

Emergency Kit Checklist

"It is a good idea to assemble the following items in case of an emergency. These items should be placed into a duffel bag or backpack to create a portable kit or should be in a safe place that can be accessed during an emergency."

— Ken Calvert

This list was adopted from www.Ready.gov.

- Water, one gallon of water per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered radio and extra batteries
- Flashlight and extra batteries
- First Aid kit
- Whistle to signal for help
- Dust mask or cotton t-shirt, to help filter the air
- Moist towelettes for sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (*if kit contains canned food*)
- Plastic sheeting and duct tape to shelter-in-place (*learn more about a "shelter-in-place" at www.ready.gov*)
- Unique family needs, such as daily prescription medications, pet food and supplies, infant formula, or diapers
- Important family documents, such as a copy of your identification, bank accounts, passport and birth certificates (*learn more at www.ready.gov*)
- List of emergency phone numbers
- Garbage bags and plastic ties
- Cash

Emergency Cards

Below are emergency cards for you and your family. Fill out, cut out and give one of these cards to each member of your family. They are sized to fit conveniently into a wallet or business card case. The back of the emergency cards has blanks for all of your personal emergency numbers.

—Ken Calvert

Emergency Card

For more blank cards go to www.house.gov/calvert

All Emergencies: **911**
 Riverside County Sheriff: **(951) 955-2400**
 Orange County Sheriff: **(714) 647-7000**
 Riverside County Fire Department: **(951) 955-4700**
 Orange County Fire Authority: **(714) 538-3501**
 California Highway Patrol, Riverside: **(951) 637-8000**
 California Highway Patrol, Orange: **(949) 559-7888**
 FEMA, Region IX: **(510) 627-7100**
 Poison Control Center: **(800) 222-1222**

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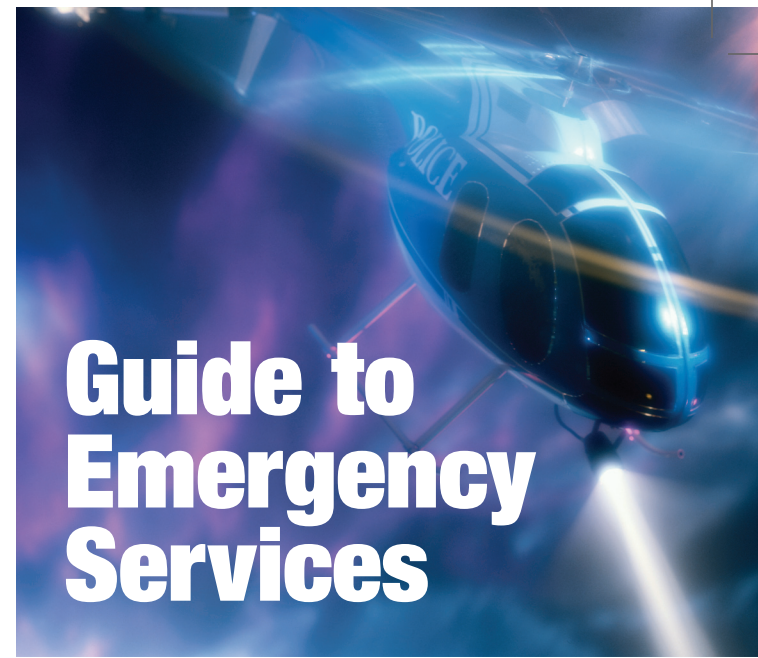
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Washington, DC 20515-3518

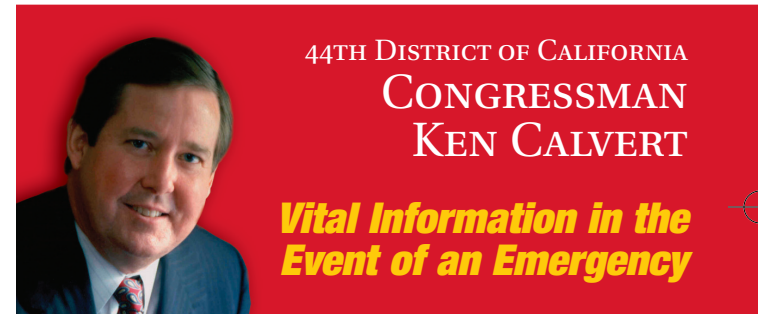
PUBLIC DOCUMENT

OFFICIAL BUSINESS

This mailing was prepared, published, and mailed at taxpayer expense.



Guide to Emergency Services



44TH DISTRICT OF CALIFORNIA
**CONGRESSMAN
KEN CALVERT**

**Vital Information in the
Event of an Emergency**



Dear Neighbor,

It has come to my attention that you recently moved to or within California's 44th Congressional District. I would like to take this opportunity to welcome you to our community.

California's 44th district includes most of western Riverside County and part of south Orange County, Corona and Norco, as well as the unincorporated areas of El Cerrito, Glen Avon, High Grove, Home Gardens, Jurupa, Eastvale, Mira Loma, Pedley, Rubidoux, Sunnyslope and Woodcrest. It also includes the southernmost portion of Orange County.

