

**Summary for projects submitted to the Appropriations Committee for the FY11 Appropriations Cycle**

**The proposed recipient:** New York Road Runners, Inc.

**Address of the recipient:**

New York Road Runners, Inc.  
9 East 89th Street  
New York, NY 10128

**The amount of the request:** \$75,000

**Purpose of the project and why it is a good use of taxpayer funds:** The funding would be used for expanding Young Runners, a character-building health and fitness-focused program that uses running and the power of teamwork to engage adolescents in healthy and constructive out-of-school time activities. Working with coaches and mentors, this afterschool, team-based program helps children from low-income communities set and achieve personal goals, practice self-discipline, and succeed among their peers. This promising national model demonstrates that young people who are positively engaged in physical activity, have the opportunity to positively identify with those around them, and interact with caring adult coaches and mentors are less likely to drop out of school and or engage in otherwise violent or risky behavior