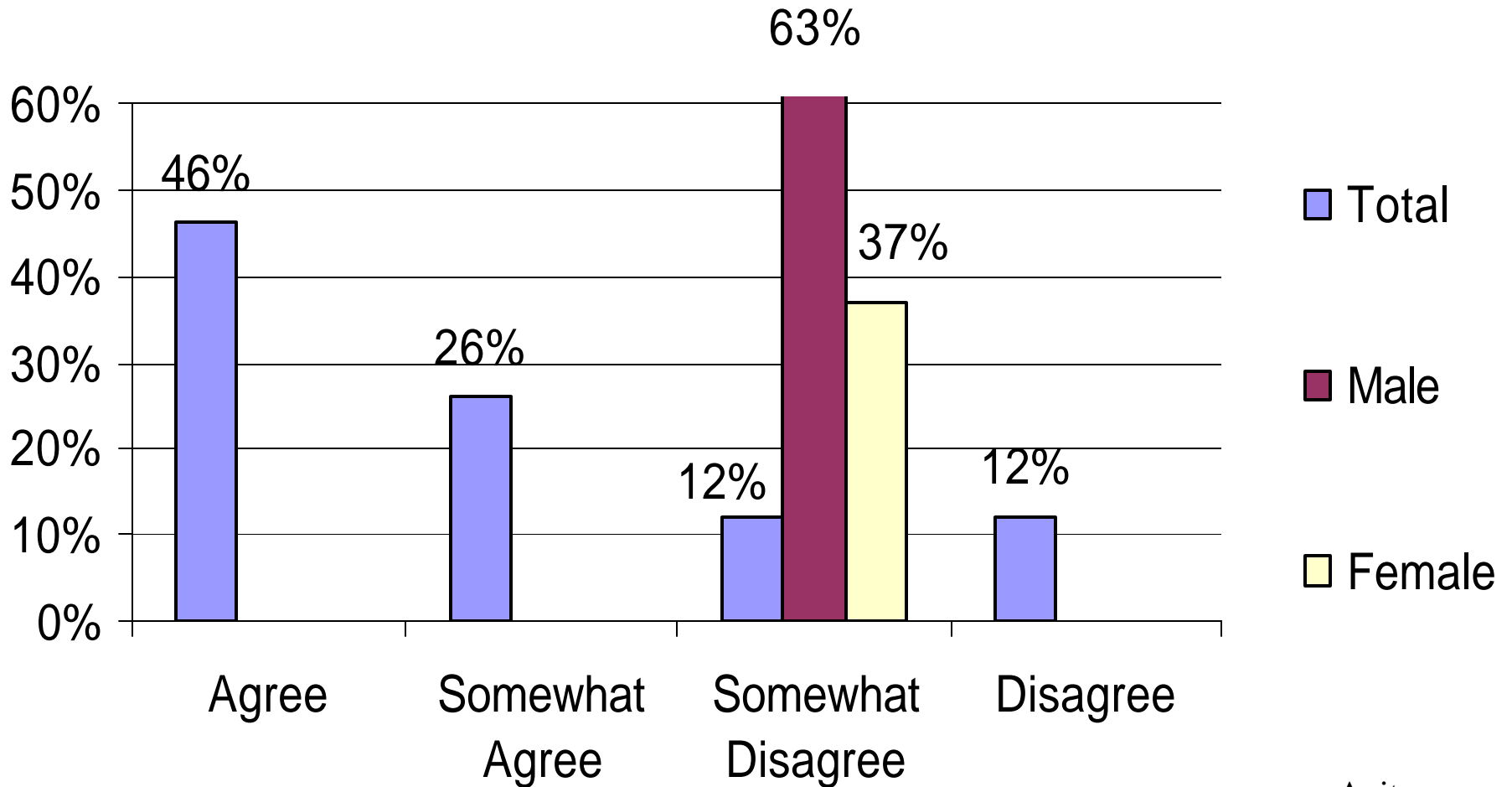


I would feel upset if I had sex and my partner talked about it with friends.





I would feel bad about myself if I had sex and then the relationship ended.

