

**Pennsylvania 7<sup>th</sup> Congressional District  
Healthy Families Resource Fair**



**Hosted by  
Congressman Joe Sestak**

**Saturday, August 7, 2010**

**Upper Darby High School  
601 North Lansdowne Avenue  
Drexel Hill, PA 19026**



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## Save the Date

### 7th Congressional District Jobs Fair

September 1, 2010  
1 PM to 5 PM

McCall Meeting and Conference Center  
201 N. Lynn Blvd. Upper Darby, PA 19082

# From Congressman Joe Sestak

Dear Friends,

I am proud of the response this event has received. Over 80 exhibitors have gathered today to assist members of our district in addressing their health care concerns. I will continue to help connect my constituents with the services that are available to them, and hope that you find this to be an informative and useful event.

I ran for Congress to improve our health care system after my then 4-year-old daughter was diagnosed with brain cancer. Since assuming office, I have worked to provide all Americans with access to the same life-saving medical care my daughter received because of my U.S. military health insurance.

The passage of the Patient Protection and Affordable Care Act (PPACA) has already begun to bring significant improvements to the health insurance market for Pennsylvania's working families and seniors. This law ensures health care access for more than 94 percent of Americans including families, seniors who may have entered the "donut hole", early retirees, young adults, recent graduates, and those with pre-existing conditions. It begins to rein in the excessive costs of health care, making it more affordable for individuals, families, and those who already have coverage. This law also reduces the Federal deficit by \$143 billion over the next 10 years and by as much as \$1.2 trillion over the successive decade.

The health care reform law will also bring important relief to small businesses across Pennsylvania. It offers tax credits to assist small businesses in providing health care for their employees. Beginning in 2014, these credits will cover up to half of a small business's contributions towards premiums. This year, more than 90% of small businesses in Pennsylvania will be eligible for these tax credits. Additionally, starting in 2014, small businesses will be able to purchase insurance for their employees through a simplified health coverage marketplace. This state-based exchange will allow Pennsylvania's small businesses to pool their employees together, giving small businesses more leverage in negotiating coverage and decreasing administrative costs.

PPACA will also significantly benefit seniors by lowering prescription drug costs, extending the fiscal solvency of Medicare, and providing preventive screenings for seniors with no co-pays or deductibles.

The goal of this event is to inform our community about changes that are already and soon will be, occurring from the passage of health care reform and provide an opportunity for questions and concerns to be addressed directly by dozens of local providers and health benefit experts. By bringing together local, state and federal agencies, small businesses, non-profit organizations, and individuals, members of our District will be better equipped to face their health care situations ahead.

In closing, let me thank attendees, exhibiting organizations, and Upper Darby High School for participating in this fair, and for your continued commitment to our District and this great Nation. It is my honor to serve as your Representative.

Warmly,



Joe Sestak  
Member of Congress

# Timeline for Reform: Selected Provisions of the Health Care Reform Law

## **BENEFITS THAT START IMMEDIATELY:**

### **For Small Businesses**

- **Creates small businesses tax credits to make employee coverage more affordable.** Tax credits of up to 35 percent of premiums will be immediately available.

### **For Seniors**

- **Begins to close the Medicare Part D donut hole**— In 2010, provides a \$250 rebate to seniors who hit the donut hole, where seniors are required to pay the full cost of their drugs.  
In 2011, provides a 50% discount on brand-name drugs in the donut hole.
- **Provides Free Checkups and Preventive Screenings** in Medicare. Starts January 2011.

### **For the Currently Privately Insured**

- **Prohibits discrimination against children with pre-existing conditions.** Starts in September 2010.
- **Prohibits insurers from dropping coverage** when you get sick due to a previous administrative error. Starts in September 2010.
- **Prohibits** health plans from placing **lifetime caps or unreasonable annual caps** on coverage. Starts in September 2010.
- **Eliminates co-payments for preventive services.** Starts in September 2010.
- Ensures consumers in new plans have access to an internal and **independent external appeals process** to appeal decisions. Starts in September 2010.
- **Insurers must put more of your premiums into your care, and less into profits and administration.** Requires plans in the individual and small group market to spend 80 percent of premiums on medical services, and plans in the large group market to spend 85 percent. Plans that don't meet these standards must rebate the difference to policyholders. Starts in January 2011.

