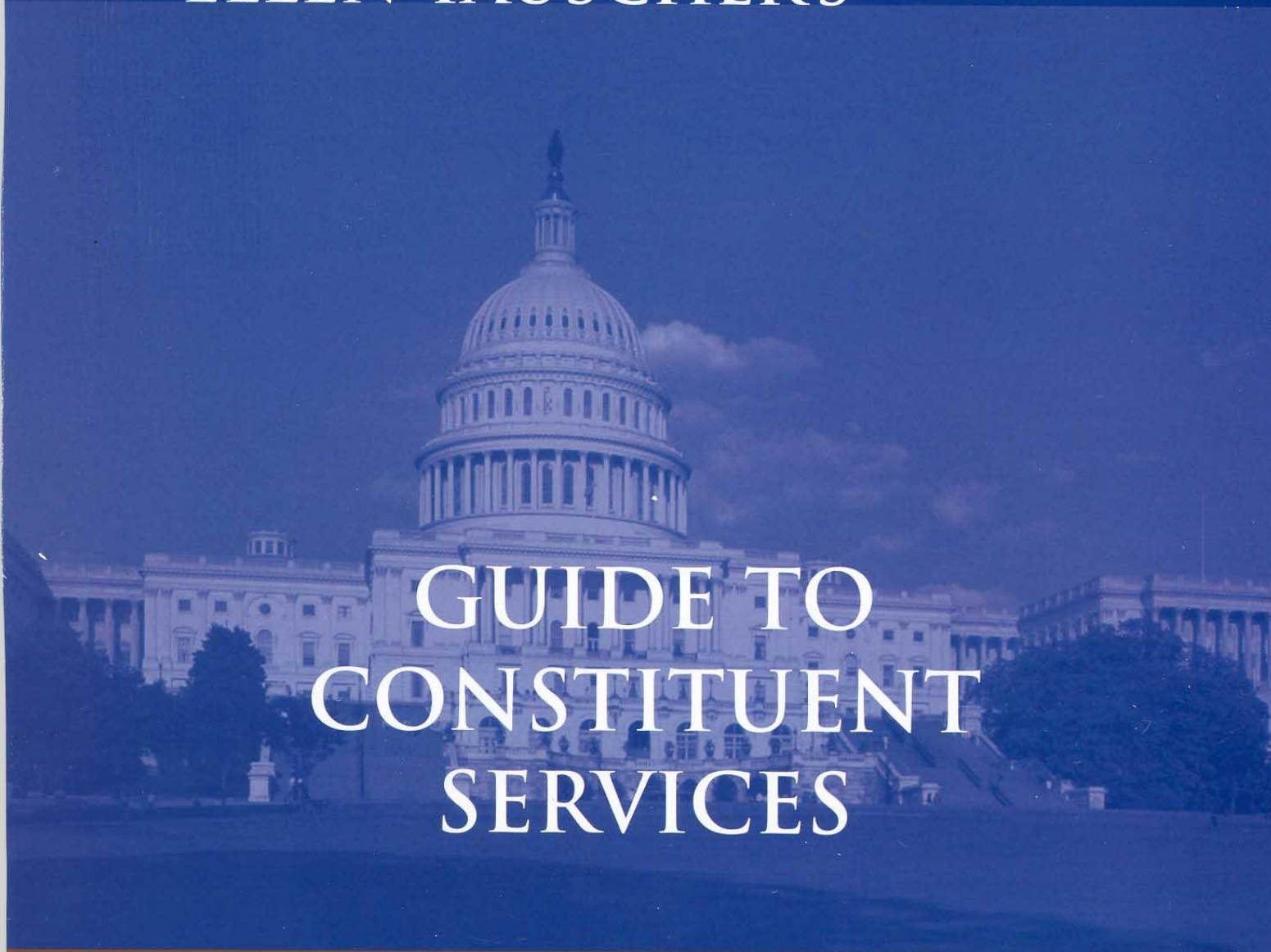


Website: [www.house.gov/tauscher](http://www.house.gov/tauscher)

CONGRESSWOMAN  
ELLEN TAUSCHER'S



GUIDE TO  
CONSTITUENT  
SERVICES

FOR RESIDENTS OF THE 10TH CONGRESSIONAL  
DISTRICT OF CALIFORNIA

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THIS DOCUMENT WAS PREPARED AND  
PUBLISHED AT TAXPAYER EXPENSE.



## LETTER FROM ELLEN O. TAUSCHER:

Dear 10th Congressional District Resident:

It is an honor to serve you and represent our district in Washington, D.C. I am working every day to keep our nation safe, grow our economy and create jobs, fund critical transportation needs, keep our promises to our nation's veterans, and keep our air and water clean.

I also want to make sure that you have information about the federal resources available to you. My caseworkers are available to assist you with problems with federal agencies. I can also help arrange tours for your next visit to Washington D.C.

If you need assistance, please call one of my offices listed in this guide and ask for help from a caseworker. You can also find additional information and assistance by visiting my website at [www.house.gov/tauscher](http://www.house.gov/tauscher) or contacting my Constituent Services Manager at (925) 932-8899 or (707) 428-7792.

And you can also sign up for my newsletter, which provides regular updates and current news about what's happening in Washington, D.C., because what happens in our nation's capital has a direct impact on our local communities.

Please do not hesitate to send me feedback or let me know how I can better serve you.