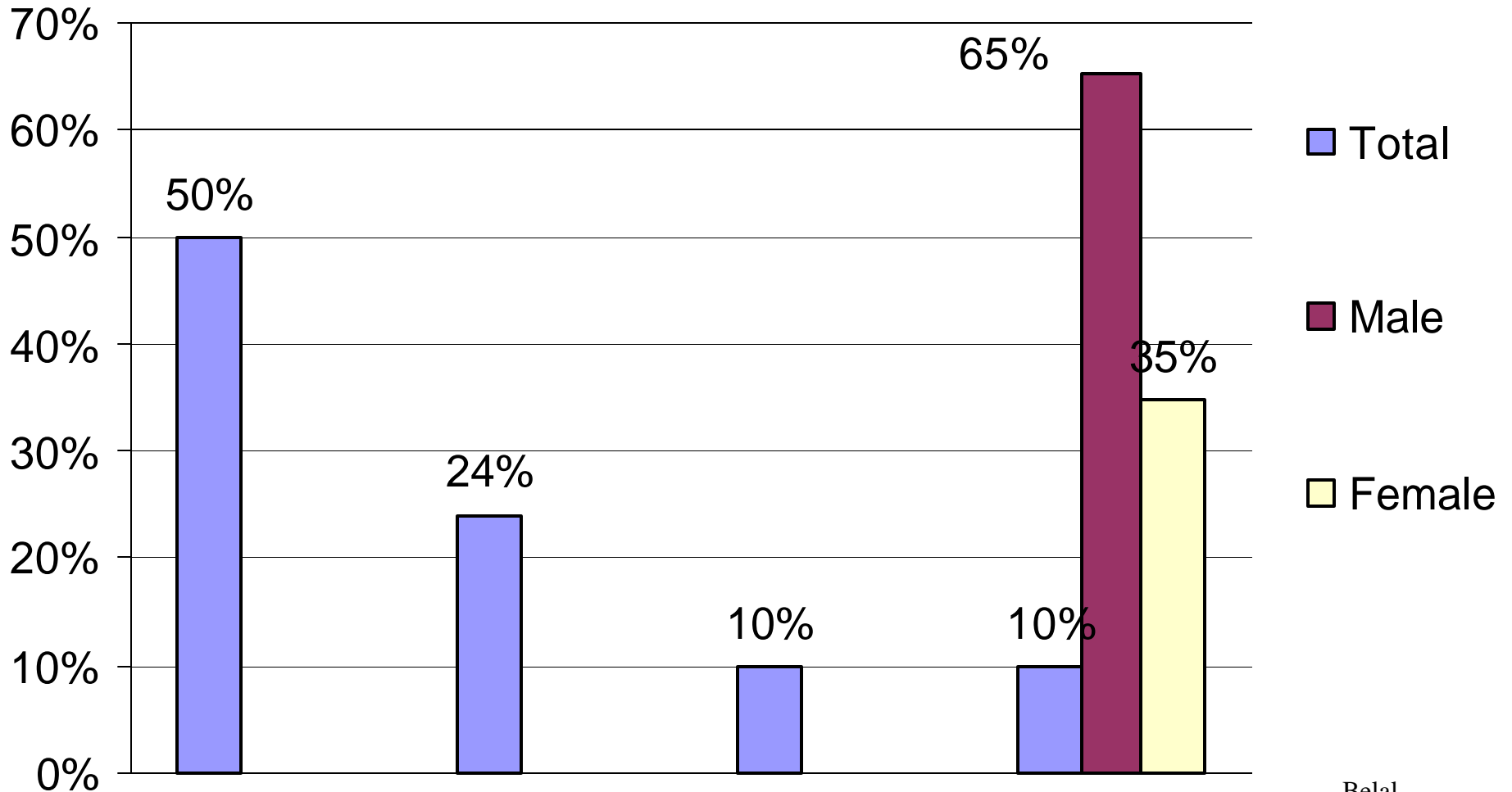






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For me to become sexually active, I would first need to be in love with the person.





## Call to Action

## ***CA15th SAC***

### **Government**

- Expand funding for current research to analyze and evaluate Bush's abstinence only program
- Promote teen sexual responsibility and awareness of the emotional consequences of sex much like anti-drug campaigns
- Possible subcommittee hearing in Congress to discuss what SAC found
- Working with State Legislators

### **Schools**

- Provide information on topics regarding sex
- Reevaluate the effectiveness of current sexual education programs to include the emotional consequences of sex
- Send representatives to School Board meetings
- Training or presentation during Teacher In Service Days
- Health class requirement extended to private schools
- School board reviews effectiveness of its programs on sex



# Call to Action: Cont'd **CA15th SAC**

## **Community**

- Break the silence about the emotional consequences
- Make information on the emotional consequences of sex more available
- Make sure teenagers feel heard
- Reexamine effectiveness of pledge programs
- Community forum to address questions on the issue

## **Parents**

- Be OPEN
- Know what resources are available for your children
- Understand your children's hormones
- Open discussion about emotions involved instead of blind eye

## **Media**

- Send letters signed by Michael Honda and SAC members to channels such as NBC, ABC encouraging reevaluation of portrayal of teens in primetime TV
- Have Rep. Honda and SAC students record a PSA