### **For the Uninsured**

- **Provides immediate help to the uninsured with pre-existing conditions** by establishing interim high-risk pools, starting in June 2010.
- **Extends coverage for young people up to 26th birthday through their parents' insurance.** Starts in September 2010.

# Timeline for Reform: Selected Provisions of the Health Care Reform Law

## **FUTURE BENEFITS:**

### **Starting in 2011**

- **Recruits more primary care doctors.** Increases reimbursement for family doctors and other primary care providers in Medicare and encourages more doctors to pursue primary care by redistributing unused training slots to primary care training.
- **Improves information on health coverage costs.** Requires employers to disclose the value of the benefit provided by the employer for each employee's health insurance coverage on the employee's annual Form W-2.
- **Invests in improving health care quality and efficiency.** Establishes a new Center for Medicare & Medicaid Innovation to test innovative payment and service delivery models to reduce health care costs and enhance the quality of care provided to individuals.

### **Starting in 2012**

- **Encourages innovative health systems in Medicare.** Encourage physicians to join together to form "accountable care organizations" to gain efficiencies and improve quality. Implements new financial incentives to encourage hospitals to reduce preventable readmissions.

### **Starting in 2013**

- **Simplifies Health Care Paper Work.** Establishes simplified, uniform standards and business rules to allow electronic exchange of health information, reducing paperwork and administrative costs.

### **Starting in 2014**

- **Establishes a new health insurance exchange.** This new marketplace enables people to shop for comparable health insurance plans and allows small businesses and individuals to pool together to get the best price for their coverage. Additionally, the new exchange serve to
- **Provides health care tax credits** to ensure people can obtain affordable coverage. Credits are available for people with incomes below 400 percent of the federal poverty line who are offered other acceptable coverage to cover premiums, co-payments and deductibles.
- **Expands small business tax credits** up to half of employers contributions to health insurance costs.

# Timeline for Reform: Selected Provisions of the Health Care Reform Law

## **Starting in 2014** continued

- **Prohibits insurance companies from discriminating against individuals based on pre-existing conditions or gender** and limits the ability to discriminate based on age.
- **Eliminates annual limits** on the amount of coverage an individual may receive.
- **Ensures coverage for individuals participating in clinical trials** by prohibiting plans from dropping coverage because of participation in a clinical trial.
- **Promotes individual responsibility** by requiring individuals to obtain acceptable health insurance coverage or pay a penalty. If affordable coverage is not available to an individual, they will not be penalized.
- **Mandates larger employers to offer affordable coverage.** Requires employers with more than 50 employees to offer coverage to their employees or pay a penalty if any of their employees cannot access affordable health insurance.

# Exhibitors

**AARP Driver Safety Program**

1503 Society Place  
Newtown, PA 18940  
215-579-7777  
<http://www.aarp.org>

**Addus Healthcare**

423 McFarlan Road #3  
Kennett Square, PA 19348  
610-444-5488  
<http://addus.com>

**Aflac**

700 Turner Industrial Way, Suite 150  
Aston, PA 19014  
610-357-0202  
<http://www.aflac.com>

**Alliance for Retired Americans**

319 Market Street, 3rd Floor  
Harrisburg, PA 17101  
717-231-2866  
<http://pennretiredamericans.org>

**American Cancer Society**

1615 West Chester Pike, Suite 102  
West Chester, PA 19382  
610-692-9831  
<http://www.cancer.org/>

**Anthem Institute**

400 South State Road  
Springfield, PA 19064  
1-877-600-8860  
<http://www.anthem institute.edu>

**Any Lab Test Now**

131 South State Road  
Springfield, PA 19064  
610-543-2211

**Arc of Delaware County**

740 South Chester Road Suite G  
Swarthmore, PA 19081  
610-544-6600

**Bayada Nurses**

354 West Lancaster Avenue  
Haverford, PA 19041  
610-658-7150  
<http://www.bayada.com>

**Breast Cancer Coalition**

Statewide Headquarters  
Trout Run Business Center  
344 North Reading Road  
Ephrata, PA 17522

