

Congressional Award





What is the Congressional Award Program?

The Congressional Award is a public-private partnership created by Congress to promote and recognize achievement, initiative and service of America's youth, ages 14 to 23. The Congressional Award provides a unique opportunity for young people to set

and achieve personally challenging goals in each of four program areas.

The Four Program Areas:

- Volunteer Public Service providing voluntary public service to others and the community.
- Personal Development developing personal interests, social and employment skills.
- Physical Fitness improving quality of life through fitness activities.
- Expedition/Exploration undertaking a wilderness or venture experience.



How can you become involved in the Congressional Award program?

Students choose an Advisor who will guide them through the program. Participating in this program will not necessarily require any new commitment of additional resources. Rather, it can complement the many activities of which students are already active members. Activities such as improving musical skills, developing athletic

abilities, or volunteering in the community can be used, along with many other pursuits, to earn a Congressional Award.

What are my Roles and Responsibilities as a Participant?

- Review and complete The Congressional Award requirements and guidelines as provided in the program booklet.
- Select an advisor to help you set achievable, personally challenging, and fulfilling goals.
- Identify appropriate activities and qualified validators for each goal.
- Complete the Record Book and apply for your Congressional Award.



Registration:

Students interested in getting involved or receiving more information, contact Senator Lugar at 1180 Market Tower, 10 West Market Street, Indianapolis, Indiana (317) 226-5555 or e-mail him at senator_lugar@lugar.senate.gov or visit his website student page at http://lugar.senate.gov/.

How are the awards presented?

Senator Lugar will recognize his constituents who earn Bronze and Silver Congressional Award Medals throughout the year. The Gold Congressional Award ceremony is held annually in the U.S. Capitol and is presided over by the leadership of the House and Senate. An unlimited number of Congressional Awards may be earned throughout the country.