Sincerely,

Congresswoman Ellen O. Tauscher

# CONSTITUENT SERVICES

Please call one of my offices  
for help with the following services:

## Social Security/Medicare Assistance

- Check on the status of your pending Social Security application for benefits, trace missing payments, check on overpayment problems, and check the status of existing disability claims.
- Answer questions regarding Medicare Part A and Medicare Part B and follow up on Part B applications with Social Security.



## Veteran Services

- Follow up on pending applications for Veterans Affairs pensions, service-connected disability benefits, rating increases, and/or an appeal on a previous decision by the Department of Veterans Affairs (VA).
- Help you obtain grave markers and burial flags for the deceased, and put you in touch with the VA Memorial Network who can assist in having a deceased veteran laid to rest in a VA Cemetery.

## Passports, Visas, & Immigration



- Help you obtain passports in emergency situations.
- Check on the status of your pending immigration application and help you obtain the necessary forms from the United States Citizenship and Information Services.

## Military Personnel

- Assist you and your family members with obtaining service records (including medical records) and replacement medals awarded during military service.



## Academy Appointments

- I nominate students each year for admission to the U.S. service academies: Army, Navy, Air Force, and Merchant Marine. Applications are available on my web page.

## Flag Flown Over The Capitol

- I can have flags flown over the Capitol to mark special occasions. 4-6 weeks notice is needed. Flag order form: [www.house.gov/tauscher](http://www.house.gov/tauscher)

## Federal Grants Assistance

- Assist with grant information, including providing a regular email newsletter about federal grants.
- Submit a letter of support and facilitate grant applicants' inquiries to the awarding federal agencies.

## Youth Program

- My office offers unpaid internship opportunities for college students in both my Washington, D.C. and Walnut Creek offices.
- My office participates in the high school Congressional Art Competition. The winner receives three airplane tickets to DC to attend the awards program.

Please contact me if  
you are interested!



# HELPFUL NUMBERS FOR FEDERAL AGENCIES:

Congresswoman Ellen Tauscher [www.house.gov/tauscher](http://www.house.gov/tauscher)

<b>SOCIAL SECURITY ADMINISTRATION:</b>	<b>1-800-772-1213</b>
<b>MEDICARE:</b>	<b>1-800-MEDICARE</b>
<b>FREE APPLICATION FOR FEDERAL STUDENT AID:</b>	<b>1-800-4-FED-AID</b>
<b>INTERNAL REVENUE SERVICE (IRS):</b>	<b>1-800-829-1040</b>
<b>DEPARTMENT OF VETERANS AFFAIRS:</b>	<b>1-800-827-1000</b>
<b>PASSPORT SERVICES:</b>	<b>1-877-487-2778</b>
<b>UNITED STATES POSTAL SERVICE:</b>	<b>1-800-ASK-USPS</b>
<b>CALIFORNIA DEPARTMENT OF EDUCATION:</b>	<b>1-916-319-0800</b>
<b>DEPARTMENT OF LABOR:</b>	<b>1-866-4-USA-DOL</b>
<b>FEDERAL COMMUNICATIONS COMMISSION:</b>	<b>1-888-CALL-FCC</b>
<b>FEDERAL TRADE COMMISSION:</b>	<b>1-202-326-2222</b>
<b>BUREAU OF CITIZENSHIP AND IMMIGRATION SERVICES:</b>	<b>1-800-375-5283</b>
<b>U.S. CENSUS BUREAU:</b>	<b>1-800-233-3308</b>
<b>U.S. DEPARTMENT OF STATE:</b>	<b>1-202-647-4000</b>



# VISITING THE CAPITAL



## Are you planning a trip to Washington?

My office can help you make arrangements to visit some of the most popular federal attractions in our nation's capital. There's plenty to do and many places to see in D.C.! Please give my office as much notice as possible so we can fulfill your request.

To schedule tours, go to:  
[www.house.gov/tauscher](http://www.house.gov/tauscher)  
(click on "visiting DC")

## MAP OF THE 10TH CONGRESSIONAL DISTRICT



## Do you live in the 10th Congressional District?

### *Cities and unincorporated areas in the 10th Congressional District:*

Alamo, Antioch, Bethel Island, Birds Landing, Canyon, Concord (portion), Dixon, El Cerrito, Elmira, Fairfield, Isleton, Kensington, Knightsen, Lafayette, Livermore, Locke, Moraga, Oakley, Orinda, Pleasant Hill, San Ramon (portion), Suisun City, Travis AFB, Walnut Creek, and Walnut Grove

*If you are still not sure you live in the 10th Congressional District, please visit my website at: [www.house.gov/tauscher](http://www.house.gov/tauscher) and click on 10th District, then look up your representative.*

Congress of the United States  
House of Representatives  
Washington, DC 20515

OFFICIAL BUSINESS

*Ellen Tauscher*

M.C.  
PRSRT STD  
ECRWSS

This mailing was prepared, published and mailed at taxpayer expense.  6 

CONGRESSWOMAN  
ELLEN TAUSCHER'S  
OFFICE INFORMATION:

**Washington D.C.**

2459 Rayburn HOB  
Washington, DC 20515  
(202) 225-1880  
(202) 225-5914 (fax)

**Fairfield**

2000 Cadenasso Dr, Suite A  
Fairfield, CA 94533  
(707) 428-7792  
(707) 438-0523 (fax)

**Walnut Creek**

2121 North California Blvd, Suite 555  
Walnut Creek, CA 94596  
(925) 932-8899  
(925) 932-8159 (fax)

**Antioch**

420 West 3rd Street  
Antioch, CA 94509  
(925) 757-7187  
(925) 757-7056 (fax)

Website: [www.house.gov/tauscher](http://www.house.gov/tauscher)