717-721-2580

<http://www.pabreastcancer.org/default.html>

**Brooke Glen Behavioral Hospital**

7170 Lafayette Avenue  
Fort Washington, PA 19034  
215-641-5300  
<http://www.brookeglenpsychiatric.com>

**Broomall Rehabilitation and Nursing Center**

50 North Malin Road  
Broomall, PA 19008  
(610) 356-0800  
<http://broomallrnc.com/>

**ChesPenn Health Services**

3 Locations:  
Coatesville  
744 East Lincoln Highway Suite 110  
Coatesville, PA 19320  
610-380-4660

Upper Darby  
5 South State Road  
Upper Darby, PA 19082  
610-352-6585

Chester  
2600 West 9th Street  
Chester, PA 19013  
610-859-2059, 610-872-6131

**Chester County Department of Aging**

601 Westtown Road, Suite 130  
West Chester, PA 19380  
610-355-6350  
<http://dsf.chesco.org/aging/site/default.asp>

**Chi Institute - Broomall**

1991 Sproul Road Suite 42  
Broomall, PA 19008  
610- 353-7630

**Child Guidance Resource Centers**

2000 Old West Chester Pike  
Havertown, PA 19083  
484-454-8700  
<http://www.cgrc.org/>

**Children's Brain Tumor Foundation**

274 Madison Avenue Suite 1004  
New York, NY 10016  
1-866-228-4673  
<http://www.cbtf.org/>



# Exhibitors

**Children's Hospital of Philadelphia**  
34th Street and Civic Center Boulevard  
Philadelphia, PA 19104  
215-590-1000  
<http://www.chop.edu>

**Comfort Keepers**  
920 W. Sproul Road  
Springfield, PA 19064  
610-543-6300  
<http://www.comfortkeepers.com>

**Community Action Agency of Delaware County**  
Toal Building, 2nd and Orange Streets  
Media, PA 19063  
610-891-5101  
<http://www.caadc.org/>

**Community Transit of Delaware County**  
206 Eddystone Avenue - Suite 200  
Eddystone, PA 19022-1594  
215-580-7145  
<http://www.ctdelco.org/contactus.htm>

**Consumer Credit Counseling Services of Delaware Valley (CCCSDV)**  
1608 Walnut Street, 10th Floor  
Philadelphia, PA 19103  
215-563-5665  
<http://cccsdv.org/>

**Crozer Chester Medical Center**  
One Medical Center Boulevard  
Upland, PA 19013  
610-447-2000  
<http://www.crozer.org/CKHS/>

**Crozer Keystone Health System - Community Health Education Department**  
1 Medical Center Boulevard  
Chester, PA 19013  
<http://www.crozer.org/CKHS>

**Crozer Keystone Health System Senior Health Services**  
196 West Sproul Road  
Springfield, PA 19064  
1-800-254-7469  
<http://www.crozer.org/CKHS>

**Crozer Keystone Healthplex Sports Club**  
194 West Sproul Road  
Springfield, PA 19064  
610-328-8888  
<http://www.crozer.org/CKHS/>

**Delaware County Medical Society**  
600 North Jackson Street, Suite 202  
Media, PA 19063  
610-892-7750  
<http://delcomedsoc.org>

**Delaware County Memorial Hospital**  
501 North Lansdowne Avenue  
Drexel Hill, PA 19026  
610-284-8100  
<http://www.crozer.org/CKHS>

**Delaware County Office of Services for the Aging**  
206 Eddystone Avenue  
Eddystone, PA 19022  
610-490-1300  
<http://www.delcosa.org/>

**Delaware County Suicide Prevention & Awareness Task Force**  
P.O. Box 175  
4 State Road  
Media, PA 19063  
<http://www.delcosuicideprevention.org/>

**Devon Manor**  
235 Lancaster Avenue  
Devon, PA 19333  
610-688-8080  
<http://www.hcr-manorcare.com>

**Devry University and Keller School of Management**  
150 Allendale Road, Suite 3250  
King of Prussia, PA 19406  
610-205-3130  
<http://www.devry.edu/>

**Domestic Abuse Project**  
14 West Second Street  
Media, PA 19063  
610-565-6272  
<http://www.dapdc.org/>

**Freedom Valley Disability Center**  
3607 Chapel Road  
Newtown Square, PA 19073  
610-353-6640  
<http://www.fvdc.info>