Regardless of whether you are new to the district, or have moved within the district, you must still register in order to be able to vote. The Riverside County Registrar of Voters website at www.election.co.riverside.ca.us has all of the necessary information, or they can be reached by phone at (951)-486-7200.

The aftermath of natural disasters shows us all just how important it is to be prepared for any disaster. The same preparation can serve you and your family well in the event of a pandemic, earthquake, or terrorist attack. I hope you find the information in this pamphlet useful in preparing a plan for an emergency.

As your Representative in Washington, I would like to hear your concerns and suggestions for improving our community. You can contact me any time via my website at www.house.gov/calvert or with a letter or phone call to my office.

Once again, welcome to the neighborhood. I have lived in southern California all my life and I share the feeling that it is a great place to call home.



Ken Calvert
Member of Congress

Contact Info:

Website and email: www.house.gov/calvert

WASHINGTON OFFICE
2201 Rayburn Building
Washington, DC 20515
Phone: (202) 225-1986
Fax: (202) 225-2004

LAS FLORES OFFICE
26111 Antonio Parkway,
Suite 300
Las Flores, CA 92688
Phone: (949) 888-8498
Fax: (949) 888-8524
Las Flores Office Hours:
Open every Friday from
9:00am to 5:00pm or by
appointment

RIVERSIDE OFFICE
3400 Central Avenue,
Suite 200
Riverside, CA 92506
Phone: (951) 784-4300
Fax: (951) 784-5255

Fire

Wildfires are a hazard in Southern California and the same preparation steps apply as for other disasters. It is also important to have a family evacuation plan in the event of a fire in the home. Below are some tips to help prevent fires in your home from the California Department of Forestry and Fire Protection.

Kitchen

- Keep a working fire extinguisher in the kitchen.
- Maintain electric and gas stoves in good operating condition.
- Keep baking soda on hand to extinguish stove-top grease fires.
- Turn the handles of pots and pans away from the front of the stove.
- Install curtains and towel holders away from stove burners.
- Store matches and lighters out of reach of children.
- Make sure that electrical outlets are designed to handle appliance loads

Living Room

- Install a screen in front of fireplace or wood stove.
- Store the ashes from your fireplace (and barbecue) in a metal container and dispose of only when cold.
- Clean fireplace chimneys and flues at least once a year.

Hallway

- Install smoke detectors between living and sleeping areas.
- Test smoke detectors monthly and replace batteries twice a year, when clocks are changed in the spring and fall.
- Replace electrical cords that do not work properly, have loose connections, or are frayed.

Bedroom

- Install a smoke detector in the bedroom.
- Turn off electric blankets and other electrical appliances when not in use.
- Do not smoke in bed.
- If you have security bars on your windows or doors, be sure they have an approved quick release mechanism so you and your family can get out in the event of a fire.

Bathroom

- Disconnect appliances such as curling irons and hair dryers when done; store in a safe location until cool.
- Keep items such as towels away from wall and floor heaters

Garage

- Mount a working fire extinguisher in the garage.
- Have tools such as a shovel, hoe, rake and bucket available for use in a wildfire emergency.
- Install a solid door with self-closing hinges between living areas and the garage.
- Dispose of oily rags in Underwriters Laboratories approved metal containers.
- Store all combustibles away from ignition sources such as water heaters.
- Disconnect electrical tools and appliances when not in use.
- Allow hot tools to cool before storing.
- Properly store flammable liquids in approved containers and away from ignition sources such as pilot lights.

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Emergency Card

My name/number

Contact Name: _____

Contact Number: _____

Out of Town Contact: _____

Contact Number: _____

Neighborhood Meeting Place: _____

Meeting Place Number: _____

Other: _____

Emergency Card

My name/number

Contact Name: _____

Contact Number: _____

Out of Town Contact: _____

Contact Number: _____

Neighborhood Meeting Place: _____

Meeting Place Number: _____

Other: _____

Emergency Card

My name/number

Contact Name: _____

Contact Number: _____

Out of Town Contact: _____

Contact Number: _____

Neighborhood Meeting Place: _____

Meeting Place Number: _____

Other: _____

Emergency Plan

Your family may not be together when disaster strikes, so plan how you will contact one another and review what you will do in different situations.

- Be sure every member of your family knows emergency phone numbers and has a prepaid phone card.
- The telephone system may be down altogether, so determine where to meet with your family if you cannot get in touch during the emergency. You will be better prepared to safely reunite your family and loved ones during an emergency if you think ahead and communicate with each other in advance.
- It may be easier to make a long-distance phone call than to call across town, so an out-of-town contact may be in a better position to communicate among separated family members.
- Inquire about emergency plans at places where your family spends time: work, day care and school.
- Talk to your neighbors about how you can work together in the event of an emergency.
- Include an emergency kit in your vehicle.
- Practice your plan.