**Heaven Bound**  
1737 Galy Street  
Boothwyn, PA 19061  
610-256-0611

# Exhibitors

**Heckert Bikin & Pile LLP Senior Law Attorneys**

292 Main Street, Box #298  
Harleysville, PA 19438  
610-970-2273

**Holcomb Behavior Health System**

126 East Baltimore Pike  
Media, PA 19063  
484-444-0412  
<http://www.holcombprevention.org>

**I-LEAD**

2600 W. 9th Street  
Chester, PA 19013  
877-427-7047  
<http://i-leadusa.org>

**Insphere Insurance Solutions**

300 Berwyn Park #203  
Berwyn, PA 19312  
800-545-7283  
<http://www.insphereis-philadelphia.com>

**Jews Support for Independence**

Monroe Office Center, Suite 100  
One Winding Way  
Philadelphia, PA 19131  
267-298-1364  
<http://www.jevshumanservices.org>

**Keystone Stars**

Southeast Regional Key  
260 South Broad Street, Suite 1800  
Philadelphia, PA 19102  
267-773-4400  
[http://www.pakeys.org/pages/get.aspx?page=Programs\\_STARS](http://www.pakeys.org/pages/get.aspx?page=Programs_STARS)

**Kids Smiles Non-Profit Dental Health Centers for Children**

2821 Island Avenue, Suite 210  
Mercy Wellness Center  
Philadelphia, PA 19153  
215-492-9291  
<http://www.kidssmiles.org/>

**Lansdowne YMCA**

2100 Garrett Road  
Lansdowne, PA 19050  
610-259-1661  
<http://www.ymca.net>

**Legal Aid of Southeastern Pennsylvania**

Delaware County Division  
410 Welsh Street  
Chester, PA 19013  
610-490-6915  
[www.lasp.org](http://www.lasp.org)

**Liberty Resources**

714 Market Street, Suite 100  
Philadelphia, PA 19106  
215-634-2000  
<http://www.libertyresources.org>

**Life at Home Genesis Healthcare**

701 Chester Pike  
Sharon Hill, PA 19079  
888-843-0443  
<http://www.geneshihcc.com>

**Lyme Disease Association of Southeastern PA**

P.O. Box 181  
Pocopson, PA 19366  
610-388-7333  
<http://www.lymepa.org>

**Main Line Health- Riddle Hospital**

1068 West Baltimore Pike  
Media, PA 19063  
610-566-9400  
<http://mainlinehealth.org>

**Main Line Health Behavioral Health**

1-888-CARE-898 (1-888-227-3898)  
<http://www.mainlinehealth.org/behavioral>

**Manna**

The Steven Korman Nutrition Center  
2323 Ranstead Street, Philadelphia, PA 19103  
215-496-2662  
<http://www.mannapa.org/>

**Med-Equip, Inc.**

Post Office Box 142  
Ridley Park, PA 19078  
1-800-686-1244  
<http://www.medequipinc.com/>

**Medical Weight Management**

2602 West 9th Street, Suite 103  
Chester, PA 19013  
610-494-4440  
<http://doctorhannum.com>

**Mirmont Treatment Center**

100 Yearsley Mill Road  
Lima, PA 19063  
610-744-1400  
<http://www.mainlinehealth.org/mirmont>

**My Kids B Fit**

1570 Raymond Circle  
Swarthmore, PA 19081  
610-742-8297  
<http://mykidsbfit.com>

# Exhibitors

## **NAMI**

Norristown: 610-278-4916  
<http://www.montconami.com>  
Lansdowne: 610-623-0071  
<http://www.nami.org/sites/NAMIPA-DelawareCountyChapter>

## **National Union of Hospital and Healthcare Employees**

AFSCME, AFL-CIO  
1319 Locust Street  
Philadelphia, PA 19107  
215-735-9878  
<http://www.nuhhce.org/>

## **Nemours/Alfred I. duPont Hospital for Children**

1600 Rockland Road  
Wilmington, DE 19803  
302-651-4000  
[www.nemours.org](http://www.nemours.org)

## **Office of State Representative Nick Micarelli**

605 East Chester Pike  
Ridley Park, PA 19078  
610 534-1002  
<http://repmiccarelli.net/>

## **PA CareerLink Delaware County**

701 Crosby St., Suite B  
Chester, PA 19013  
610-447-3350  
<https://www.cwds.state.pa.us>

## **PA Department of Health-Delaware County State Health Center**

Suite 1  
151 West Fifth Street  
Chester, PA 19013-4415  
610-447-3250  
[www.health.state.pa.us](http://www.health.state.pa.us)

## **PA Families Inc.**

431 Dever Hollow Road  
Templeton, PA 16259  
1-800-947-4941  
<http://www.pafamiliesinc.com>

## **PathWays PA**

310 Amosland Road  
Holmes, PA 19043  
610-543-5022  
<http://www.pathwayspa.org/>

## **PECO**

Customer Service Center  
2301 Market Street  
P.O. Box 8699  
Philadelphia, PA 19101  
1-800-494-4000  
<http://www.peco.com/>

## **Pennsylvania Insurance Department**

Philadelphia Regional Office  
801 Market Street, Room 6062  
Philadelphia, PA 19107  
215-560-2630

## **Pennsylvania Office of Attorney General**

*Bureau of Consumer Protection*  
Pennsylvania Office of Attorney General  
16th Floor, Strawberry Square  
Harrisburg, PA 17120  
1-800-441-2555  
<http://www.attorneygeneral.gov/>

## **Pennsylvania Office of Attorney General**

*Healthcare Section*  
Pennsylvania Office of Attorney General  
16th Floor, Strawberry Square  
Harrisburg, PA 17120  
1-877-888-4877  
<http://www.attorneygeneral.gov>

## **Pennsylvania SMP, Medicare Fraud Prevention- CARIE**

100 South Broad Street, Suite 1500  
Philadelphia, PA 19110  
800-356-3606  
<http://www.carie.org>

## **Philadelphia Unemployment Project**

112 North Broad Street, 11th Floor  
Philadelphia, PA 19102-1510  
215-557-0822  
<http://www.philaup.org/>

## **Philadelphia VA Regional Office & Insurance Center (VAROIC)**

500 Wissahickon Avenue,  
Philadelphia, PA 19144-4867  
<http://www.vba.va.gov/VBA/>

## **Planned Parenthood**

Locust Street Surgical Center  
1144 Locust Street  
Philadelphia, PA 19107  
215-351-5560

## **Media Health Center**

216 W State Street  
Media, PA 19063  
610-566-2830  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

## **Primary Homecare**

8080 Old York Road  
Elkins Park, PA 19027-1426  
(215) 635-3151

# Exhibitors

**Ride Away**

2460 General Armistead Avenue  
Norristown, PA 19403  
610-631-2896  
<http://www.ride-awaypa.com/index.php>

**Senior Resource Guide**

800-955-8510  
[www.seniordirectory.com](http://www.seniordirectory.com)

**Social Security Administration**

807 Crosby Street  
Chester, PA 19013  
1-800-772-1213  
<http://www.ssa.gov>

**Take Shape for Life**

235 Haller Road  
Ridley Park, PA 19018  
610-637-7752  
<http://www.kymcombs.tsfl.com>

**The Greater Philadelphia Coalition Against Hunger**

1725 Fairmount Ave. Unit 102  
Philadelphia, PA 19130  
215-769-0659  
<http://www.hungercoalition.org/>

**The PACE Program of Pennsylvania Department of Aging**

Bureau of Pharmaceutical Assistance  
PACE Program  
555 Walnut Street, 6th Floor  
Harrisburg, PA 17101  
717-787-7313  
[http://www.portal.state.pa.us/portal/server.pt/community/pace\\_\\_pacenet/17944](http://www.portal.state.pa.us/portal/server.pt/community/pace__pacenet/17944)

**Victoria's Home Care**

630 Fairview Road, Suite 201  
Swarthmore, PA 19081  
610-544-3037  
<http://www.victoriashomecare.com>

**WIC Program Crozer Chester Medical Center**

Pennsylvania Department of Health Division of WIC  
2150 Herr Street, First Floor, Suite B  
Harrisburg, PA 17103-1625  
717-783-1289  
<http://www.fns.usda.gov/wic/>

**WomenCare Mentoring**

220 North Jackson Street, Second Floor  
Media, PA 19063  
610-565-6171  
<http://www.thecenterfoundation.org/womencare.html>

**Women's Way**

123 South Broad Street, Suite 1399  
Philadelphia, PA 19109  
215-985-3322  
[www.womensway.org](http://www.womensway.org)

# Additional Resources

**Adult Day Services:** (610) 352-9945

**Alliance for Retired Americans:** (202) 637-5399; <http://www.retiredamericans.org/>

**Alzheimer's Association:** (800) 272-3900; [www.alz.org/](http://www.alz.org/)

**Amnion Crisis Pregnancy Center:** (610) 525-1557; <http://www.amnion.org/>

**Benefits Data Trust:** (215) 207-9100; <http://www.bdtrust.org/>

**Bernardine Center:** (610) 497-3225; <http://www.bernardinecenter.org/bc/>

**Brain Injury Association of Pennsylvania:** (866) 635-7097; <http://www.biapa.org>

**CareerLink of Chester County:** (610) 384-9393; [http://www.cceconomicdevelopment.com/service\\_careerlink.html](http://www.cceconomicdevelopment.com/service_careerlink.html)

**CareerLink of Delaware County:** (610) 447-3350 or (610) 723-6000; <http://www.co.delaware.pa.us/depts/oet.html>

**CareerLink of Montgomery County:** (610) 270-3429; <http://montcoworks.montcopa.org>

**Catholic Social Services:** (610) 626-6550 or (610) 876-7101; <http://www.familyservices-phl.org/delawarecountry.html>

**Center for Advocacy for the Rights and Interests of the Elderly (CARIE):** (800) 356-3606; [www.carie.org/](http://www.carie.org/)

**Centers for Medicare and Medicaid Services:** (800) 633-4227; <http://www.cms.hhs.gov/>

**Chester County Department of Community Development:** (610) 344-6900; <http://dsf.chesco.org>

**Chester County Fund for Women and Girls:** (484) 356-0940; [www.ccwomenandgirls.org/](http://www.ccwomenandgirls.org/)

**Chester Eastside Ministries:** (610) 872-4812; <http://www.chestereastside.org/>

**Community Impact Legal Services:** (610) 380-7111; [http://www.palegalservices.org/finder/south\\_east\\_pa.htm](http://www.palegalservices.org/finder/south_east_pa.htm)

**Delaware County Department of Veterans Affairs:** (610) 891-4646; <http://www.co.delaware.pa.us/depts/veterans.html>

**Department of Health and Human Services:** 1-977-696-6775 [www.hhs.gov](http://www.hhs.gov)

**Department of Labor:** 1-866-487-2365 [www.dol.gov](http://www.dol.gov)

**Department of Public Welfare:** (800) 692-7462; [www.dpw.state.pa.us/](http://www.dpw.state.pa.us/)

**Disability Rights Network of Pennsylvania:** (215) 238-8070; [www.drnpa.org/](http://www.drnpa.org/)

**Education Law Center:** (215) 238-6970; [www.elc-pa.org/](http://www.elc-pa.org/)

**Family and Community Service of Delaware County:** (610)566-7540; <http://www.fcscdc.org/>

**Family Services of Montgomery County:** (610) 630-2111; <http://www.fsmontco.org/>

**Family Support Line of Delaware County Inc:** (610) 891-5275; Family Support Line of Delaware County Inc.

**Garrett-Williamson Foundation:** (610) 353-7690 x 20 <http://www.garrettwilliamsonfoundation.org/>

**Goodwill Industries of Delaware and Delaware County:** (302) 761-4640; <http://www.goodwillde.org/index.asp>

**Great Guy Group:** <http://greatguys.org/>

**Helping Hands:** (617) 787-4419; <http://www.monkeyhelpers.org/>

**Home Helpers:** (484) 461-8887

**Irish Immigration Center of Philadelphia:** (610)789-6355 <http://www.icphila.org/>

**Internal Revenue Service:** 1-800-829-4933 [www.irs.gov](http://www.irs.gov)

**Jewish Family & Children's Service of Greater Philadelphia:** 1-866-532-7669; <http://www.jfcsphil.org/>

**Mental Health Association of Southeastern Pennsylvania of Delco:** (610) 237-4210; <http://www.mhasp.org/>

**Mid County Senior Services:** 1-866-CALL-MLH; <http://www.mainlinehealth.org/default.asp>

**National Veterans Technology Consortium, LLC:** (718) 431-0585

**Office of Mental Health and Substance Abuse Services:** (717) 787-4592; <http://www.dpw.state.pa.us/>

**Pennsylvania Assistive Technology Foundation** 484-674-0506 <http://www.patf.us/>

# Additional Resources

**Pennsylvania Health Law Project:** 1-800-274-3258; <http://www.phlp.org/>

**Philadelphia Citizens for Children and Youth:** (215) 563-5848; <http://www.pccy.org/index.php>

**Presbyterian Children's Village:** (610) 525-5400; <http://www.pcv.org/index.html>

**Retired and Senior Volunteer Program:** (202) 606-5000; <http://www.seniorcorps.gov/about/programs/rsvp.asp>

**Select Senior Service Providers:** (610) 551-7801; <http://selectseniorserviceproviders.com/>

**Special Olympics:** (610) 630-9450, [www.specialolympicspa.org](http://www.specialolympicspa.org)

**The Annie E. Casey Foundation:** (410) 547-6600; <http://www.aecf.org/>

**The Arc of Delaware County (DelArc):** (610) 544 - 6600; <http://www.thearcofdelco.org/index.html>

**The Food Trust;** (215) 575-0444; <http://www.thefoodtrust.org/>

**The Nursing Group:** (610) 872-1538

**United Way of Southeastern Pennsylvania:** (215) 665-2500; <http://www.uwsepa.org/>

**USAtgether, Inc:** (650) 227-3800; <https://app01.usatgether.org/index.php>

**Villanova Law Clinic:** (610) 519-7000; <http://www.law.villanova.edu/>

## **Upcoming Events**

# **Pennsylvania 7<sup>th</sup> Congressional District Jobs Fair**

**Wednesday, September 1, 2010**

**1:00PM to 5:00PM**

**(Exhibitor registration begins at 11:30AM; Guest sign-in  
begins at 12:30PM)**

**McCall Meeting and Conference Center  
204 North Lynn Boulevard, Upper Darby, PA 19082**

**This event will include a service fair that connects community members  
in search of employment with employers, educators, and non-profit or-  
ganizations who will be able to provide information on job training, re-  
sume building, and other resources.**

**Contact Wally Hays at [walter.hays@mail.house.gov](mailto:walter.hays@mail.house.gov) or (610) 892-8623  
with questions.**

**To pre-register, visit <http://www.sestak.house.gov/events>**

**District Office:**

600 N. Jackson Street, Suite 203  
Media, PA 19063  
Phone: 610-892-8623  
Fax: 610-892-8628  
<http://www.sestak.house.gov>

**DC Office:**

1022 Longworth House Office Building  
Washington, DC 20515  
Phone: 202-225-2011  
Fax: 202-226-0280  
<http://www.sestak.house.gov>

# About Congressman Joe Sestak



Joe Sestak is a former 3-Star Admiral who successfully ran for Congress in 2006 after completing his 31-year military service to our country. He is the senior military veteran in history to be elected and serve in the U.S. Congress. Joe led a series of operational commands, culminating in command of the *USS George Washington* carrier battle group (30 ships/100 aircraft/15,000 Sailors) that conducted combat operations in Afghanistan and Iraq. Joe served as President Clinton's Director of Defense Policy at the White House and after 9/11, the Navy selected Joe to become the first Director of the Navy's anti- terrorism unit. The son of a first-generation Navy Captain, Joe followed in the footsteps of his father and attended the U.S. Naval Academy where he graduated 2nd in his Class. He later earned a Ph.D. in Political Economy and Government from Harvard University. After his 31-year distinguished military career, Joe returned home to Delaware County, Pennsylvania with his family, where his parents and siblings also live.

Joe ran for Congressional office on the platform that national security begins at home with the economic, health, education, and environment/energy security of our citizens; these four security pillars, along with defense security, provide for our country's overall national security. In Congress, he is a member of the Committee on Education and Labor, where he impacts our need for a skilled, educated workforce; Vice-Chair of the Small Business Committee, addressing the severe economic conditions that face businesses and their employees; the Armed Services Committee, where he continues to enhance our Nation's defense security; and the Subcommittee on Health, Employment, Labor and Pension, where he is working for our Nation's health security.

Joe believes in a 21st Century Agenda for Opportunity that restores the American Dream by ensuring economic, health, defense, environment/energy and education security so that families can get to work restoring their opportunity for a stronger future. It involves securing the middle class by closing income inequalities; creating an economy where entrepreneurship is the norm not the exception; a healthcare system that is not only affordable and accessible, but one that spurs innovation rather than inefficiency; a national security strategy that makes all of our other goals possible; an energy plan that creates jobs and new industries; and an education plan that ensures a young person can expect a more prosperous life than the generation before.